

# Guard En Of Youth

To Support the Social, Emotional, and Academic Needs of National Guard Children and Youth



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New York National Guard Youth Program

New York National Guard Child  
and Youth Program Website

<http://dmna.ny.gov/family/yprogs.php>



# Annual Teen Council Forum 2014 New York City

The following are the views from two of our Teens from our Teen Council Trip.



In July of 2014, The New York National Guard Teen Council gathered for the 2<sup>nd</sup> Annual Teen Council Forum Trip. We had 20 teens from across New York and 6 Chaperones that attended the trip. I thoroughly enjoyed the New York City forum this year because it gave me a chance to meet the new members and bond with everyone. We got to learn a lot about some of our military's history. The 9/11 museum was one of my favorite parts because I was very young when it occurred. I believe that 9/11 is a very important part of history for our country, and an event that really exposed our true strength.

The forum was very informative yet fun at the same time. I always look forward to the Teen Council Forum because I enjoy meeting new people and making new friends along with great memories. - Taryn Yargeau





# Annual Teen Council Forum 2014 New York City



It was an honor to join my Teen Council Members when we went on The Teen Council Forum to New York City. Not only was it a breath taking view, but we learned a lot about 9/11, the USO, Ellis Island, The Statue of Liberty, and so many other things! Being a new member of this program and not knowing a lot of people made me really nervous about this trip, but I made a lot of new friends.

Going to the 9/11 building impacted our group, and others a lot. Knowing that some of the members relatives helped during this tragic time also made me realize how much support they offered for people. Despite the sadness of this tragic day, it was so interesting to see the outcome, and seeing some of what my father, and the other military forces, police officers, fire fighters, and citizens saw. I felt so safe with the group I was with, and was so happy with the experience I got to share when I got off the train. Thank you Keri, Colleen, and Chaperones for an amazing trip! I loved it all!

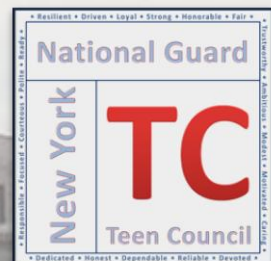
- Anna Noonan



To see all the pictures from the Annual Teen Council Forum please visit and like us on Facebook.



[www.facebook.com/NewYorkNationalGuardYouthProgram](http://www.facebook.com/NewYorkNationalGuardYouthProgram)





# 10<sup>th</sup> Anniversary Celebration of Our Military Kids' Star Power



On September 8<sup>th</sup>, 2014  
one of our New York  
State Military Kids was  
recognized in  
Washington, D.C. during  
the Our Military Kids' 10<sup>th</sup>  
Anniversary Celebration.



Tori Webbe is 12 years old and lives in Rochester, NY. Her father, SFC Avery Simmons, recently returned from an overseas deployment with the Army National Guard. She received a grant to participate in the Bach Children's Choir at Nazareth College. The grant has been a saving grace for Tori's family, who has been through quite a lot in the past year. In addition to the stress that a deployment bring to a family, Tori has been admitted to the hospital multiple times due to her severe asthma. The chronic condition didn't stop her from singing, and was the one thing that keeps her happy when she has an asthma attack. In addition to her medical needs, her family's home caught fire in March, leaving the family with almost nothing. Tori lost all her sheet music and had no CD player, computer or radio to use to learn the songs for her performances. She still managed to keep up with the rest of the choir and was able to perform at the world renowned Carnegie Hall last spring. The deployment, hospital visits, and house fire created many challenges for Tori, but she persevered thanks to the grant from Out Military Kids. Music kept her spirits high and gave her the encouragement to move forward.



# Guard En Notes

## Event Pictures

Volunteer and  
Youth Workshop  
Syracuse



642 ASB During  
Yellow Ribbon  
Farmingdale



102 MP's Pre  
Deployment  
Auburn



27<sup>th</sup> FIN  
30/60 Day  
Tarrytown



To see more pictures from **Yellow Ribbon and Youth Program Events** please visit and like us on Facebook.

[www.facebook.com/NewYorkNationalGuardYouthProgram](http://www.facebook.com/NewYorkNationalGuardYouthProgram)



# Guard En Notes Event Pictures

Operation Gold Star  
Camp  
Angola (Camp Pioneer)



Military Teen Camp at  
Camp Wabasso  
Redwood



To see more pictures from **Yellow Ribbon and Youth Program Events** please visit and like us on Facebook.

[www.facebook.com/NewYorkNationalGuardYouthProgram](http://www.facebook.com/NewYorkNationalGuardYouthProgram)



# Guard En Notes Event Pictures

2014 Air Force Galaxy Camps!

106<sup>th</sup>  
Long Island



105<sup>th</sup>  
Newburgh



107<sup>th</sup>  
Niagara Falls



109<sup>th</sup>  
Scotia



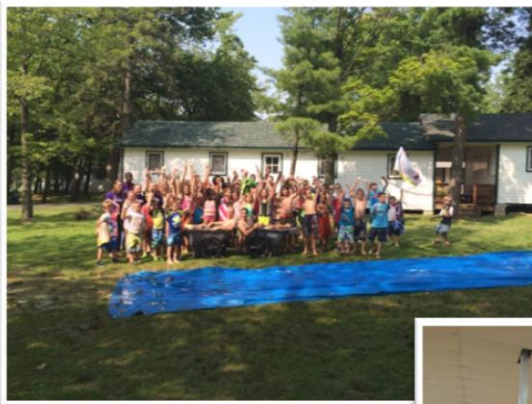
To see more pictures from **Yellow Ribbon and Youth Program Events** please visit and like us on Facebook.

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# Guard En Notes Event Pictures

Operation Purple Camp  
& New York National Guard Camp  
Angola (Camp Pioneer)



To see more pictures from **Yellow Ribbon and Youth Program Events** please visit and like us on Facebook.

[www.facebook.com/NewYorkNationalGuardYouthProgram](http://www.facebook.com/NewYorkNationalGuardYouthProgram)



# Guard En Notes

## 2014 Child and Youth Program Award Recipients



Community Organization  
of the Year:  
New York State 4-H Military  
Partnership



Teen of the Year:  
Taryn Yargeau



Volunteer of the Year:  
Priscilla Johnson-Lloyd

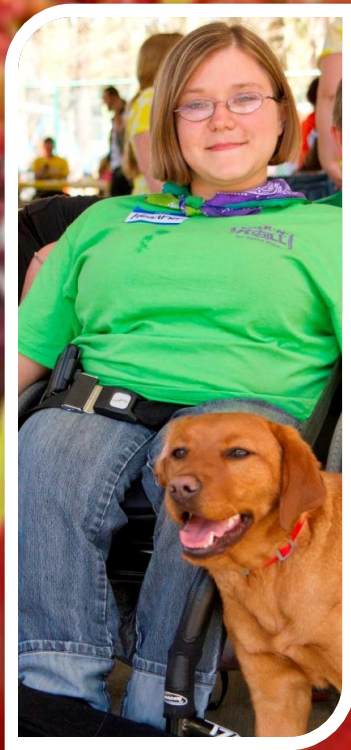


Community Organization  
of the Year:  
White Plains Y.M.C.A



# Guard En Notes

## From Heather's Desk:



NYS Fact #1 - New York is the second-largest apple producing state in the country. Only Washington State produces more apples than the Empire State. Perennially, Michigan ranks third; Pennsylvania and California round out the top 5.

(Source: USDA National Agricultural Statistics Service, annual Non-Citrus Fruits and Nuts Summary)

NYS Fact #2- Our state grows and markets more commercial varieties of fresh-market apples than any other region in the country. The top 10 varieties in terms of production are: McIntosh, Empire, Red Delicious, Cortland, Golden Delicious, Rome, Idared, Crispin, Paula Red, and Gala. (For a full list of the top varieties grown in New York, visit the Varieties section.)

## Military Child of the Quarter

Adrianna Soucy, has been involved with the Child and Youth Program since 2010. Adrianna has been a general member on the Teen Council for the past three years, and is a very active member. She volunteers whenever we are in the western part of the state, and loves being around the other military kids. Adrianna is a member of the Amherst Youth Consortium (AYC), "Helping Hands" Program, Youth Engaged in Service (YES) for the Town of Amherst, and is a Girl Scout Ambassador. Adrianna plays on Church Softball, she is on her High School's Varsity Volleyball team, Track team, and Plays bassoon in the Wind Ensemble. She is also a Cadet Airman in the Civil Air Patrol. Adrianna always puts her school work first, but any other spare time she has you can find her at the mall.





# Guard En Notes

## Volunteers of the Quarter

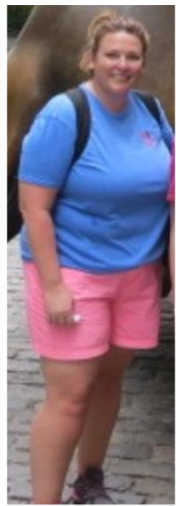
The Youth Program and Teen Council wouldn't be what it is now without volunteers.

This quarter we want to put the spotlight on three of these special people. Roger Townsend, Betty Eissfeld, and Erin Berry all took on the task of traveling to NYC with some of the Teen Council for the 2<sup>nd</sup> Annual Teen Council Forum Trip. Three days, two nights and over 22 miles of walking through the streets of NYC these three amazing people, still left smiling after another successful trip.



Roger Townsend has been a member of the Army National Guard since February 1984, and has been working at the DMNA Headquarters since 1990. Roger loves to go camping, but his one heartfelt interest he has is supporting the Yellow Ribbon Program and other Family Program functions. He says it is the most rewarding thing he does in his current career life. Roger has three children and two grandchildren, and has been recently married.

Erin Berry has been the Regional Program Manager for the Army National Guard Child and Youth Program for 2 ½ years. Before that she served as the Operation: Military Kids Youth Program Specialist for 4 years. Erin was a military kid herself, as her Dad was a Master Sergeant in the Army Reserve for 15 years. She now is a proud military sibling as her two brothers both attended the United States Military Academy (one graduated in 1998 the other to graduate in 2017). Erin also has a sister who just started at Shawnee State University. Erin has two dogs, Charlie and GigGi that she loves, and spends a lot of time with her family, especially her Mom. Erin likes to travel a lot, especially to the beach where she can sink herself into a good book.



Betty Eissfeld, or as many know her as "Miss Betty" is one of our Family Assistance Specialist in NYC. She is a long running member of Family Programs, previously served as the State Youth Coordinator in Washington State, and is one of our many proud Veterans. Miss Betty is always a favorite among the kids and teens, and assisted in planning the entire trip, and was the best guide that the Teen Council could ask for while we were in NYC.



# Resources

## Teen Council



- ☐ Do you know a teen, or are you a teen, between the ages of 13-18?
- ☐ Do you want to make a difference for other military kids?
- ☐ Do you want to meet other teens throughout NYS?
- ☐ Do you like to travel and see new things?

**If this fits you, you should consider being a part of the New York National Guard Teen Council!**

Teen Council is made up of teens from all 5 branches of service and civilians.

For Teen Council Brochures, Charter, Applications and more information please visit

<http://dmna.ny.gov/family/yprogs.php>



**The Youth Program is now on Facebook!**

Keep up with all the Activities, Events and Upcoming Events around the State by liking us!!



[www.facebook.com/NewYorkNationalGuardYouthProgram](http://www.facebook.com/NewYorkNationalGuardYouthProgram)



# Guard En Notes

## Looking Ahead in 2014

- Operation Homefront Donations
  - Trees for Troops
  - Holiday Adoption
  - Wreaths across America
- Christmas Eve Road March (Glens Falls)

### \*SUMMER CAMP SEASON 2015 Dates:

3<sup>rd</sup> Annual Teen Council Forum – Tentative  
Location: TBD - 28 June – 2 July 2015

Operation Gold Star:  
(Camp Pioneer Angola, NY) – 5-10 July 2015

Operation Purple Camp & Take-A-Break Camp:  
(Camp Pioneer Angola, NY) – 26- 31 July 2015

For more information and details in your area,  
please contact your local Family Assistance  
Specialist (FAS) and Family Readiness Support  
Assistant (FRSA) or Call toll free 1-877-715-7817





# MILITARY FAMILY DAY

SATURDAY

9.20.14

9:00 A.M. - 4:00 P.M.  
LUNCH PROVIDED

4-H CAMP WYOMOCO  
2780 BUFFALO ROAD  
VARYSBURG, NY

New York State Operation:  
Military Kids, Wyoming County  
4-H and the American Legion  
Family would like to invite  
military youth and their  
families (National Guard,  
Reserve, and Active Duty-All  
Branches) to a fun day of  
outdoor activities.

For more information or to  
register your family, please  
contact:

**Lisa Johnson**  
**(585) 786-2251**  
**[laj66@cornell.edu](mailto:laj66@cornell.edu)**



Cornell University  
Cooperative Extension  
Jefferson County



**FISHING • ARCHERY • LOW ROPES • CRAFTS • SPORTS • CANOEING**  
**(SPACE IS LIMITED AND REGISTRATION IS REQUIRED)**



Operation: Military Kids is a partnership of Army Child, Youth & School Services, 4-H National Headquarters/USDA, and Cornell University. Operation: Military Kids- New York is supported by the 4-H/Army Youth Development Project under Kansas State University special project number 2007-48661-03868.

Cornell Cooperative Extension Association of Jefferson County provides equal program and employment opportunities. Please contact the Cornell Cooperative Extension Association of Jefferson County office if you have special needs or are unable to pay.



# Family Day at Camp Pioneer

Saturday, September 27th

10:00a.m.-3:00p.m

Camp Pioneer  
Angola, NY



Family Day camp for youth and their families  
for all branches of the military.

Lunch will be provided.

Only \$10 For The Family

To Register Follow Link:

[https://cornell.qualtrics.com/SE/?SID=SV\\_d6d6GfaZIEyBGkd](https://cornell.qualtrics.com/SE/?SID=SV_d6d6GfaZIEyBGkd)

\*Registration Closes 25 September at 3 pm

**\*Space is Limited\***

For more information please

email Angela Northern

at: [asn9@cornell.edu](mailto:asn9@cornell.edu)

- Ropes Course
- Team Building
- GPS/Geocaching
- Community Service Project

**"Stars 4 Troops"**

- Special Prizes for all Ages



**Sponsored by**

**'Project 4-H for You', the New York National Guard  
Child and Youth Program, & Operation: Military Kids**



# Operation Military Kids 4-H Family Day Camp

**FREE** day camp for youth and their families for all  
branches of the military. Lunch will be provided.

**Saturday, October 4th**  
**9:00a.m.-4:00p.m**  
**4-H Training Center**  
**Ballston Spa**

- . Robotics
- . Archery & Air Rifle
- . Team Building
- . GPS Scavenger Hunt
- . Fishing
- . Rockets

For more information  
or to register please  
call the 4-H  
office at  
**(518) 885-8995**



**Sponsored by Saratoga County 4-H**





FUNDRAISER TO BENEFIT

# New York National Guard Family Readiness Council, Inc.

## 7th Annual HOMETOWN HEROES RUN

### 5K Run and Walk

**Sunday, October 19, 2014 9:15 AM**

**The Crossings of Colonie Park, South Pavilion**

**580 Albany Shaker Road - Day of Race Registration 7AM - 9AM**



Certified by USA Track & Field

Team Name: \_\_\_\_\_ # of Team Mbrs: \_\_\_\_\_ M, F, or CoEd: \_\_\_\_\_

Name: \_\_\_\_\_ Gender: \_\_\_\_\_ T-Shirt Size: S M L XL

Birth Date: \_\_\_\_\_ Age: \_\_\_\_\_ Email: \_\_\_\_\_ Phone: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Individual Registration \$20.00  
Early Registration

Team (min. 4 people) \$20.00 per Team Member  
Early Registration

Individual Registration \$25.00  
After October 15th

Team (min. 4 people) \$25.00 per Team Member  
After October 15th No Race Day Team Registrations

**\*\*First 250 Paid Registrations receive a Race T-Shirt\*\***

\*All Team Members must register Individually \* Businesses are Encouraged to form Teams \* Chip Timing

**Awards: Top Overall Male, Female and Team**

**1st Place Male & Female Finishers: Age Groups: 19 & under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+**

Waiver: In consideration of this entry being accepted, I hereby for myself, my heirs, executors, successors, and administrators waive any and all rights and claims for damages I may have against The New York National Guard Family Readiness Council Inc., race committee members, race officials and any and all sponsors and the directors, officers, employees and agents of such parties, their representative, successors, and assigns even though those liabilities may arise from negligence or carelessness on the part of persons named in this waiver. I acknowledge and accept all the risks inherent in participating in a Road Race. Further, I hereby grant full permission to any of the foregoing to use any photo, videotape, or any record of this event for any legitimate purpose.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent's Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
(Required for minor under the age of 18 years)

**Register Online at:**  
**www.NYFRC-INC.ORG**

**Mail Form with Payment to:**  
**NYNGFRC**  
**595 New Loudon Rd #170**  
**Latham, NY 12110**





# NY Army National Guard Strong Bonds



## UPCOMING EVENTS:

(Under National Guard, Couples or Families Events)

### Dates & Locations:

October 3-5, 2014: Lake Placid, NY (Family Event)

March 13-15, 2015: Tarrytown, NY (Couples Event)

May 29-31, 2015: Lake George, NY (Couples Event)

Events are dependent upon the number of participants registered.

Hotel Locations: TBD

POC: SGM Roy Sayward: [roy.c.sayward.mil@mail.mil](mailto:roy.c.sayward.mil@mail.mil)

The Strong Bonds Program Covers the Cost of the Hotel for Two Nights (Friday and Saturday) and Covers Three Meals over the Weekend (Breakfast, Lunch and Breakfast). Child Care is provided for Couples and Family Events. The Strong Bonds Program does not cover the Cost of travel associated to attend the event.



### Strong Bonds Mission:

Is to enhance Soldier and Family relationships by developing healthy communication skills, problem solving techniques, stress reduction, and effective listening techniques through education and training.



# OPERATION COM

## Children Of the Military

**Support for our children of the military  
with their own heroic journey**

This group aims to help your child:

- establish positive coping skills
- encourage positive expression
- strengthen self-confidence & resiliency
- most importantly: Have Fun With Other Military Children!



Group Meetings are Friday evenings 5:45pm - 7:30pm.

September 26<sup>th</sup>, October 10<sup>th</sup> & 24<sup>th</sup>,  
November 7<sup>th</sup> & 21<sup>st</sup>, December 5<sup>th</sup> & 19<sup>th</sup>

Groups meet at the Veterans One-stop Center of WNY  
1280 Main Street - Buffalo, NY 14209 - 2nd Floor

Families are welcome to join us anytime, but we ask that you  
PRE-REGISTER, It helps us plan our activities!!

For questions and to sign-up for class, contact one of our facilitators:  
Mary at 886-1242 x 326 - ([mcparlane@eriemha.org](mailto:mcparlane@eriemha.org))  
Jess at 640-3258 - ([jesslafalce@yahoo.com](mailto:jesslafalce@yahoo.com))



*The Mental Health Association of Erie County, in partnership with the Veterans One-stop Center of WNY, is proud to present this unique program. Operation C.O.M. is honored to receive funding from the PFC Joseph Dwyer Foundation.*



# Register Now!

## Supporting Children of the National Guard and Reserve Institute (GRI)

You are invited to attend the upcoming *Supporting Children of the National Guard and Reserve Institute (GRI)*. The Military Child Education Coalition® (MCEC®), a nonprofit organization addressing the educational needs of children in military families, presents the training. The institute focuses on information needed to raise community awareness about the issues faced by children when a parent is deployed. Through a combination of direct instruction, group work and interactive activities, participants develop strategies and the framework of an Action Plan to support the “suddenly military” children.

### *Date and Time:*

October 28 & 29, 2014

Registration and Breakfast: 8:00 am - 8:30 am

Institute Training: 8:30 am - 4:00 pm

Including a Working Lunch

### *Place:*

Holiday Inn Express

300 Wild Avenue

Staten Island, NY 10314

### *Sponsor:*

Funded by the Army Reserve; No Cost to Participants

### *Learning Outcomes:*

- Recall basic information about the U. S. Military Reserve component (National Guard and Reserves)
- Identify and discuss the effects of mobilization and deployment separation on children of Reserve Component Service Members
- Identify community and military resources and networks that support these military connected children.
- Prepare an action plan model designed to encourage the natural resilience of these children in your professional communities.

### *Credit Options:*

Participants may apply for Continuing Education Unit (CEU) credit up to 1.2 CEU (12 clock hours = 1.2 CEU) upon completion of training. Completion requirements are:

- Attendance at 95% of the training
- A score of 80% or higher on an end-of-course assessment
- Completion of an end-of-course evaluation

The fee for the CEU credit is \$25.00, payable upon completion of training. Participants may also receive one non-degreed graduate credit from Texas A&M - Central Texas for a fee of \$50.00.

### *Contact Information:*

For more information about this training, other professional development opportunities, or learner support, please contact Myriam Virella at 254-953-1923 x 1119 or [Mvirella@MilitaryChild.org](mailto:Mvirella@MilitaryChild.org).

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Email [myriam.virella@militarychild.org](mailto:myriam.virella@militarychild.org) to register!



# 2015 WINTER SURVIVAL CAMP

1.16.15-1.20.15  
2.15.15-2.21.15

**\$25 fee/camper  
registration  
opens 4.7.14**

For more information  
or to register, visit us  
online, or call (315) 788 8450!



Cornell University  
Cooperative Extension  
Jefferson County



**Oswegatchie  
Educational Center  
9340 Long Pond Rd.  
Croghan, NY 13327**

**This camp is for military  
youth ages 14-18.**

**Two opportunities to experience  
the adventure of a lifetime!**

**campfires  
exploring  
snowshoeing  
tubing**

[https://reg.cce.cornell.edu/Winter\\_Outdoor\\_Survival\\_Camp\\_222](https://reg.cce.cornell.edu/Winter_Outdoor_Survival_Camp_222)

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-  Sports & activities help

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 [@Sittercity\\_DoD](https://twitter.com/Sittercity_DoD)



# TUTOR.COM FOR MILITARY FAMILIES

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for ALL Active Duty,  
National Guard and  
Reserve Families!

[www.tutor.com/military](http://www.tutor.com/military)

- ★ Homework Help
- ★ Online Tutoring
- ★ College Support
- ★ 24/7 Access



Program funded by the Department of Defense MWR Library Program,  
Yellow Ribbon Reintegration Program and Navy General Library Program.



For more information about the program, contact:

Meg Suavé: [msuave@tutor.com](mailto:msuave@tutor.com) or 347.819.2939



# Help Your Family Through Deployment



**Details:**  
Up to \$500.00 per child, will pay for up to six months of extracurricular activity of your choice.

**Eligibility:**  
Any child ages 5 to 18 who parent is currently deployed overseas with the National Guard or Reserves

## **How To:**

1. Visit the website  
[www.ourmilitarykids.org/how-to-apply/apply-now](http://www.ourmilitarykids.org/how-to-apply/apply-now)
2. Download and complete the application
3. Send it in to Our Military Kids with the 3 supporting documents:
  - I. A Copy of the Title 10 Deployment orders
  - II. A form of ID for your child that proves dependency to the Service members
  - III. Fee/pricing information that clearly state the cost of the activity of choice (flyer, brochure, invoice)

Once your application and documents have been received, a check will be sent within 10-14 days directly to the service provider of the activity.

Any Questions please contact Our Military Kids Office  
at 1-703-734-6654



# start something



**Big Brothers Big Sisters**

37 South Washington Street  
Rochester NY 14608

**Start Something Today**

**585-704-6159**

**Heather Mills**  
**hmills@bbbsr.org**

**BeABig.com**

## The Military Mentoring Initiative

Big Brothers Big Sisters is committed to serving our nation's military personnel and their families.

We recognize that the stresses of everyday military life lead to service men and woman searching for additional support for their children. We believe our mentoring program can help. In fact, we know that any family could benefit from their child getting to spend a few hours a week trying new things, getting more individual attention, and experiencing life through different perspectives.

The Big Brothers Big Sisters Military Mentoring program matches children (age 9-16) of military families with safe, screened, trusted mentors in one-to-one relationships that have the potential to last for many years.

We carefully match adult mentors and youth mentees in long-term friendships based on family and volunteer preference, similar interests and values, and match compatibility. We partner with families to identify the right Big for their child.

Our mentors are a diverse group of fun, incredible, dedicated volunteers. They resemble brothers, aunts, uncles, grandfathers, trusted neighbors. Their role is to be an unconditional friend and role model once a week, encouraging and supporting a child in reaching their potential and enjoying new experiences together.

Couldn't every child use one more Mentor in their life?

You recognize the potential of your child better than anyone!  
Learn about Big Brothers Big Sisters in your area



Rochester, Buffalo, Orange County, Long Island, Albany, and everywhere in between  
Call: Heather Mills (585) 704-6159





All of A New England Nanny's Care Givers & Household Service Providers are fully-screened, qualified and experienced professionals

Call (518) 348-0400  
[www.ANewEnglandNanny.com](http://www.ANewEnglandNanny.com)

## SPECIAL OFFER FOR THE EMPLOYEES OF NEW YORK NATIONAL GUARD

A New England Nanny is pleased to offer a special employee discount, designed specifically for Capital Region employees of the New York National Guard interested in babysitting, companion care, and housekeeping services.

All NYNG employees have the opportunity to take advantage of a special one-time discount\* of **50% OFF the registration fee** for A New England Nanny's temporary program.

An invaluable service for working families throughout the Capital Region, A New England Nanny's temporary program offers families access to a talented pool of pre-screened and professional caregivers and household staff. Whether you need help with after-school care, an occasional night out or some assistance around the home... Whatever the need, A New England Nanny can provide the right candidate for your family.

Once registered, families will make one call to A New England Nanny, and we'll take care of the rest! The process couldn't be more simple:

- Call A New England Nanny to request the day and type of service needed.
- A New England Nanny finds the caregiver or household staff and contacts you to discuss the arrangement.
- The caregiver or household staff arrives at your home when scheduled, and is paid by you when you return to your home.
- You will have access to our online scheduling system to request services at your convenience, any time.
- Your credit card is charged the nominal daily usage fee of \$20.

**Call A New England Nanny at 518.348.0400 to sign up or for more information.**

### Easing The Balance Between Work & Life

The Capital Region's premiere home help agency, since 1991, A New England Nanny has been providing quality, experienced and professional long-term, short-term and on-call care services to local families in support of the balance between work and family responsibilities.

When only the best will do for your family... Choose A New England Nanny!

*Call us at (518) 348-0400 for help in achieving your Work-Life Balance!*





## OUR ORGANIZATION

United Through Reading®, the nation's first nonprofit to promote the read aloud experience for separated military families, offers deployed parents the opportunity to be video-recorded reading storybooks to their children which creates positive emotional connections and cultivates a love of reading.

## OUR SERVICE TO MILITARY FAMILIES

- Helps ease the stress of separation
- Helps build family resiliency
- Helps make homecomings easier
- Helps cultivate a love of reading

This powerful program is available to deployed military units DoD-wide, hosted at select USO locations, and has served over one million beneficiaries since 1989.

## HOW TO PARTICIPATE

1. The deployed service member reads a book aloud while being recorded and sends the video home to the child.
2. The child at home watches the video and follows along with the book, if available.
3. While the child watches the video, the caregiver captures the child's reaction and relates it back to the service member.
4. The service member receives the feedback and is encouraged to record again.



## HOW TO GET STARTED

Once Command Leadership agrees to offer United Through Reading, a National Program Manager will provide ongoing training and support throughout the deployment.



## UNITED THROUGH READING PROVIDES:

- Command Brief
- Active Duty Coordinator Training
- Homefront Coordinator Training
- Free Starter Kit:
  - 25 children's books for your permanent onsite library
  - 100 DVDs in vinyl sleeves
  - 100 DVD mailers
- Recognition for Command volunteers

## COMMAND PROVIDES:

- Identification of: Command Liaison, Active Duty Coordinator and Homefront Coordinator
- Participation updates to National Program Manager
- Video Equipment: DVD camcorder/tripod, lavalier microphone
- Commands may provide or make available for purchase: Additional DVDs, padded mailers, DVD jewel cases
- Additional children's books for onsite library (through donations)

## CONTACT US

COMBINED FEDERAL CAMPAIGN #11393

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p 858.481.7323 f 858.481.9489

[military@unitedthroughreading.org](mailto:military@unitedthroughreading.org)

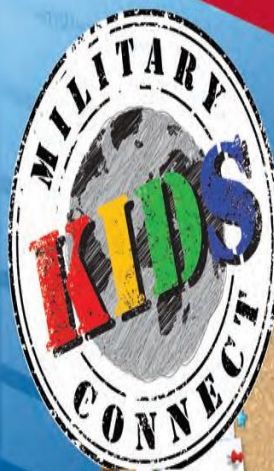
[www.unitedthroughreading.org](http://www.unitedthroughreading.org)





# MilitaryKidsConnect.org

Deployment Support Website



The National Center for Telehealth & Technology designs, develops, and deploys state-of-the-art tools to aid in addressing the psychological health of service members, veterans, and their families.

T2 is dedicated to establishing best practices, promoting quality standards, and combating the stigma often associated with seeking psychological health services. The core team of psychologists, engineers, web designers, database developers, and project managers build applications for web and mobile platforms, and specialized domains such as clinical telehealth and virtual worlds. Mindful of the importance of demonstrating outcomes, T2 projects are subject to rigorous program evaluation protocols.



National Center for Telehealth & Technology  
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## NATIONAL CENTER FOR TELEHEALTH & TECHNOLOGY



Since 2001, an estimated two million children have experienced a parent's deployment to Iraq or Afghanistan. An often overlooked consequence of deployment is the anxiety kids feel before, during, and after the parent's absence. MilitaryKidsConnect.org is a website specifically designed to enhance the resilience of military children of all ages throughout the deployment cycle.

### Military families: A national priority.

On January 24, 2011, President Obama released the final report of Presidential Study Directive-9 (PSD-9), *Strengthening Our Military Families: Meeting America's Commitment*, which enlisted the support of his Cabinet Secretaries and other agency heads to define new ways to improve support for military families.

The report detailed key strategic priorities to be addressed, the first one being: Enhance the well-being and psychological health of the military family.

As the Defense Department's primary agency for applying innovative technology to issues of psychological health and traumatic brain injury, the National Center for Telehealth & technology (T2) developed

MilitaryKidsConnect.org to directly address that priority by providing empirically-based content developed by psychologists to improve child and family readiness.



### Support that speaks their language.

MilitaryKidsConnect.org features customized content for three age groups: children, tweens, and teens. Users visit an age-appropriate homepage where they find interactive maps; a personal scrapbook application; age-appropriate games; videos of military kids describing how they cope with deployment; instructional vignettes; a virtual personal space where kids navigate using a customizable avatar; and a moderated social networking message board (parent approval required for registration).

Together, these features create a safe, secure, and comfortable place for young people to play, gather, share, and learn how to handle the pressures of being a military kid.



While MilitaryKidsConnect.org is a place for kids to connect online, we don't kid around when it comes to online safety and privacy. MilitaryKidsConnect.org strictly adheres to COPPA, the Children's Online Privacy Protection Act, regarding parental consent and the use and disclosure of personally identifiable information.

### Helping parents, caregivers, and teachers to help kids.

MilitaryKidsConnect.org also provides content for parents and educators of military kids. Adults can find information about the site's safeguards and parental controls, site content, and ways adults can use its content to encourage positive conversations about deployment. The parent section also includes information on common, age-specific behavioral responses to deployment, as well as methods of coping with them.



# Feedback

## Feedback for Child and Youth Program

We are looking for your input, advice, and submissions for future Guard En of Youth Newsletters. If you have pictures, poetry, short stories you've written, drawings you've created, letters to the editors, past and upcoming events, or anything else you would like to add, please send it to Colleen Casey or Keri Attanasio.

You can also contact us through our Facebook Page



**The Youth Program is now on Facebook!**

Keep up with all the Activities, Events and  
Upcoming Events around the State by liking us!!



[www.facebook.com/NewYorkNationalGuardYouthProgram](http://www.facebook.com/NewYorkNationalGuardYouthProgram)

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