

Guard En Of Youth

To Support the Social, Emotional, and Academic Needs of National Guard Children and Youth

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NewYorkNationalGuardYouthProgram



Take-A-Break Crew at Camp Pioneer- Angola, NY (left) and OMK's Operation: Catch Me If You Can Camp – Niagara Falls Air Reserve Station (right)



Annual Teen Council Forum 2014

Lake Placid, NY

In June of 2013, the New York National Guard Teen Council gathered together for the first time, and travelled to Lake Placid, New York. The group consisted of 19 teens, 6 chaperones and 1 Service Member as our bus driver. We spent three days together working on the 7 *Habits of Highly Effective Teens*, and applying them to daily activities. As a group we participated in multiple activities, mainly Olympic events. We went bobsledding, visited a biathlon course, took a gondola to the top of Whiteface Mountain, visited the Olympic museum and training center, took on the challenge of the Adirondack Extreme high ropes course, and visited many other clinics.



On Thursday June 27th, the members of the New York Teen Council gathered at the Latham Guard Unit before departing to Lake Placid for the Annual Training Forum.

At the bobsled clinic, we rode down a section of the bobsled track used by Olympic racers in groups of three. Luckily, we were also accompanied by two bobsled guides who steered us down the track.



The next morning, we drove to Whiteface Mountain where we rode a gondola to the top of the mountain.

During all these events we learned more about the dedication and motivation it takes to accomplish something great, whether it's to be an Olympian or simply to make a difference to the military children of New York State. We may have met on day one as strangers with very little knowledge on how to become the volunteer and leader we wanted to be, but we left, on day three, with friendships that will last a life time, and the skills to make a difference we were all trying to acquire individually. Each member of the Teen Council left the DMNA on June 29th 2013 with a different view of the phrases "team work" and "volunteer of New York State."

- Taryn Yargeau



Luge is a sport similar to bobsled except it is an individual event. At the clinic, Ty Anderson, who is training for the Olympics in luge, taught us how the sport works and then helped us as we tried lugging ourselves.



We visited the ski jump complex where we learned lots of interesting details about the sport and saw the special suits and skis used by the athletes. Once we learned about the sport, we rode in an elevator to the top of the tallest ski jump tower. We were all amazed at how anyone would willingly jump off the tower!



Annual Teen Council Forum 2014

Lake Placid, NY



Upon arriving to Lake Placid, we first enjoyed lunch at the American Legion.

We went to the Olympic museum where we learned about the history of the Winter Olympics in Lake Placid.

Even though it was short, the trip to Lake Placid isn't something I'll easily forget. It was terrifying at first going into a situation where I knew absolutely no one, but we all quickly became one giant close-knit group. It didn't seem to matter what we were doing, whether it was riding on the bus or touring the Olympic complex, we all bonded over our experiences as military kids. The trip was also nice because it provided escape from the stresses of everyday life. For a few days we got to hang out. Whenever we tried to push beyond our comfort zones we were able to have the support of several other people; it was the best sort of group dynamic you could have. This was a trip where many friendships were made, between everyone present. It was great, it was fun, and it was a relief from normal everyday life. I don't think I'll ever forget it.

– Brenna Zhangji



That night we drove to a lodge for dinner and afterwards returned to the hotel to watch the movie *Miracle on Ice*, about the American hockey victory in 1980 Olympics at Lake Placid.



However, along the way we stopped at Adirondack Extreme, an outdoor ropes course. The ropes course was filled with zip-lines and challenging obstacles

The Teen Council trip to Lake Placid was a great opportunity to build teamwork, expand leadership and meet new people.

Photo Captions – Abby LeCates



To see all the pictures from the Annual Teen Council Forum please visit and like us on Facebook.

www.facebook.com/NewYorkNationalGuardYouthProgram



BACK TO SCHOOL



ARE YOU READY?

**Let Child & Youth Program help your family
prepare for the upcoming school year.**

**Below is a listing of resources to support
your children's academic development.**

Free tutoring for military families:

<http://www.tutor.com/MILITARY>

Quality before/after school care:

https://www.sittercity.com/register_corp_1.html?corp=dod&client=67

Discussion of tough topics & helping children cope:

<https://militarykidsconnect.org/parents>

Free SAT/ACT test prep programs:

http://www.eknowledge.com/affiliate_welcome.asp?coupon=2941CE7118

Scholarships for military youth:

<http://www.militaryscholar.org/>

Student Online Achievement Resources designed for military families:

<http://www.soarathome.com/>



FUNDRAISER TO BENEFIT

New York National Guard Family Readiness Council, Inc.

6th Annual HOMETOWN HEROES RUN

Certified by USA Track & Field

5K RUN & WALK

Saturday, October 19, 2013 9:15 AM

**The Crossings of Colonie Park, South Pavilion
580 Albany Shaker Road**



Team Name: _____ # of Team Mbrs: _____ M, F, or CoEd: _____

Name: _____ Gender: _____ T-Shirt Size: S _____ M _____ L _____ XL _____

Birth Date: _____ Age: _____ Email: _____ Phone: _____

Mailing Address: _____

_____ Individual Registration \$20.00
Early Registration

_____ Team (max. 6 people) \$20.00 per Team Member
Early Registration

_____ Individual Registration \$25.00
After October 16th

_____ Team (max. 6 people) \$25.00 per Team Member
After October 16th No Race Day Team Registrations

****First 250 Paid Registrations receive a Race T-Shirt****

*All Team Members must register Individually * Businesses are Encouraged to form Teams * Chip Timing

Awards: Top Overall Male, Female and Team

First Place Male & Female Finishers: Age Groups: 19 and under, 20-29, 30-39, 40-49, 50-59, 60-69, 70+

Waiver: In consideration of this entry being accepted, I hereby for myself, my heirs, executors, successors, and administrators waive any and all rights and claims for damages I may have against The New York National Guard Family Readiness Council Inc., race committee members, race officials and any and all sponsors and the directors, officers, employees and agents of such parties, their representative, successors, and assigns even though those liabilities may arise from negligence or carelessness on the part of persons name in this waiver. I acknowledge and accept all the risks inherent in participating in a Road Race. Further, I hereby grant full permission to any of the foregoing to use any photo, videotape, or any record of this event for any legitimate purpose.

Signature: _____ Date: _____

Parent's Signature: _____ Date: _____
(Required for minor under the age of 18 years)

Register Online at:
www.NYFRC-INC.ORG

Mail Form with Payment to:
NYNGFRC
595 New Loudon Rd #170
Latham, NY 12110

Operation Military Kids 4-H Family Day Camp

FREE day camp for youth and their families for all branches of the military.
Lunch and dinner will be provided.

Saturday, September 21st
9:00a.m.-6:00p.m
4-H Training Center
Ballston Spa

- Cooking
- Archery & Air Rifle
- Bomb Retrieval
- GPS Scavenger Hunt
- Photography
- Fishing
- MRE's

For more information
or to register please
call the 4-H
office at
(518) 885-8995



Sponsored by Saratoga County 4-H

OPERATION COM

Children Of the Military ©

**A program to support our children of the military
with their own heroic journey**

Designed to:

- establish positive coping skills to help children deal with the stresses of deployment
- encourage the expression of feelings
- strengthen self-confidence & resiliency
- most importantly: Have Fun With Other Military Children!

**Families getting ready
to deploy & those who
are returning are all
encouraged to attend &
meet others that can
offer support!**

For questions, to make a
Referral or To Sign Up:

Call Mary at

(716) 886.1242 x 326 or

Email: mcparlane@eriemha.org

Or email the program facilitator,

Jess at JessLafalce@yahoo.com

Families are welcome to join at any point
time. However, we do ask that you register
ahead of class time to ensure we know you
are joining!

(Pre-Registration Is PREFERRED)

Group Meetings Every Other Friday from
6pm - 7:30pm. Our Fall Session will be:
September 13th & 27th, October 11th & 25th,
November 8th & 22nd, December 6th & 20th

PLEASE BE SURE TO PRE-REGISTER, IT HELPS
US PLAN OUR ACTIVITIES!!

We meet at the
Veteran's One-stop
Center of WNY
1280 Main Street
Buffalo, NY 14209



The MHA, in partnership with the
Veteran's One-stop Center, is committed
to you and your family - the overall goal
of this program is to offer your family the
support it needs!



M&T Bank

*The Mental Health Association of Erie County is
proud to present this unique program. And we are
honored to receive funding from M & T Bank.*





All of A New England Nanny's Care Givers & Household Service Providers are fully-screened, qualified and experienced professionals

Call (518) 348-0400
www.ANewEnglandNanny.com

SPECIAL OFFER FOR THE EMPLOYEES OF NEW YORK NATIONAL GUARD

A New England Nanny is pleased to offer a special employee discount, designed specifically for Capital Region employees of the New York National Guard interested in babysitting, companion care, and housekeeping services.

All NYNG employees have the opportunity to take advantage of a special one-time discount* of **50% OFF the registration fee** for A New England Nanny's temporary program.

An invaluable service for working families throughout the Capital Region, A New England Nanny's temporary program offers families access to a talented pool of pre-screened and professional caregivers and household staff. Whether you need help with after-school care, an occasional night out or some assistance around the home... Whatever the need, A New England Nanny can provide the right candidate for your family.

Once registered, families will make one call to A New England Nanny, and we'll take care of the rest! The process couldn't be more simple:

- ☛ Call A New England Nanny to request the day and type of service needed.
- ☛ A New England Nanny finds the caregiver or household staff and contacts you to discuss the arrangement.
- ☛ The caregiver or household staff arrives at your home when scheduled, and is paid by you when you return to your home.
- ☛ You will have access to our online scheduling system to request services at your convenience, any time.
- ☛ Your credit card is charged the nominal daily usage fee of \$20.

Call A New England Nanny at 518.348.0400 to sign up or for more information.

Easing The Balance Between Work & Life

The Capital Region's premiere home help agency, since 1991, A New England Nanny has been providing quality, experienced and professional long-term, short-term and on-call care services to local families in support of the balance between work and family responsibilities.

When only the best will do for your family... Choose A New England Nanny!

Call us at (518) 348-0400 for help in achieving your Work-Life Balance!



start something



Big Brothers Big Sisters

37 South Washington Street
Rochester NY 14608

Start Something Today

585-704-6159

**Heather Mills
hmills@bbbsr.org**

BeABig.com

The Military Mentoring Initiative

Big Brothers Big Sisters is committed to serving our nation's military personnel and their families.

We recognize that the stresses of everyday military life lead to service men and woman searching for additional support for their children. We believe our mentoring program can help. In fact, we know that any family could benefit from their child getting to spend a few hours a week trying new things, getting more individual attention, and experiencing life through different perspectives.

The Big Brothers Big Sisters Military Mentoring program matches children (age 9-16) of military families with safe, screened, trusted mentors in one-to-one relationships that have the potential to last for many years.

We carefully match adult mentors and youth mentees in long-term friendships based on family and volunteer preference, similar interests and values, and match compatibility. We partner with families to identify the right Big for their child.

Our mentors are a diverse group of fun, incredible, dedicated volunteers. They resemble brothers, aunts, uncles, grandfathers, trusted neighbors. Their role is to be an unconditional friend and role model once a week, encouraging and supporting a child in reaching their potential and enjoying new experiences together.

Couldn't every child use one more Mentor in their life?

You recognize the potential of your child better than anyone!
Learn about Big Brothers Big Sisters in your area



Rochester, Buffalo, Orange County, Long Island, Albany, and everywhere in between
Call: Heather Mills (585) 704-6159

PROJECT PEN PAL

Connecting Military Children around the Globe

With Project Pen Pal you will meet other military children around the state. You can make friends, learn about their family, friends, how they feel about their schools and their hobbies.

In addition, Project Pen Pal encourages you to write about the challenges you face being a Military Youth, and share those feelings with children from different backgrounds who are dealing with similar issues like, military life, deployments and relocation, just to name a few.



ALL AGES WELCOME TO PARTICIPATE!!

UNITY IS STRENGTH!!

If you are interested in becoming a Pen Pal, please fill out a Permission Slip

For more information contact:

NY National Guard Youth Program Coordinators

Colleen E. Casey

518-786-4614

colleen.e.casey.ctr@mail.mil

Keri J. O'Neil

518-786-4904

keri.j.oneil.ctr@mail.mil

OUR ORGANIZATION

United Through Reading®, the nation's first nonprofit to promote the read aloud experience for separated military families, offers deployed parents the opportunity to be video-recorded reading storybooks to their children which creates positive emotional connections and cultivates a love of reading.

OUR SERVICE TO MILITARY FAMILIES

- Helps ease the stress of separation
- Helps build family resiliency
- Helps make homecomings easier
- Helps cultivate a love of reading

This powerful program is available to deployed military units DoD-wide, hosted at select USO locations, and has served over one million beneficiaries since 1989.

HOW TO PARTICIPATE

1. The deployed service member reads a book aloud while being recorded and sends the video home to the child.
2. The child at home watches the video and follows along with the book, if available.
3. While the child watches the video, the caregiver captures the child's reaction and relates it back to the service member.
4. The service member receives the feedback and is encouraged to record again.



HOW TO GET STARTED

Once Command Leadership agrees to offer United Through Reading, a National Program Manager will provide ongoing training and support throughout the deployment.



UNITED THROUGH READING PROVIDES:

- **Command Brief**
- **Active Duty Coordinator Training**
- **Homefront Coordinator Training**
- **Free Starter Kit:**
 - 25 children's books for your permanent onsite library
 - 100 DVDs in vinyl sleeves
 - 100 DVD mailers
- **Recognition for Command volunteers**

COMMAND PROVIDES:

- **Identification of:** Command Liaison, Active Duty Coordinator and Homefront Coordinator
- **Participation updates to National Program Manager**
- **Video Equipment:** DVD camcorder/tripod, lavalier microphone
- **Commands may provide or make available for purchase:** Additional DVDs, padded mailers, DVD jewel cases
- **Additional children's books** for onsite library (through donations)

CONTACT US

COMBINED FEDERAL CAMPAIGN #11393

11750 Sorrento Valley Road Suite 100 San Diego CA 92121
p 858.481.7323 f 858.481.9489

military@unitedthroughreading.org www.unitedthroughreading.org

Help Your Family Through Deployment



Details:
Up to \$500.00 per child, will pay for up to six months of extracurricular activity of your choice.

Eligibility:
Any child ages 3 to 18 who parent is currently deployed overseas with the National Guard or Reserves

How To:

1. Visit the website www.ourmilitarykids.org/how-to-apply/apply-now
2. Download and complete the application
3. Send it in to Our Military Kids with the 3 supporting documents:
 - I. A Copy of the Title 10 Deployment orders
 - II. A form of ID for your child that proves dependency to the Service members
 - III. Fee/pricing information that clearly state the cost of the activity of choice (flyer, brochure, invoice)

Once your application and documents have been received, a check will be sent within 10-14 days directly to the service provider of the activity.

Any Questions please contact Our Military Kids Office
at 1-703-734-6654

TUTOR.COM FOR MILITARY FAMILIES

Now available
for ALL Active Duty,
National Guard and
Reserve Families!

www.tutor.com/military

- ★ Homework Help
- ★ Online Tutoring
- ★ College Support
- ★ 24/7 Access



Program funded by the Department of Defense MWR Library Program,
Yellow Ribbon Reintegration Program and Navy General Library Program.



For more information about the program, contact:

Meg Suavé: msuave@tutor.com or 347.819.2939

eKnowledge Donates \$200 SAT and ACT Test Prep Programs to Military Families Worldwide

eKnowledge has donated more than \$42 million of SAT and ACT PowerPrep™ Programs to Military service members and their families worldwide. This valuable donation from eKnowledge is in its eighth consecutive year. The Military Donation Project is in alliance with the Department of Defense and supported by professional athletes from the NFL and MLB, as well as over 100 organizations, groups and non-profits.

About the SAT and ACT PowerPrep™ Programs

The SAT or ACT PowerPrep™ Program comes in a single DVD and includes more than 11 hours of video instruction and 3000 files of supplemental test prep material, thousands of interactive diagnostic tools, sample questions, practice tests and graphic teaching illustrations. Students select the training they need and can study at their own pace.

Who is eligible to receive the donated software?

Eligible recipients included Service Members from all branches of the Military who are active duty, retired, Veterans, Guard, Reserve, all DOD employees, contractors and civilians performing military support. Also eligible are relatives and dependants of anyone who otherwise qualifies from the prior list.

How to order:

The eKnowledge Sponsorship covers the complete \$200 purchase price for the standard SAT or ACT Test Preparation Program. *There is a nominal charge of \$17.55 (per standard program) for the cost of materials, support and shipping. Each SAT or ACT Test Preparation program has a one-year license from the day the product is shipped. The DVD may be renewed for an additional twelve months at the same donation rate.

To place an order: www.eKnowledge.com/USNG or telephone **951-256-4076**

How Does Our Organization Promote the Donation Project?

The value of the donation of SAT and ACT Test Prep programs to Military families is tremendous. The donation project requires very little time to implement. Simply share the availability of donated SAT and ACT PowerPrep™ Programs through communication tools already in place, i.e., website, newsletters, email broadcasts, social media, etc. Be sure to include your unique URL, www.eKnowledge.com/USNG

Testimonials

eKnowledge has received over 55,000 thank you letters and testimonials from military families who have ordered the donated software. *"Thank you very much for this fantastic sponsorship. We used this program for our eldest daughter in 2008 and she achieved a 34 on her ACT. Because of this she was awarded amazing scholarships to several elite colleges. Now we are using this program for our other daughter and are hoping she will be as successful after using this program."*

For further information contact: Lori Caputo, Director LoriCaputo@eKnowledge.com 951-256-4076

FREE SAT, ACT Prep Kits Available

National Guard

Children and relatives of National Guard can get free SAT and ACT preparation kits again this year, compliments of professional athletes and the testing company eKnowledge.

The SAT and ACT PowerPrep Program, which retails for \$200, is available free upon request (there is a nominal charge of \$17.55 per program for materials and shipping). The DVD consists of 11 hours of video instruction, 3,000 files of supplemental test prep material, sample questions and practice tests.

The sponsorship is entering its 8th year and has donated 200,000 programs valued at over \$42 million at no profit to the company.

To order online: www.eknowledge.com/USNG

For more information: Lori Caputo, 951-256-4076,
LoriCaputo@eKnowledge.com

American Red Cross Babysitter's Training— Developed for Youth like You!

For Youth Ages 11 - 15

Babysitter's Training has been newly revised by the American Red Cross with input from youth just like you. The course is fun and fast-paced with hands-on activities, exciting video, role-plays and lively discussions.

You'll learn to be the best babysitter on the block. Plus, you'll gain the confidence to make smart decisions and stay safe in any babysitting situation.

You'll learn how to—

- Supervise children and infants.
- Perform basic child-care skills such as diapering and feeding.
- Choose safe, age-appropriate games and toys.
- Handle bedtime and discipline issues.
- Identify safety hazards and prevent injuries.
- Care for common injuries and emergencies such as choking, burns, cuts and bee stings.
- Communicate effectively with parents.
- Find and interview for babysitting jobs



Impress parents by earning your
Babysitter's Training certificate from the
American Red Cross.

Cool Take-Home Training Materials Help You Get the Job Done Right



At your Babysitter's Training class, you'll receive excellent materials to help you be prepared and professional, including:

- **Babysitter's Training Handbook**—full-color handbook filled with great information and resources to use in class and on the job.
- **Babysitter's Training Emergency Reference Guide**—this easy-to-carry, compact booklet provides step-by-step instructions to handle common emergencies.
- **Babysitter's Training CD-ROM**—provides tools to run your babysitting business, including a babysitting organizer; a printable activity booklet with games, crafts, songs and recipes; a resume template; and more.

Enroll for Babysitter's Training Today

For more information, contact your local American Red Cross chapter or 1800-REDCROSS.



3:00 pm: homework
5:00 pm: save the world

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caregivers to keep your
hero on schedule!**



Find the perfect
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- Homework help
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- School holiday care
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and after school, and all the times
in between.

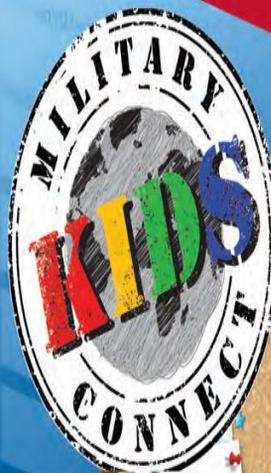
Memberships to Sittercity are fully paid for by The Department
of Defense for Army, Marine, Navy, and Air Force -including
active duty, Reserve, and Guard!





MilitaryKidsConnect.org

Deployment Support Website



The National Center for Telehealth & Technology designs, develops, and deploys state-of-the-art tools to aid in addressing the psychological health of service members, veterans, and their families.

T2 is dedicated to establishing best practices, promoting quality standards, and combating the stigma often associated with seeking psychological health services. The core team of psychologists, engineers, web designers, database developers, and project managers build applications for web and mobile platforms, and specialized domains such as clinical telehealth and virtual worlds. Mindful of the importance of demonstrating outcomes, T2 projects are subject to rigorous program evaluation protocols.



National Center for Telehealth & Technology
9933 West Hayes Street
Joint Base Lewis-McChord, WA 98431
253-968-1914
www.t2health.org | AskUs@t2health.org

NATIONAL CENTER FOR TELEHEALTH & TECHNOLOGY

Since 2001, an estimated two million children have experienced a parent's deployment to Iraq or Afghanistan. An often overlooked consequence of deployment is the anxiety kids feel before, during, and after the parent's absence. MilitaryKidsConnect.org is a website specifically designed to enhance the resilience of military children of all ages throughout the deployment cycle.

Military families: A national priority.

On January 24, 2011, President Obama released the final report of Presidential Study Directive-9 (PSD-9), *Strengthening Our Military Families: Meeting America's Commitment*, which enlisted the support of his Cabinet Secretaries and other agency heads to define new ways to improve support for military families.

The report detailed key strategic priorities to be addressed, the first one being: Enhance the well-being and psychological health of the military family.

As the Defense Department's primary agency for applying innovative technology to issues of psychological health and traumatic brain injury, the National Center for Telehealth & technology (T2) developed

MilitaryKidsConnect.org to directly address that priority by providing empirically-based content developed by psychologists to improve child and family readiness.



Support that speaks their language.

MilitaryKidsConnect.org features customized content for three age groups: children, tweens, and teens. Users visit an age-appropriate homepage where they find interactive maps; a personal scrapbook application; age-appropriate games; videos of military kids describing how they cope with deployment; instructional vignettes; a virtual personal space where kids navigate using a customizable avatar; and a moderated social networking message board (parent approval required for registration).

Together, these features create a safe, secure, and comfortable place for young people to play, gather, share, and learn how to handle the pressures of being a military kid.



While MilitaryKidsConnect.org is a place for kids to connect online, we don't kid around when it comes to online safety and privacy. MilitaryKidsConnect.org strictly adheres to COPPA, the Children's Online Privacy Protection Act, regarding parental consent and the use and disclosure of personally identifiable information.

Helping parents, caregivers, and teachers to help kids.

MilitaryKidsConnect.org also provides content for parents and educators of military kids. Adults can find information about the site's safeguards and parental controls, site content, and ways adults can use its content to encourage positive conversations about deployment. The parent section also includes information on common, age-specific behavioral responses to deployment, as well as methods of coping with them.

Free Online Training for military families

Inspired by *Joining Forces*, Positive Parenting Solutions is proud to sponsor **Pay It Forward Parenting**, a program designed to support military families with concrete tools and strategies to help reduce parenting stress and bring out the best in their kids.

Every time someone purchases a copy of our book or enrolls in our online course, Positive Parenting Solutions donates a course scholarship to a deserving military family. It's our way of saying "thanks" for your service and sacrifices on our behalf.

- ▶ Complimentary 1-year access to the award-winning Positive Parenting Solutions Online course (\$199 value)
- ▶ Step-by-step solutions to put an end to frustrating misbehaviors and bring out the best your kids.
- ▶ Available to all eligible military service members. Including Active, Veteran, Reserve or Guard service members of the Army, Marines, Navy and Air Force.
- ▶ Access the program 24/7 for a full year with on-demand training. Learn at your own pace, when it's convenient for you.

To apply visit:
www.positiveparentingsolutions.com/giving-back



Seriously, thank you so much! I am an Army wife and was approved for the course free and I know it will really help when my husband leaves again. Our daughter deserves it!
-Sarah Cortez



Parenting expert Amy McCreedy is the Founder of **Positive Parenting Solutions** and the author of *If I Have to Tell You One More Time... The Revolutionary Program That Gets Your Kids to Listen Without Nagging, Reminding or Yelling* (Tarcher/Penguin, 2011). Amy reaches a worldwide audience with her Positive Parenting Solutions Online course, live webinars, and media appearances. She is a frequent guest on the TODAY Show and has also appeared on Rachael Ray, CNN, Fox & Friends, MSNBC, and elsewhere. In her most important role, she plays mom to two teenage boys. Amy has been married to her husband and business partner, Dave, for over 20 years and lives in Raleigh, North Carolina

Guard En Notes



642nd ASB – Pre
Deployment Event
Long Island

Gardens and Flowers for
Armed Services
May 18th – Latham and Troy

Volunteer and Teen
Regional Trainings
2013



3-126th AVN
60 Day Event
Rochester

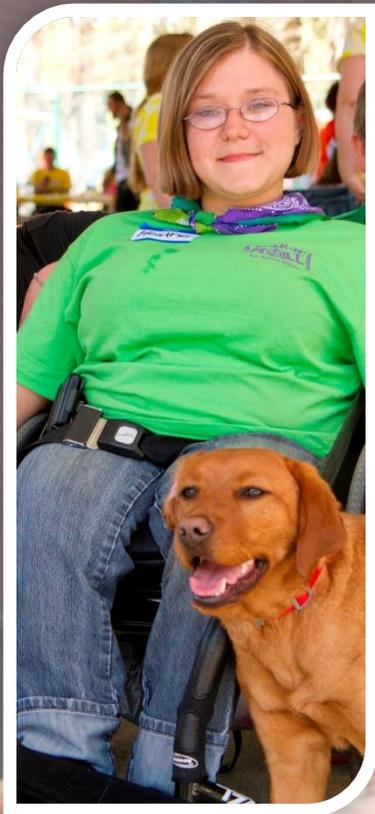


To see more pictures from **Regional Trainings**,
Yellow Ribbon Events and **Summer Camps**
please visit and like us on Facebook.

www.facebook.com/NewYorkNationalGuardYouthProgram

Guard En Notes

From Heather's Desk:



NYS Fact #1 – Longest toll superhighway in the U.S.A: Governor Thomas E. Dewey Thruway, 641 miles

NYS Fact #2 – . The average temperature of New York City's pavement on a hot summer day is 150 degrees.

Follow From Heather's Desk Every Month on Youth Program Facebook Page
www.facebook.com/NewYorkNationalGuardYouthProgram

Looking Ahead

- Junior Achievement Futures' Bowl-a-thon
 - Operation Homefront Donations
 - Trees for Troops
 - Holiday Adoption
- For more information and details in your area, please contact your local Family Assistance Specialist (FAS) and Family Readiness Support Assistant (FRSA) or Call toll free 1-877-715-7817

Guard En Notes

Volunteers of the Quarter

All of our volunteers mean a great deal to us, and this quarter we have four volunteers that have gone above and beyond any volunteering experience we have ever had in New York. Tim Casey, Cherie Murphy, Joy O'Neil and Rod Wilday are our picks for volunteers of the quarter. These 4 individuals volunteered an amazing 45 hours over 3 days during our First Annual Teen Council Forum in Lake Placid, NY. This trip would not have been possible without the help of these amazing people.



Tim Casey (SGM Casey) – Has been a member of the Army National Guard for 32 years. He has been happily married for 24 years to our own Colleen Casey. They have 3 children: Chanleigh - SPC Casey (23), Kayla(20) and Luke (13). Tim recently deployed with the 27th BCT in 2011-2012. Tim loves to spend his free time outdoors and working in the garage or shed, he especially loves time with his family.

Cherie Murphy – Is a long time military wife to General Murphy. Cherie has been happily married to Pat Murphy for 22 years. Cherie has lived in many different places in the country, before she ended up in New York. She has volunteered on many military family and spouse committees including the New York Family Readiness Council. Cherie loves to travel, and cross stitch. She also likes to keep active by playing volleyball and golf.



Joy O'Neil (CSM O'Neil(r)) – Was a member of the Army National Guard for 35 years , before retiring in May of 2012. She deployed with the 56th PSB from 2003-2005. Joy is proud of her children and grandchildren Kason & Jennifer and their son Zaylen(2), Keri and Nicholas, and Tadd and Ashley and her daughter Polly. She loves to spend time outside in her gardens, doing photography and being her with dogs and family.

Rod Wilday – (SgtMaj Wilday(r)) – Was a member of the Marine Corps for 22 years, before retiring in November of 2002. He now teaches Marine Corp Jr. ROTC at Amsterdam High School. Rod is the proud father of his daughter Becca (22). He loves to spend his free time in his very large garden which he always cooks with. Rod also spends as much time as he can riding his motorcycle and spending time with his family and dogs.

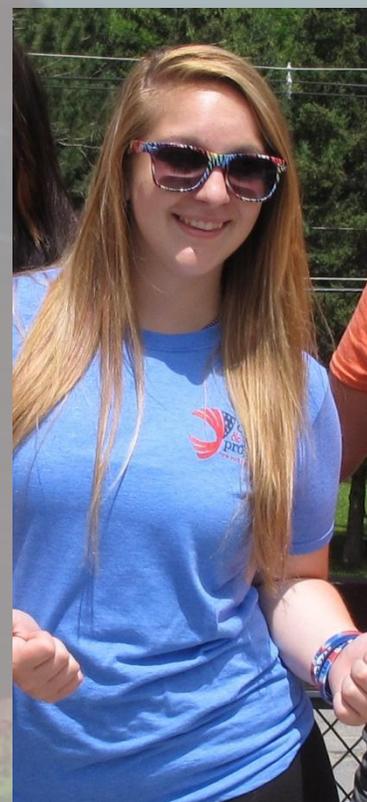


Guard En Notes

Military Child of the Quarter

Taryn Yargeau is a 15 year old Sophomore in the Iroquois High School. Taryn is one of four children in her family, having one older sibling and two younger. Taryn is part of the Swimming and Cheerleading teams. Taryn loves to do anything artsy and is very creative. Taryn spends a lot of her free time babysitting, and will volunteer at any opportunity that comes along the way. Her favorite things to do is be with her friends and go 4 wheeling.

Taryn is a member of the New York National Guard Teen Council since January of 2012. Taryn is an exuberant person, and is a huge asset to the NY Youth Program. She has a personality that draws out even the most reserved and shy youth. She volunteers endlessly at Yellow Ribbons, and currently has 40 volunteer hours with the Youth Program. She is confident in one on one scenarios and has led multiple group activities.



HUGE THANKS!

The Teen Council, Chaperones, Colleen and Keri would all like to give a special huge thanks to SGT Coons (Bus Driver Ed). SGT Coons also attended our Teen Council trip as our very memorable and loved bus driver.

SGT Coons has been in the military for 10 years. His wife and him have three happy and healthy children and have been taking in foster children for 7 years. In his spare time he teaches 6-12 year olds at Rock Solid Church, helping out people in his community (mostly the elderly) moving, chopping and splitting wood. Ed and his family also have 2 dogs and 1 cat.



Resources



- Quarterly Newsletter
- Jr. Counselor Training
- Teen Council
- Military Youth Pen Pals

Operation: Military Kids (OMK) builds partnerships to increase capacity for youth, families and communities to support youth of Military Families.



Providing high-quality, affordable military-sponsored child care subsidies for qualifying Service Members.

24/7 program offering information, referrals, and support to Service Members and their Families.



Grants available to pay the fees for children of deployed Service Members to participate in youth sports, fine arts, and tutor programs.

A national, nonprofit organization that informs, trains, and supports professionals, policymakers, and parents in their efforts to improve the lives of infants and toddlers.



Military Child Education Coalition (MCEC)'s work is focused on ensuring quality educational opportunities for all military children affected by mobility, family separation, and transition.

The Youth Program is now on Facebook!

Keep up with all the Activities, Events and Upcoming Events around the State by liking us!!!

175th and 200th Like will win a Youth Program T-Shirt

www.facebook.com/NewYorkNationalGuardYouthProgram

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