

New York



FEBRUARY 2008



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**New York National Guard  
State Family Program Office**

330 Old Niskayuna Rd.

Latham, New York 12210

**Program Director:**

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**Call Toll Free:**

**1-877-715-7817**

**Check us out on the  
Web!!!**

[http://dmna.state.ny.us/family/  
famredi.php](http://dmna.state.ny.us/family/famredi.php)

# Guard En Of Youth

**“The best inheritance a parent can give to his children is a few minutes of their time each day”**

## **PROJECT PEN PAL**

*Connecting Military Children around the Globe*

With Project Pen Pal you will meet other military children around the world. You can make friends, learn about their traditions, culture's, how they feel about their schools and their hobbies. In addition, Project Pen Pal encourages you to write about the challenges you face being a Military Youth, and share those feelings with children from different backgrounds who are dealing with similar issues like, military life, deployments and relocation, just to name a few.

**ALL AGES WELCOME TO PARTICIPATE!!**

**We have Pen Pals from New York, Pennsylvania, Rhode Island, Massachusetts, Vermont, Wisconsin, Ohio, Illinois, California, Nevada and Japan.**

To become a Pen Pal please fax or mail your permission slip at the end of this newsletter to:

Youth Program:

Camp Smith, Bldg 501,

Cortlandt Manor, NY 10567

Or fax to:

Fax# 914-788-7407

Armed Services YMCA  
**2008 Essay Contest**  
“My Military Hero”

- ❖ Volunteers will be reading all of your essays and will award the 1<sup>st</sup> and 2<sup>nd</sup> favorites in each grade category with a U.S. savings Bond.
- ❖ Children of all active duty or retired military personnel from Army, Navy, Marine, Air Force, Coast Guard and National Guard/Reserve families in first through 12<sup>th</sup> grade are eligible to enter.
- ❖ Essays for entrants in grades first through eighth should submit an essay of at least 100 words but not more than 300 words.
- ❖ Essays for entrants in grades nine through 12 should submit an essay of at least 300 words but no more than 500 words.
- ❖ All mailed entries must have an essay entry form, which can be found in this packet and also on the ASYMCA Web site, [www.asymca.org](http://www.asymca.org).
- ❖ All entries must be postmarked by March 14, 2008.

**Mail Entries to:**

ASYMCA  
Attn: Essay Contest  
6359 Walker Lane, Suite 200  
Alexandria, VA 22310

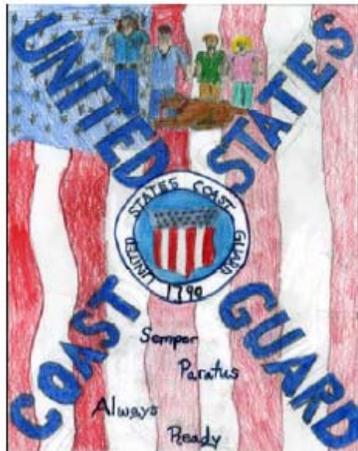
- ❖ E-mail entries may be sent to [tharper@asymca.org](mailto:tharper@asymca.org) and must be received by March 14, 2008. E-mail entries still must include the entry form.
- ❖ If you have any questions, please call (703) 313-9600 ext. 10, or send an e-mail to [tharper@asymca.org](mailto:tharper@asymca.org).
- ❖ All essays become property of the Armed Services YMCA and will not be returned.
- ❖ For complete rules and entry forms, visit the Armed Services YMCA Web site at [www.asymca.org](http://www.asymca.org).



It's time for the *Armed Services YMCA*

# 2008 Art Contest!

“My Military Family”



2007 1st Place Coast Guard  
Bryce Moorhouse – 6<sup>th</sup> Grade

- First place will be awarded to an elementary school-age child from an Army, Navy, Marine, Air Force, Coast Guard or National Guard/Reserve family and will win a \$500 U.S. Savings Bond.
- Second place winners will receive a \$100 U.S. Savings Bond.
- The winning entries will be used on the Military Family Month poster for November 2007.

**Who can enter?** Any child of military families in the Army, Navy, Marines, Air Force, Coast Guard or National Guard/Reserves who are in kindergarten through sixth grade can enter. The military parent must be on active duty or retired.

**What to do?** Drawings should be of the student's family and **in color on the official ASYMCA 2008 Art Contest template**. Oversized and three-dimensional entries will not be judged. Please do not identify family members by name on the drawings.

**Facts to know!** Use the art contest entry form found in this packet and also on our Web site, [www.asymca.org](http://www.asymca.org). The entry form must be included with each entry. Entries without an entry form will not be judged, so make sure it is filled out completely and sent in with your artwork.

**When is the deadline?** All drawings *must be* postmarked by **February 15, 2008**.

**Questions?** Call (703) 313-9600 ext. 10, or send an e-mail to [tharper@asymca.org](mailto:tharper@asymca.org). All artwork becomes property of the Armed Services YMCA and will not be returned.

Completed entry forms with 8 x 6" artwork may be sent to:



**ASYMCA**  
Attn: Art Contest  
6359 Walker Lane, #200  
Alexandria, VA 22310

**GEICO®**

# **CHILD CARE FOR** **MILITARY FAMILIES**

NACCRRA is working with DoD to help those who serve in the military to find and afford child care that suits their unique needs. Through several innovative civilian/military efforts among DoD, NACCRRA, and Child Care Resource and Referral agencies, we are building the quality and capacity of child care throughout the country.

**Operation: Military Child Care:** Child care fee assistance for families of activated or deployed National Guard and Reserves for licensed child care. All income levels and ranks are eligible. Service members that are on Title 10 Orders are eligible. ALL RECRUITERS ARE ELIGIBLE FOR SUBSIDY.

## **Child Care for Families of Severely Injured Military Service Members:**

NACCCRA and the Department of Defense (DoD) have partnered to provide families of severely injured military members with assistance to find and pay for safe, licensed child care services for a period of six months during their period of recuperation. The program is available nationwide wherever the injured member is receiving either in-patient or out-patient medical care.

**To apply for any of these programs, families and service members can call 1-800-424-2246 or visit <http://www.NACCRRA.org/military>.**

**To find suitable child care please visit: [www.childcareaware.org](http://www.childcareaware.org)**

If you have any questions on how to apply, or if you need help with completing the application to receive assistance, please contact me at:

[shelly.m.aiken@us.army.mil](mailto:shelly.m.aiken@us.army.mil)

Respectfully,

Shelly Aiken

New York National Guard

Youth Program Director

914-788-7405

**National Guard Youth:**

**[www.guardfamilyyouth.org](http://www.guardfamilyyouth.org)**

**Operation Military Child Care:**

1-800-424-2246 or visit:  
**[www.naccrra.org/MilitaryPrograms](http://www.naccrra.org/MilitaryPrograms)**

**Operation Military Kids:**  
315-788-8450 x269 or visit:

**[www.operationmilitarykids.org](http://www.operationmilitarykids.org)**

**Military One Source:** 1-800-342-9647 or visit:

**[www.MilitaryOneSource.com](http://www.MilitaryOneSource.com)**

User ID: military

Password: one source

**NY NG Counter Drug Task-force**

**Drug Demand Reduction**

**Community youth development**

**[www.counterdrug.com](http://www.counterdrug.com)**

**Scholarships For military youth:**

**[www.militaryscholar.org](http://www.militaryscholar.org)**

**Military Child Education Coalition:**

**[www.militarychild.org](http://www.militarychild.org)**

**National Military Family Association:**

**[www.nmfa.org](http://www.nmfa.org)**

**The Military Child In transition and Deployment:**

**[www.militarystudent.org](http://www.militarystudent.org)**

**Military Community Youth**

**Ministries:**

**[www.mcy.org](http://www.mcy.org)**

**Deployment Kids:**

**[www.deploymentkids.com](http://www.deploymentkids.com)**

**Sesame Workshop:**

**[www.sesameworkshop.org](http://www.sesameworkshop.org)**

**National Guard and Army Reserve Family Programs:**

**[www.MyArmyLifeToo.com](http://www.MyArmyLifeToo.com)**

**National Fatherhood Initiative:**

**[www.fatherhood.org](http://www.fatherhood.org)**

**Little Patriots Embraced:**

**[www.patriotembraced.org](http://www.patriotembraced.org)**

**New York State Division of Military and Naval Affairs:**

**[www.dmna.state.ny.us](http://www.dmna.state.ny.us)**

**Military Homefront:**

**[www.militaryhomefront.dod.mil](http://www.militaryhomefront.dod.mil)**

**Military Parents of children with special needs:**

**[www.stompproject.org](http://www.stompproject.org)**

**Children's Grief Education Association:**

**[www.childgrief.org](http://www.childgrief.org)**

**The Nations leading resource on the first years of life:**

**[www.zerotothree.org](http://www.zerotothree.org)**

**First Gov for kids:**

**[www.kids.gov](http://www.kids.gov)**

**Welcome to the home of the Heart Art:**

**[www.journalkeepers.com](http://www.journalkeepers.com)**

**New York Parent:**

**[www.excitingread.com](http://www.excitingread.com)**

**New York State 4-H Youth Development:**

**<http://nys4h.cce.cornell.edu>**

**YMCA:**

**[www.ymca.net](http://www.ymca.net)**

**Air Force Youth Programs:**

**[www.afyouthprograms.com](http://www.afyouthprograms.com)**

**POST DEPLOYMENT HEALTH FOR KIDS:**

**[www.pdhealth.mil/kids/main.swf](http://www.pdhealth.mil/kids/main.swf)**

**Military KIDZ:**

**[www.militarykidz.com](http://www.militarykidz.com)**

**Kids Health for Parents and kids:**

**[www.kidshealth.org](http://www.kidshealth.org)**

**Thank USA Treasure HUNT:**

**[www.thanksusa.org](http://www.thanksusa.org)**

**Comfort Zone Camp:**

**[www.comfortzonecamp.org](http://www.comfortzonecamp.org)**

**Talking with kids about tough issues:**

**[www.talkingwithkids.org](http://www.talkingwithkids.org)**

**March 2 Success:**

**[www.march2success.com](http://www.march2success.com)**

**Military Brats:**

**[www.militarybratshome.com](http://www.militarybratshome.com)**

**HOOAH! and welcome to the U.S. Army health promotion and wellness web site:**

**[www.hooah4health.com](http://www.hooah4health.com)**

**A Positive Place for Teens:**

**[www.bgcyouthnet.org](http://www.bgcyouthnet.org)**

**Dads at a Distance:**

**[www.daads.com](http://www.daads.com)**

**Moms Over Miles:**

**[www.momsovermiles.com](http://www.momsovermiles.com)**

**Family Education:**

**<http://life.familyeducation.com/war/communications/36261.html>**

**PBS:**

**[www.pbskids.org](http://www.pbskids.org)**

**Military Impacted Schools Association:**

**[www.militaryimpactedschoolsassociation.org](http://www.militaryimpactedschoolsassociation.org)**

**National Network For Child-care:**

**<http://www.nncc.org/states/ny.html>**

**Harms way 4 kids:**

**[www.harmsway4kids.org](http://www.harmsway4kids.org)**

**Veterans and Families:**

**[www.veteransandfamilies.org](http://www.veteransandfamilies.org)**

**Family Literacy Foundation:**

**[www.read2kids.org](http://www.read2kids.org)**

**Teen Central:**

**[www.teencentral.net](http://www.teencentral.net)**

**Girls INC:**

**[www.girlsinc.org](http://www.girlsinc.org)**

**MILITARY FAMILIES**  
**And ZERO TO THREE**

Parenting, like military service, can be the toughest job you'll ever love. The challenges of parenting are often compounded by the demands of the military lifestyle. Deployment, separations, relocations, and combat stress are just some of the issues that can impact military families and create additional stress for parents. It is important to recognize that babies and toddlers are affected by military stress as well. Fortunately, there are many ways to help military parents support their very young children.

Military Projects at ZERO TO THREE has launched a new three-year initiative, Coming Together Around Military Families (CTAMF). It is aimed at strengthening the resilience of young children and their families who are experiencing deployment and separation.

For more information please register at:  
[www.zerotothree.org](http://www.zerotothree.org) and search for Military families for programs and services.

**Big Brother & Big Sister**  
**Of NYC**

As Big Brothers Big Sisters of NYC celebrates over 100 years of mentoring, we are proud to announce a partnership with the New York National Guard Youth Program, specifically focused on NYC children of deployed service members. We invite children of deployed service members who may need support while their parent is away from home as well as those children who have lost a family member in the line of duty, to be matched with a Big Brother or Big Sister.

A Big Brother or Big Sister is a special friend whose influence on a child's development can be powerful. In the relationship the adult serves to guide and lend a helping hand to a child. The match meets every other week to have fun and engage in activities all over the city.

**TO ENROLL YOUR CHILD**  
**OR VOLUNTEER :**

Call Lilli Golberg, LMSW at  
212-994-7743 or email her at  
[Lgoldberg@bigsny.org](mailto:Lgoldberg@bigsny.org)

*Big Brothers and Big Sisters have a positive and lasting impact on lives. To learn more or find a Big Brother or Big Sister in your area please visit:*

[www.bigbrothersbigsisters.org](http://www.bigbrothersbigsisters.org)



**DADDY DOLLS**

Our goal is to provide your family with quality products that will ease the stresses of separation due to deployments, business trips, hospital stays, or living far from loved ones. Our Hug-A-Hero™ dolls and various other products are the perfect way to keep any distant loved one close to the heart.

For more info please visit:  
[www.daddydolls.com](http://www.daddydolls.com)

**When Parents Are**  
**Deployed PBS**  
**Video**

The PBS video "When Parents are Deployed" is now available to view and download. This video builds upon Sesame Workshop's recent educational outreach program, "Talk, Listen, Connect: Helping Families During Military Deployment".

The primetime special, hosted by Cuba Gooding, Jr. captures the extraordinary courage and touching vulnerability of both parents and children. It can be accessed through

<http://operationmilitarykids.org> or  
<http://sesameworkshop.org/wpad/>

# The Most Significant Things Your Teen Needs to Know About Income Taxes

When your teenager receives his first pay check, he will notice that he has had some money taken out for federal income taxes – quite possibly state and local taxes too. American companies are required by law to take this money out of all employees pay. This will seem strange to your teenager and he will have questions about it – especially since it has affected ‘his’ money. Here are the most significant things you can explain to your teenager to help him understand income taxes:

1. Make your teen aware that if he works, he will **have to pay taxes – minor or not**. Age is not a factor when determining whether or not a person has to pay income tax. If your teenager receives a paycheck from a company, the company will take taxes from his pay. If he makes over a certain amount in a given year, he will have to file an income tax form and pay taxes on the appropriate amount.
2. **Your teen needs to understand certain paperwork and tax forms.** He will face many tax forms that will seem foreign to him. Here are just a few:
  - o When your teenager gets a job, he will be faced with filling out a **W-4 form**.
  - o When he gets paid, there will be deductions taken off of his gross income. These are explained on his **pay check stub**.
  - o At the beginning of the next year, he will receive a **W-2 form**.

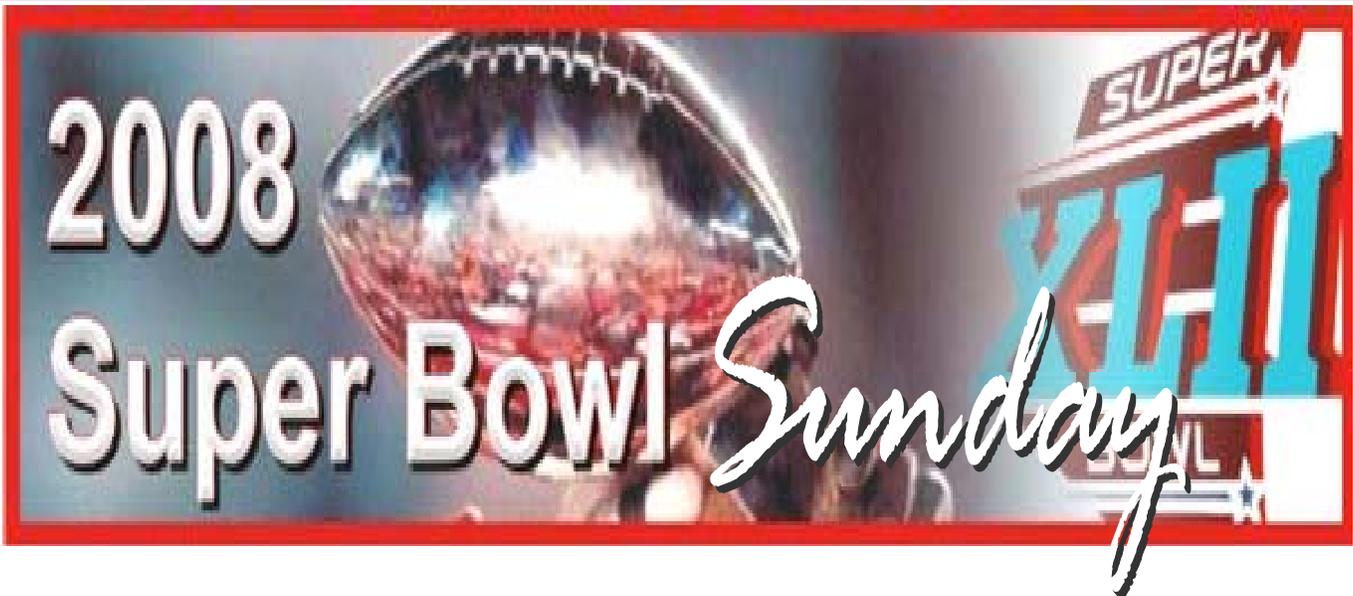
If your teenager has been doing self-employment work, such as mowing lawns, he will need to fill out a **Schedule C form**.

Help your teen get a better understanding of the tax forms and paperwork he will need to understand by reading the instructions here: <http://taxes.about.com/od/preparingyourtaxes/a/taxforms.htm>

3. **Your teenager should know that there may be times when he does not have file an income tax form but, it may benefit him to do so anyway.** For example, if he worked part time for a company and only earned a small amount, federal income taxes were taken out of that small amount. He would be due a refund and can only get his refund if he files an income tax form.
4. **Your teen needs to know how tax money is used by the government.** While taxes can seem like a burden, they are a necessary part of living in our great country. Income tax money does not just fly into an abyss and fade away. It takes money to run a country and your teen will, as a citizen of the United States, need to do his part. Federal income taxes go toward services, including repair of national highways, military spending, space exploration, law enforcement and aid to foreign countries - just to name a few. Knowing this will help your teenager feel a part of something that is bigger than himself and help teach him about citizenship.

By sharing these five significant explanations about taxes with your teen, they will have a better understanding of what taxes are and how federal income taxes influence their world.

*The Teenager's Guide to the Real World* explains the immutable facts of life that every successful adult learns in one way or another. Each chapter provides you with examples, stories and discussions that will help you to understand how to use these facts in your own life every day to become a successful adult yourself. *The Teenager's Guide to the Real World* contains 46 chapters. **Many of the chapters are available free online - just click on the chapter title to see the complete text!** This web site also provides a great deal of [additional information about the book](http://www.bygps.com/books/tg2rw/index.htm) as well. <http://www.bygps.com/books/tg2rw/index.htm>



CYS invites you to join us at the Youth Center on Sunday,  
3 FEB 08 for our Sunday SUPERBOWL Spectacular.

The party kicks-off at 1630 hrs and includes appetizers,  
games, and the spirit of friendly competition.

**Party is limited to Youth in grades 6-12.**



For more information contact our Youth Services staff at 718.630.4518/4123

## WEST POINT

\*Effective 1 January 2008, CYS is waiving fees for 2 team sports per child of deployed Soldier's.

\*CYS is also providing a 50% reduction in instructional programs for Family members of deployed Soldier's

\*Morgan Farms offers a 10% discount on lessons and summer camps to Families of deployed Soldier's

\*Please keep your eyes peeled for an upcoming announcement about priority given to Families of deployed Soldier's for summer camp slots and a discounted rate for summer camps.

Any questions? Give me a buzz or shoot me an email anytime!

Tea :-)

Galatea Badger, MSED  
Mobilization and Deployment/  
AFTB

Program Manager, Army Community Service

622 Swift Rd

West Point, NY 10996

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Fax: 845-938-3019

Email:

Galatea.Badger@usma.edu

# Super Saturday!



To support the many families affected by the stressors of deployment, Fort Hamilton Child & Youth Services extends an invitation for Military Families to join us for our very first Super Saturday childcare event February 9, 2008 from 0800-1600 hours. Childcare, for ages 0-10, is provided free of charge to families affected by deployment. All others may be provided space on a first come first served basis and will pay the current hourly care rates. Some restrictions apply.

All families must be registered with CYS to participate in this Super Saturday event.  
Call to register today: 718-630-4805/4812



## FT.DRUM

### The PREVIEW Magazine

Fort Drum's Premier MWR Entertainment Guide

The Preview is available as a insert in the Fort Drum newspaper, The Blizzard, the third issue of each month, and is also available through out the month at any of Fort Drum's MWR facilities.

Inside of it's pages, you will find information on MWR programs, classes, trips, and special events. It is the 'What's Happening' guide to the installations Morale, Welfare and Recreation activities.

The PREVIEW is now available on-line as a downloadable PDF.

<http://www.drum.army.mil/mwr/Information/February%2008.pdf>

# PROJECT PEN PAL

## Permission Slip

Would your child be interested in making a new friend and getting to know another child like him/herself? **Why not sign them up for the Project Pen Pal.** What a great way for them to share stories about Military life and learn different cultures from around the Globe. If your child is interested please fill out the information below. Parents, **please don't forget to sign** the permission slip and either fax it or mail it to the number below.

**Child's Name** \_\_\_\_\_ **Age/Grade** \_\_\_\_\_

**Hobbies/Interests** \_\_\_\_\_

**What Language do you speak and write?** \_\_\_\_\_

### **PORJECT PEN PAL PERMISSION FORM**

I, \_\_\_\_\_ (parent/guardian) give my permission for  
\_\_\_\_\_ (child's name) to participate in Project Pen Pal.

I understand that it is my (parent/guardian) responsibility to supervise my child's contact with another Military child and not the responsibility of the New York National Guard Youth Program.

**Date** \_\_\_\_\_ **Email address** \_\_\_\_\_

**Parent/Guardian signature** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone/Fax** \_\_\_\_\_

### **\*Please mail or fax this permission slip to:**

Shelly Aiken

NY National Guard Youth Program

Camp Smith, Bldg 501

Cortlandt Manor, NY 10567

Fax (914-788-7407)

\*If you have questions about Project Pen Pal please **email Shelly** at:

**[shelly.m.aiken@us.army.mil](mailto:shelly.m.aiken@us.army.mil)** Or Call me at 914-788-7405

### **Project Pen Pal Code of Conduct**

- No obscenities in written or electronic correspondence
- No illegal material mailed or emailed
- No attempt to harm others in correspondence (making threats, making fun of another person, bullying behaviors, etc.)