

To support the social, emotional, and academic needs of National Guard children and youth

New York National Guard Family Programs State Volunteer Workshop And Youth Symposium

Saratoga Springs 18-20 September 2009

The symposium is for all family members, volunteers and military points of contact for the Army and Air National Guard.

The symposium promises to give up-to-date information and education. We hope you all join us for this exciting event! Please feel free to contact the State Family Program Office with questions or concerns.

Last year, the kids worked with crafts and climbed the New York Army National Guard Recruiting Wall.

Free childcare for children 5 and under.

Registered adults attending are invited to bring their youth ages 6-18 to attend our outstanding Youth Program.

Please contact Shelly Aiken for more information.

Civilian volunteers will be placed on Invitational Travel Orders and will receive travel and partial per diem reimbursement for the event.

Military members must obtain orders from their unit or are welcome to attend at their own expense.

"It's not just about retention and showing that you care. It's the right thing to do."

—Maj. Gen. Joseph J. Taluto, The Adjutant General

Shelly Aiken - Youth Program Coordinator 914-788-7405

Stephanie Duell - Family Readiness Assistant 518-786-4774

Theresa Barone-Lopez - Family Readiness Assistant 518-786-4904

Special Interest in this issue:

- Youth Symposium
- Prepared KidsCompetition
- New Notes Section
- Your Own Pages
- •Summer Programs



DEPARTMENTS OF THE ARMY AND THE AIR FORCE

JOINT FORCE HEADQUARTERS - NEW YORK 330 OLD NISKAYUNA ROAD LATHAM, NY 12110-3514

S: 1 August 2009

MNFP

2 June 2009

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: New York National Guard State Family Program Volunteer and Youth Symposium, 18-20 September 2009, Saratoga Springs, New York

- 1. The New York National Guard Family Program Office will host this year's Annual State Volunteer and Youth Symposium 18-20 September 2009, at The Holiday Inn., Seratoga Springs, NY. This year's symposium will be a fun packed event for our Family Readiness Groups (FRGs), Military Points of Contact (MPOCs) and Youth Volunteers. Our theme, Building Strong Family Readiness Groups: Before, During and After Deployment will be the focal point of the weekend guiding lectures, training and discussions.
- 2. Attendance for this event will be paid for by National Guard Bureau. All FRG Leaders, MPOCs and Youth Volunteers are encouraged to attend. Attendees will be placed on Invitational Travel Orders (ITOs)/ Travel Orders. Travel, lodging and per diem will be reimbursed in accordance with the Joint Federal Travel Regulations. The Adjutant General would also like a military representative from each Battalion and above to attend. Attendees must complete and return the enclosed registration form no later than 1 August 2009. Send all registration forms to the State Family Program Office, MNFP, 330 Old Niskayuna Road, Latham, NY 12110 or fax forms to 518-786-6075.
- 3. Friday, September 18, 2009 is a travel day and registration at The Holiday Inn, Saratoga Springs. Friday evening, the Family Programs Office will host a family social for all attendees. Saturday, September 19, 2009 will start with our recognition ceremony followed by a series of lectures, discussions and guest speakers tailored to provide valuable instruction in support of our theme, Building Strong Family Readiness Groups: Before, During and After Deployment. All children ages 6-18 attending with a parent or guardian will participate in a fun filled day of activities provided by our Youth Coordinator. Youth registration forms must be returned to Mrs. Shelly Akins, Youth Coordinator, NLT 1 August 2009. On Sunday, September 20, 2009 there will be a half day session, followed by travel home.



Shiloh's Edge Challenge Course

Introducing the newest resource from Capital District Youth for Christ



48' Twin tree houses

Youth
Symposium
Saturday
10AM



Dual cargo nets & zip lines

Hidden among the trees in the town of Halfmoon, NY is a state of the art challenge course which is capable of handling groups of 8 to 50 individuals. Towering 48' above the ground this structure creates the environment for participants to truly experience many of life's greatest challenges. We see it as a laboratory in the sky where issues like trust, security, faith, self value, vulnerability, and effective communication are dissected and examined. Although the participants' experience on the course may only last for a few hours, the life lessons learned could last a lifetime.

Below are some frequently asked questions that should help you in planning your day with us.

Just how challenging is the Challenge Course? The course is designed to stretch individuals physically as well as mentally and emotionally. In light of this we do hold to the "Challenge by Choice" philosophy which means that each participant has the right to determine his or her own level of involvement in the challenge activities.

What should we wear? Most participants find that loose fitting comfortable clothing works best. Remember to dress with the day's weather forecast in mind. A light rain jacket is a good idea, even if it looks like it's going to be a sunny day in the morning. NO OPEN TOED SHOES!

What about personal belongings like cell phones, jewelry and watches? We recommend that participants remove <u>all</u> jewelry and watches. There is no secure location to store these items once you have reached the course and therefore we suggest you leave them at home or locked in your car.

Pizza, drinks and a snack will be provided by the Youth Program for lunch. Any participant that has specific food allergies please contact me ASAP.

Shelly.m.aiken@us.army.mil or 914-788-7405

NYNG FAMILY PROGRAMS VOLUNTEER AND YOUTH SYMPOSIUM 2009 YOUTH REGISTRATION FORM



Youth Full Name						Age:	
Name Tag Prefer	ence						
Address							
City/State							Zip
Phone: Home (_)		Eı	mail			
Youth Tee shirt:	Y- Med_	_ Y- Lg_	_ A-Med	A-Lg_	_ A-X Lg	A-XX Lg_	_
	<u>Parenta</u>	/ Guardi	an Emerge	ncy Noti	fication Info	ormation R	<u>equired</u>
ame		Relations	hip		Phone	2	Cell Phone:
ddress			Cit	ty/State_			_ Zip
			NYNG Camp S Cortland FAX Shelly.m.:	t Manor, : 914-788 aiken@u	Program LDG 501 NY 10567 3-7407 s.army.mil		
Regulation 608-1, 2 PRINCIPLE PURE agreement from the ROUTINE USES: DISCLOSURE: Vo services. his form serves as p	Army Commo POSE: To pro- evolunteer or None oluntary. Ho permission	unity Service epare travel of the condition wever, failur and waiv	Center. orders for trainings of accepting e to complete to	ning for vol g the perfor the form ma	untary services mance of volum y result in an in	s provided by a ntary service. nability to pro-	n individual and to obtain vide training for voluntary releases the New York om any and all liability.
Parental Signatu	ıre:					Date_	
Parental Printed	l Name:_						



New York National Guard Family Programs Family, Volunteer and Youth Symposium September 18-20 2009

Adult Attendee Registration Form

Adult Attendee Full Name:						
Social Security # :						
Email:						
Street Address:						
City/State: Zip:						
Phone: Home : Work: Cell:						
Unit Represented: (Required)						
(FRG volunteers) Position Held in FRG: Lead Volunteer Co-Lead Volunteer MPOC Treasurer Key Caller Other	-					
Lodging will be provided by the NYNG SFPO at The Holiday Inn Saratoga Springs. To be eligible for lodging, you must reside over 50 miles or more from The Holiday Inn Saratoga Springs. Partial per diem will be reimbursed with a travoucher submitted.						
Single room (1-2 people) Double room (2-4 people)						
Emergency Notification Information Required						
Name: Phone: Phone:						
Street Address:						
City/State: Zip:						
Please Submit no later than August 1, 2009						
Please mail your registration form to:						
Family Programs Office, MNFP 330 Old Niskayuna Rd. Latham, NY 12110						
or <u>Fax</u> to 518-786-6075						
Signature Date						



Approx. 270 runners participated in the New York National Family Readiness Council 5K race to raise funds for National Guard families. Two races took place, one in Albany and one in Newburgh, NY

COLONIE, NY—Combine teeshirts, bottled water, and the chance to run five kilometers on a Saturday morning, and you've got the perfect recipe for fund-raising success, according to members of the New York National Guard Family Readiness Council, Inc.

In 2008, the first "Hometown Heroes" run, with 250 participants, netted \$11,000 from runners and corporate sponsors. This June almost 270 runners, participating in races in two locations, brought in \$7,000.

"This is a great idea," said Kim Manion whose husband, Capt. Sean Manion, mobilized with his Military Police company for service in Iraq on June 24. "It gets the families together to show your support. It's a great cause," she said.

Mrs. Manion's mother, and her sister, also came out to show their support for the National Guard.

"This is my family unit," Manion said proudly.

"The money raised can be used to aid the families of deployed Soldiers and Airmen who are in financial need," said Council President Susan Taluto, the wife of New York National Guard Commander Major General Joseph Taluto.

The goal of the group was to establish a kind of Army Emergency Relief fund for the 17,000 members of the New York Army and Air National Guard.

As a not-for-profit, the organization, incorporated in 2007, can accept money from corporations that a unit family readiness group can not. The Family Readiness Council also has a statewide focus, while unit groups focus solely on their unit.

"We chose a race (to raise money) because 5K races have a good track record, pardon the pun, of fundraising for not-for-profits," Taluto explained.

"It is focused on our military members and, as you know, military members have an obligation to stay in



"We try to run a 5K once a month or so. It gives us a chance to race together and it's for a good cause," Shoemaker said.

The Colonie race was won by New York Air National Guard Staff Sgt. Jonathan Peck, a member of the 109th Airlift Wing. He finished with a time of 18 minutes and 48 seconds. Peck was running the race as part of his training program for a marathon later in the year.

The race at Stewart Air National Guard Base was won by Kevin Portillo, the nephew of New York Air National Guard Staff Sqt. Fernando Cruz.

good physical condition. "We felt it was a good fit."

The 2009 race was held in two locations: Colonie Crossings Park in a suburb of Albany, New York on June 20 and Stewart Air National Guard Base outside Newburgh on June 28. The long-term goal for the race is to have many races across the state, Taluto said.

There were 195 runners signed up for the event in Colonie, while 82 people ran a course around Stewart Air National Guard base that ended up inside a C-5 with the nose hatch raised.

Latham, New York residents Pam and Joe Fitzsimmons turned up to race on June 20 to show their support for the National Guard. Last year their neighbor, Lt. Col. Andrew Stewart, went to Afghanistan with the 27th Infantry Brigade Combat team and the neighborhood rallied to support him, Pam Fitzsimmons said. Running in this year's National Guard fundraising race was a way to continue that support, she explained.

Navy Lt. Commander Mark
Shoemaker, who was in the Albany area visiting his brother Brian, and his wife
Vanita Shoemaker, got roped into racing by his brother who ran in the 2008
Hometown Heroes Race.



NYARNG Military Police Deploy to Iraq



ALBANY--Members of the New York Army National Guard's 206th Military Police Company marched into the Empire State Plaza on Wednesday, June 24, as they prepared for a ceremony marking their departure for duty in Iraq.

The 185 members of the unit will train at Fort Dix for approximately two months before deploying to Iraq.

The Latham-based 206th Military Police Company has been preparing for its upcoming Iraq deployment since the middle of 2008. Last year the unit was equipped with the latest equipment for Military Police units, the M1117 Armored Security Vehicle, or ASV which is employed as a convoy escort vehicle by Military Police units, and M1151 up armored

humvees with improved turret systems and crew survivability features, and began training on those vehicles.

The Soldiers have spent two extended annual training periods of three weeks getting ready to deploy.

This year the company spent three weeks at Fort Dix in April training for their upcoming mission, and began preparing to deploy last yet. The company is comprised of 185 MP Soldiers from across the state and will train for approximately two months before deploying to Iraq to carry out security duties.

A formal farewell ceremony was held to mark the units mobilization for federal active duty and departure from home for the next 12 months.

Buard In Notes

TRICARE forcourages fxpecting Parents to get Connected

Expecting mom or new parent? TRICARE encourages beneficiaries to use the Defense Department's eCareConnect, a research-based health information service that helps military hospitals communicate more effectively with expectant parents and new families. To read the entire news release visit: http://www.tricare.mil/Pressroom/news.aspx?fid=538

Poll: Troops' Kids Feel War Joll

Troubled children add to a growing list of war strain issues that military families, particularly in the Army, are currently struggling with. Six out of 10 U.S. military children have increased levels of fear and anxiety when a parent is sent to war, according to a survey of more than 13,000 military spouses of active duty Servicemembers. The Pentagon's survey results of the effects of war on children were tabulated early this year and released to USA Today. The survey had a margin of error of +/-4 percentage points. Army documents show that 600,000 active duty Soldiers have deployed once since 2001 and 110,000 have gone twice, and 38,000 have been deployed 3 times. The stress of deployment is a pressing issue for military families and will be addressed at this year's Association of the US Army's Family Programs Military Family Forums. To read the complete article, follow the link: http://www.armytimes.com/news/2009/06/ap_military_kids_062509/

eKnowledge Corporation Donates \$25 Million of FREE SAT/ACT Jest Prep Software to Military

Over the past three years, eKnowledge has donated over \$25 million of Free SAT/ACT software to America's military families and because of their generous donation has received tens of thousands of thank you letters and testimonials from grateful recipients. To read this article, and the testimonials, or to order software, please visit: http://www.eknowledge.com/military

"Thank You, Hero" Cards

Hope4Heroes.org is offering a way for everyone to thank Servicemembers for their sacrifices for defending our nation's freedom. Send a "Thank You" card to "Any Hero" to Hope4Heroes and your card will be sent to a deployed Servicemember. Visit http://www.hope4heroes.org

Quard En Notes

Catch-A-Dream foundation

The Catch-A-Dream Foundation allows children 18 years or younger who have life-threatening illnesses to experience the "great outdoors." The Catch-A-Dream foundation fills the gap created when the Make-A-Wish Foundation excluded granting a child a wish that involved hunting or the use of "firearms, hunting bows, or other hunting/sport-shooting equipment." They have recently added a special program for military children. Any U.S. or Canadian child who is 18 years old or younger with a qualifying physician-certified, life-threatening illness is eligible for consideration. To learn more about referring a child to the Catch-A-Dream foundation, please visit their website at http://catchadream.org/

Positions for Jeens in the Chama Administration

Are you interested in serving as a Page in the Obama Administration? Pages have been serving the House of Representatives for nearly two hundred years. Working as a team, Pages assist Members with their legislative duties, deliver correspondence and small packages within the congressional complex, answer phones in the Member cloakrooms, and prepare the House Floor for sessions.

Learn More (link http://pageprogram.house.gov/)

Military Family of the Year Award

The National Military Family Association is taking nominations for Its National Military Family Association's Military Family of the Year, now through 7 August. Any family, active duty, guard or reserve, from any of our Armed Service branches can be nominated, and nominations can be made by anyone 18 years or older. The nomination form includes an essay on why the nominator feels the family is extraordinary and should be the National Military Family Association's Military Family of the Year. Seven finalist families will be flown to Washington, DC to attend the 40th Anniversary Event on 28 October, where the winning family will be announced. The Grand Prize winning family will be awarded \$1000! For more information and to submit on-line go to http://www.militaryfamilyaward.org/Overview.cfm



FORT DRUM FMWR COMING ATTRACTIONS

July 6, 2009 www.drummwr.com

July						
S	M	T	W	Т	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Look for the FMWR PREVIEW each month for upcoming events, classes, and programs.

COMING ATTRACTIONS & ITEMS OF INTEREST

- ◆Aug 1 Fort Drum Golf Tournament Willowbrook Golf Course
- •Aug 1 MS/HS Indoor Skate Jam Youth Services



Aug 1 – CYSS Parents Night Out – CDC Annex

- •Aug 1 − Zoo Brew − NYS Zoo, Thompson Park
- Aug 4 Coastie the Coast Guard Safety Boat Visits McEwen Library
- Aug 4 Youth Services Family Safe Night National Night Out
- Aug 5 − 7 − Pre-college Workshop − Youth Services
- Aug 5 − 7 − Youth Services Fine Arts Camp − Arts and Crafts
- Aug 7 Brown Bag It Series Army Community Service
- Aug 8 MS/HS BBQ Youth Services
- •Aug 8 Ultimate Fighting Championship Fight Night The Commons



Aug 8 – DPAO Summer Concert Series – Laurie Beckner Band – Watn. Fairgrounds

- ●Aug 11 12 YS Camping at Westcott Beach Watertown, New York
- Aug 12 Do You Dig Archaeology? McEwen Library
- Aug 15 Animals of the World McEwen Library
- •Aug 15 16 Niagara Falls Trip Parks and Recreation



Aug 15 – DPAO Summer Concert Series – Billy Currington – Watn. Fairgrounds

- ◆Aug 15 16 The St. Lawrence Cup Carlowden Golf Course, Denmark, NY
- Aug 15 YS Block Party and BBQ Youth Services



The Ready Army program is sponsoring a new program, "Prepared Kids," the aim of which is to get younger family members involved in the discussion about how to be ready for disasters. This year kids aged 7-18 can participate in the Prepared Kids Competition. The idea is for Army children and teens to share their ideas for preparing for emergencies by creating individual works that highlight preparedness. Children and teens can submit such things as a poem or song lyrics they have written, a short video, a poster, T-shirt or bookmark design, a personal story of experiencing an emergency, an essay or creative novella, a 30-second public service announcement for radio or television, a preparedness game, a drawing, sculpture or musical piece; or even computer software they have written. Entries can be uploaded to

http://www.acsim.army.mil/readyarmy/ra_prep_kids.htm. Finalists will be loaded on the Ready Army Website for open voting after Aug. 12 for one week. Winners will be announced during National Preparedness Month in September and their creations will be featured during 2010 as part of the Ready Army Campaign.



GuardEn of Youth is looking for your input

Share Your Thoughts Share Your Ideas Share Your Talents

HERE!

HERE!

HERE!

The Guard En of Youth Newsletter is asking its readers for submissions. If you have poetry or short stories you've written, drawings you've created, letters to the editor, or anything else you'd like to add, send your entries to shelly.m.aiken@us.army.mil, with "Newsletter input" in the subject line.

FREE FAMILY FILM FESTIVAL



REG's Free Family Film Festival is Now Showing!

When school's out, kids around the country visit selected Regal theatres for the Free Family Film Festival. It's a fun-filled nine weeks of movies for kids and parents. Since 1991, Regal has provided this service to the community, and best of all it's FREE!

Selected G & PG movies start at 10AM each Tuesday and Wednesday during the festival. First-come, first-served seating is limited to theatre capacity. The Free Family Film Festival is safe, lots of fun and a great way for kids to spend a weekday morning in the summer.

Tickets for our 2009 Free Family Film Festival are exclusively available at select theatres box office on the day of the show.

You can also select a state from the list below to find participating theatres in your area along with what films are playing each week!

Select State

New York



Crossgates Stadium 18 & IMAX

120 B Washington Avenue Extension Albany ,NY 12203 518-456-2326

Firehouse Dog (PG)

07/14/2009-07/16/2009 Everyone's Hero (G)

Robots (PG)

07/21/2009-07/23/2009 Horton Hears A Who (G)

Flicka (PG)

07/28/2009-07/30/2009 Rugrats: The Movie (G)

Nim's Island (PG)

08/04/2009-08/06/2009 Charlotte's Web (G)

Akeelah And The Bee (PG)

08/11/2009-08/13/2009 Mr. Bean's Holiday (G)

West Point Band

presents

2009—Year of the NCO Concert Celebration



Gary Sinise & Lt. Dan Band

August 2, 2009 — 7:30 p.m.

FREE AND OPEN TO THE PUBLIC DOORS OPEN AT 6:30 P.M.

Eisenhower Hall Theatre, West Point, New York



Lieutenant Dan Band



Gary Sinise on Bass

The West Point Band will open the concert with John Williams' Liberty Fanfare, patriotic numbers and the Fantasy on Army Strong. Mr. Sinise will narrate Johnny Cash's Ragged Old Flag. The Lt. Dan Band covers everything from Springsteen to Linkin Park and Aretha to Hendrix. There's something for everyone, and each show highlights the musical diversity of the band, as well as the passion and energy each member brings to the stage.

WWW.WESTPOINT.EDU/BAND 845-938-2617





USCG Sector NY

MWR Branch

204 Molony Dr.:

Staten Island, NY 10305

Office Hours: Monday-Friday: 8am-4:30pm

718-354-4407, 4394, 3098

Top of the Rock

Not enough time to visit the Empire State Building?
Let us recommend the Top of the Rock. Located at 30 Rockefeller Plaza on 50th St. between 5th & 6th. HOURS: 8am-12am Last elevator at 11pm.
TICKETS: Purchase tickets at Rockefeller Center.
- \$10 with military ID. Regular price \$18



USCG MWR SECTOR ESCAPES

Let Sector NY MWR help you plan your next cruise or all-inclusive vacation. Plan a trip for the family or just a get-away for two. Spend your vacation dollar wisely by sailing from New York City or Bayonne, NJ. Cruises are now available for the 2008-2009 season with bargains on 3, 6, 7 and 14 day sailings.

Contact our Cruise Counselor for discounted military rates at 718-354-4407 or check-out our MWR Travel Website

WWW.USCGSECTORNY.MWRTRV.COM







This "Space Available" program offers DOD affiliated personnel the opportunity to take affordable condominium vacations at resorts around the world. The Reservation Center Number is 1-800-724-9988. Account Number 7033-00000, installation Number 242. Book a full week for only \$329

USCG Sector NY acts only as a vendor agent.

There are no guarantees regarding times, operations or cost. If there are any questions, purchaser should confirm details with the vendor before the purchase of tickets. All tickets can be purchased in advance using your credit card and be ready when you arrive in NYC. No endorsement is expressed or implied. Updated 3/26/09



ITT Brochure New York City Summer 2009



Serving Those That Protect and Defend

Fort Wadsworth Guest Quarters



MWR operates two and three bedroom town homes on Staten Island. The units are completely furnished with full kitchen, dining and living room areas.

Bed linens, towels, and pots and pans are included.





The units are a short drive from the Staten Island Ferry.

Units are available on a first-come firstserved basis.

Full payment is required at the time of reservation.

The 2 bedroom unit rents for \$90 per

night. The 3 bedroom unit is \$95 per night Cancellation fees apply.

> All MWR patrons are eligible. For reservations call: 718-354-4407



Statue of Liberty

FERRY SCHEDULE: Ferries depart Battery Park every 20 minutes starting at 0830.

TO REEDEM VOUCHERS: MWR Vouchers entitle the bearer to round-trip ferry service and a complimentary Monument pass through the pre-paid ticket line.

MONUMENT PASS: This pass allows visitors inside Statue pedestal, entrance to museum exhibit, interior structure of the Statue and access to the pedestal observation deck. There is no access to the Statue crown.

REMINDERS: It takes between 5-6 hours to experience both islands. Visitors must pass through security screening (similar to airport security procedures). Travel lightly, no large backpacks or pets allowed. From Memorial Day through Columbus Day. Final Monument Entry at 4:30pm. Closed Christmas. INFORMATION: www.statuecruises.com

INTREPID Sea, Air & Space Museum

Admission includes 20 minute film, access to Hangar Deck, interactive exhibits, aircraft collection & Mess Deck, fo'c's'le & berthing area. /access to Concorde'& Growler Subs included. The average visit lasts 2-2 1/2 hours. Last admission I hour prior to closing. Closed Mondays.

Active & Retired Military: FREE Adult: \$14.50 Seniors (62+): \$1,1:50 Youth (6-7): \$11 Child (2-5): \$5.50

Circle-Line Sightseeing Boat Tours

Times for Spring Sailings: 3/21-4/24

Pier 83 W 42nd St. & Hudson River
3-Hour Full-Island Cruise 11:30am, 3pm
Adult: \$34.00 Child: \$21.00 Senior: \$29.00
2-Hour Semi-Circle: 10am, 1pm, 4pm
Adult: \$30.00, Child: \$19.00 Senior: \$26.00
2-Hour Harbor Lights Cruise 7pm
Friday, Saturday & Sunday ONLY.

Adult: \$30.00 Child: \$19.00 Senior: \$26.00
'Beast' 30-Minute Speedboat Ride: Begins 5/2
Adult: \$22.00 Child: \$16.00 Senior: \$22.00
75-Minute Liberty Cruise: 11am, 1pm, 3pm
Begins 4/25

Adult: \$24.00 Child: \$16.00 Senior: \$21.00 Children: 12 & Under Seniors: 62 & Older

PROJECT PEN PAL

Connecting Military Children around the Globe

With Project Pen Pal you will meet other military children around the world. You can make friends, learn about their traditions, culture's, how they feel about their schools and their hobbies. In addition, Project Pen Pal encourages you to write about the challenges you face being a Military Youth, and share those feelings with children from different backgrounds who are dealing with similar issues like, military life, deployments and relocation, just to name a few.



For more information contact:
Shelly Aiken~NY National Guard Youth Program Coordinator
shelly.m.aiken@us.army.mil

Or call: 914-744-7405

All AGES WELCOME TO PARTICIPATE!!

We have Pen Pals from New York, Pennsylvania, Rhode Island, Massachusetts, Wisconsin, Illinois, New Jersey, Nevada, Vermont, California, Connecticut, Ohio, Wyoming, New Mexico and now MAINE is now on board!!!

UNITY IS STRENGTH!!

If you are interested in becoming a Pen Pal, please fill out a Permission Slip on next page

PROJECT PEN PAL Permission Slip

Would your child be interested in making a new friend and getting to know another child like him/herself? Why not sign them up for the Project Pen Pal. What a great way for them to share stories about Military life and learn different cultures from around the Globe. If your child is interested please fill out the information below. Parents, please don't forget to sign the permission slip and either fax it or mail it to the number below.

Child's Name	
Age/Grade	
Hobbies/Intere	S
What Language	o you speak and
	L PERMISSION FORM
	(parent/guardian) give my permission for (child's name) to participatein
Project Pen Pal. I responsibility to s	derstand that it is my (parent/guardian) ervise my child's contact with another Military child and no the New York National Guard Youth Program.
Date	Email address
Parent/Guardia	signature
Address	
Phone/Fax	

*Please mail or fax this permission slip to:

Shelly Aiken NY National Guard Youth Program Camp Smith, Bldg 501 R#3 Cortlandt Manor, NY 10567 Fax (914-788-7407)

*If you have questions about Project Pen Pal please **email Shelly** at: shelly.m.aiken@us.army.mil Or Call me at 914-788-7405

Project Pen Pal Code of Conduct

- No obscenities in written or electronic correspondence
- No illegal material mailed or emailed
- No attempt to harm others in correspondence (making threats, making fun of another person, bullying behaviors, etc.)

Free Summer Camps-2009

TRANQUILITY CAMP— Ages 8-15

Tranquility Camp would like to offer FREE scholarships for the summer of 2009 to all military children. Camp is 25 miles south of Albany. Transportation is provided from Queens, NY or parents can drive their children directly to camp. If you are interested in camping at Tranquility Camp, parents can contact Richard S. Lerner directly at 518-634-7650

Email: campty@msn.com

Fresh Air Fund

Since 1877, The Fresh Air Fund has been giving inner-city children the joy of a summer vacation with volunteer host families and at Fund camps, creating unforgettable memories and fresh possibilities. FREE FOR MILITARY KIDS!!!

For more information please call Liz Clardy 1-800-367-0003 ext. 8973



Operation Kid Comfort Quilt Request

Operation Kid Comfort Quilts are for children of deployed service men and women. To receive a quilt, please submit this completed form along with nine photographs (digital format that is emailed is preferred) that will help the child cope during the parent's deployment. As all materials and services are donated, there is no fee for this program.

Parent/Guardian Last Name:	Soldier/Airman Name					
First Name: Military Unit:						
Please check branch of service: Army USMC Navy	Air Force USCG National Guard Air Guard Reserve					
Child(ren) Name and Age:						
Address:						
Phone:	Email:					
ASYM	MCA/Operation Kid Comfort Release:					
programs we offer. With your permission, we may us and photographs taken at Operation Kid Comfort wor	porate, business and individual support for Operation Kid Comfort and the many other see photographs provided for these projects, as well as photographs of the finished quilts ekshops and events for these purposes. Please read our privacy statement and approve or child(ren) and/or your spouse below. Please note that 6-9 high resolution digital photos hard copies of photographs sent.					
information to those employees and volunteers who n physical, electronic and procedural safeguards that co I give permission for photographic images of my Comfort media, promotional and fundraising purposes						
☐ I DO NOT give permission photographic images Kid Comfort media, promotional and fundraising purp	of my spouse, my child(ren), my family and myself to be used for ASYMCA/Operation poses.					
Signature:	Date:					
	Please return form to: Project Strong Communities Fairgrounds YMCA 585 Rand Drive Watertown, NY 13601-3323 Phone: (315) 755-2016 Fax: (315) 755-9623 okcfortdrum@yahoo.com					
	Operation Kid Comfort Wish List					
If you would like to make a	a contribution a list of the following items are always needed:					
Material (100% Cotton prefe 100% Cotton Batting (Warm Monetary Contributions						

Operation Give a Hug

and U.S. Army Child, Youth & School Services



What did we do today?

Keeping deployed loved ones close during deployment, *Give a Hug* dolls allow little Heroes to take the Soldier they miss with

them wherever they go!



had a chat



dressed up



took a nap











Army Family Covenant

Request Give a Hug dolls for Your Army Unit by emailing dollrequest@operationmilitarykids.org



Request Operation Give a Hug Dolls



Keeping deployed loved ones close during deployment, Operation Give a Hug dolls allow little Heroes to take the Soldier they miss with them wherever they go!!

Give a Hug dolls can be requested as a support element to pre-deployment and deployment events. The dolls are available at no cost for children of Army Active Duty, Army National Guard and Army Reserve Soldiers.

Please complete the information below and email to: dollar-quest@operationmilitarykids.org
All requests must be submitted 30 days prior to the pre-deployment or deployment event.

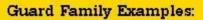
Unit Identification:	A STREET AND A STR
State/Army Garrison:	Unit #/ Organization:
Primary Point of Contact for this Order: (i.e. FRG Name:	Leader, OMK Project Director, Unit Member)
Phone:	Email
Date of Deployment:	
Date of Pre-Deployment/Deployment Event:	
Unit Commander:Name:	
Phone:	Email:
Number of Dolls Requested:	
Address to Ship Give a Hug dolls:	
Attention:	
Address #1:	-
Address #2:	-
City, State:	Zip Code:
Phone Number at Shipping Location:	

NATIONAL GUARD FAMILIES, Need help paying for child care costs? We can help!

We appreciate the sacrifices that National Guard families make and are honored to help these great families with the application process that will connect them to the funding that can relieve the financial burden of child care, especially during deployment. Call 1-888-642-2799 today to determine your family's eligibility and supplement amounts. It's free, it's easy and it's worth it.

The Advocates of the National Guard Child Care Program, want to ensure that every eligible family of the National Guard is aware that these supplements are available and assist them with the application process.

Supplement rates are based on several factors including child care cost and family income. All income levels may be eligible to receive a *minimum of \$100 per child per month for full time child care while the spouse is working, going to school full time, or looking for work. Guardians may also apply.



- E4 with two children is receiving \$2.00 per month for toddler and school age care.
- E4 with one child is receiving \$2.10 per month for full time infant care.
- E7 with three children is receiving \$\$\frac{3}{3}\$\text{10}\$ per month for full time day care.
- O3 with two children is receiving \$100 while spouse attends school part time.



What We Will Do For You:

- Conduct a brief 10-minute phone interview to determine your family's needs and eliqibility.
- Answer your questions and research your options.
- Help you locate eligible care if needed.
- Complete the applications for you.
- Work with your child care provider and explain the process so that you won't have to.
- Support and defend your family's unique situation when necessary.

"It was easy! Didn't take much time at all. I'm really pleased with the program." – Elisha B

"You guys are awesome! I would never have been able to do this without you.

Thanks so much."—CPT R

"It is amazing to actually talk to someone right away and not a machine! The process is quick and the information needed is basic stuff with the military. — Tom S

Don't wait until child care costs and military commitment take a toll on your finances, or your spouse's career or education.

Free weekend retreats for military families!

Bring your family to Pioneer Camp in Angola, NY for a weekend of relaxation and family fun! "Take a Break" and join us for campfires, games, swimming, boating, relaxing, and more! Family friendly housing, delicious meals, many optional family activities, and free time opportunities will be provided at no cost!



Dates available are: June 19-21 June 26-28 August 21-23 August 28-30 (Space is limited...registration granted on a first come first serve basis)

* To Register please fill out the form to the right and return it to:

Pioneer Camp and Retreat Center 9324 Lakeshore Rd. Angola, NY 14006

* For more information or questions please email us at: info@pioneercamp.org or call (716)549-1420





Registration Form: "Take a Break" Family Weekend Camps

.ast Name:			
irst Name:			
Address			
(street)			
(city)	(state)	(diz)	
hone:	Cell I	Cell Phone:	
Smail:			
service Member:			
Branch of Service:			
Date you wish to attend:			
Attending: # of	adults	#of	children
			,
☐ Photo & Video Release: During the run of it's programs, Pioneer staff may take photographs of various program activities and participants for future promotional use. If you DO NOT consent to having your family's image/likeness used in promotional materials, check the box to the left. (Consent not required for attendance.)	During the run or activities and part your family's ima onsent not require	of it's programs, P icipants for future gc/likeness used i ed for attendance.)	ioneer staff may take promotional use. If a promotional materi-

Pioneer Camp & Retreat Center is excited to partner with Operation Enduring Comfort to offer these "Take A Break" family weekends. Pioneer is located directly on Lake Erie with waterfront/beach access and is 30 minutes from Buffalo, 45 minutes from Niagara Falls and 90 minutes from Rochester. Please visit our website at www.pioneercamp.org for additional information.



Pioneer Camp and Retreat Center is excited to partner with Operation Enduring Comfort to offer these "Take a Break" family weekends!

Date Rec'd

Ack Sent:

Summer

Riding Camps







Dates

Week 1 June 29-July 1

3-day Mini-Camp (Western)

Week 2 July 6-10

Beginner Western

Week 3 July 13-17

Beginner English

Week 4 July 22-24

3-day Mini-Camp (Beginner Western)

Week 5 July 27-31

Advanced Beginner/Intermediate English

Week 6 August 3-7

Beginner Western Camp

Hours:

5-day camps - Mon-Fri 9am-3pm

Minicamp - Mon-Wed 9am-3pm

Rates:

VI-	Mil/DoD	Dependents of deployed Soldiers	Non-DoD
5-day Camp	\$230	\$207	\$235
3-day Minicamp	\$145	\$130.50	\$150

English & Western Style Riding

Grooming

Tacking

Mucking

Proper TLC

*A stepping stone for children who have completed beginner camps at Morgan Farm or elsewhere. Requires a 1/2 hour lesson with our instructor to determine level of ability.

Levels defined on reverse



For more information, call 845-938-3926



Saturday, Aug. 1, 2009 2pmuntil DUSK

FREE ADMISSION!

LIVE MUSIC BY: SOÑANDO

> **DOWNING PARK ROUTE 9W NEWBURGH, NY**

FOR MORE INFO: Call: (845) 838-7848

Email: tai ny@hotmail.com

2009

BRING THE ENTIRE FAMILY AND COME **ENJOY A GREAT EVENT!**

IRTS & CRAFTS Website: www.tai-ny.org SAPRIZES VENDORS



Guard En of Youth hopes everyone enjoyed their Independence Day!

Shelly Aiken New York National Guard Youth Program Camp Smith, Bldg 501 Cortlandt Manor, NY 10567 (914) 788-7405

Sabrina Lombardo
Editor – GuardEn of Youth
New York National Guard
Youth Program

Did you know?
Guard En of Youth
is online!



http://www.dmna.state.ny.us