

Guard En Of Youth

To Support the Social, Emotional, and Academic Needs of National Guard Children and Youth



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New York
National Guard
Youth Program



NYNGCYP



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NYNG Youth
Program

Child and Youth Has Grown by Two!

Meet Emmalynn Grace Semerad



Emmalynn was born on June 4th, 2015 and is now 9 months old. Emmalynn loves watching Mickey Mouse and crawling around to get into all of the things she isn't supposed to. She is quickly developing her own little personality and always brings a smile to the faces of those around her.

&

Abel was born on November 13th, 2015 and is now 4 months old. Abel is a very happy baby and loves to read books. He is able to sit up on his own and really enjoys playing with his toes. Abel is a hardcore Mama's boy and loves spending time with his parents at home.



Abel Nicholas Attanasio

Guard En Notes Event Pictures



2015 Wreaths Across America



Guard En Notes Event Pictures



Halloween Party
at the Watervliet
Arsenal

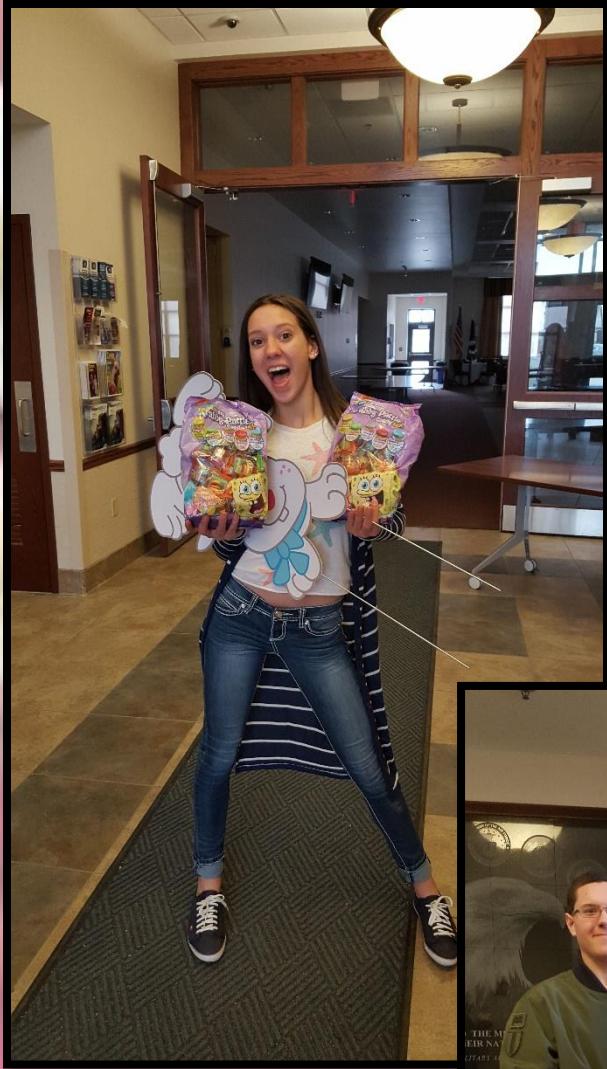


Schenectady
Holiday Parade



Holiday Party at
the 109th

Guard En Notes Event Pictures



Easter Party
at the



107th Air
Base



Our Temp CYPC

Kimberly Rafiq

Hello, my name is Kimberly Rafiq and I have been filling in as a temp CYPC while Keri Attanasio is on maternity leave. I have been working along side Ashley Semerad out of the DMNA office in Latham. This has been a great new experience for me and I have been learning a lot about military children and their families.

Before taking on the temp CYPC position, I did administration and office work at my families building supply company. I also like to pursue my passion for photography and run my own business part time.

I have a wonderful husband Ahmed and together we have two beautiful children, Aryanna and Evan. I have 5 brothers and a sister who I am very close with. I enjoy being outdoors and spending time with my large extended family.



Kim's temp position ended in February, however, she will still be working with Youth Programs as a volunteer.

Resources

Teen Council



- ☐ Do you know a teen, or are you a teen, between the ages of 13-18?
- ☐ Do you want to make a difference for other military kids?
- ☐ Do you want to meet other teens throughout NYS?
- ☐ Do you like to travel and see new things?

If this fits you, you should consider being a part of the New York National Guard Teen Council!

Teen Council is made up of teens from all 5 branches of service and civilians.

For Teen Council Brochures, Charter, Applications and more information please visit

<http://dmna.ny.gov/family/yprogs.php>



The Youth Program is now on Facebook!

Keep up with all the Activities, Events and Upcoming Events around the State by liking us!!



www.facebook.com/NewYorkNationalGuardYouthProgram

Guard En Notes

Looking Ahead in 2016

- Volunteer and Youth Regional Trainings
- Month of the Military Child Events (April)
- 4th Annual Teen Council Forum

SUMMER CAMP SEASON 2016 DATES:

4th Annual Teen Council Forum-Tentative

Location:TBD-27 June-1 July

YMCA Camp Corral

(Camp Gorham, Eagle Bay, NY) – 26 June-1 July

Operation Purple Camp – 31 July- 5 August

Military Family Camp – 31 July- 5 August

Operation Gold Star Camp- 27 June-1 July

-109th Galaxy Camp – 11-15 July

-107th Galaxy Camp – 1-12 August

For more information and details in your area, please contact your local Family Assistance Specialist (FAS) and Family Readiness Support Assistant (FRSA) or Call toll free 1-877-715-7817

Join Us and
“Purple Up”
In recognition of
the Month of the
Military Child



Friday April 15th, 2016

Purple symbolizes all branches of the military, as it is the combination of Army green, Marine red, and Air Force , Coast Guard, and Navy blue.

Wear your PURPLE as a visible way to show support and thank military youth for their strength and sacrifices!

Take a photo and tag us on Social Media



New York
National Guard
Youth Program



NYNGCYP



NYNGCYP



NYNG Youth
Program



TUTOR.COM FOR MILITARY FAMILIES

Now available
for ALL Active Duty,
National Guard and
Reserve Families!

www.tutor.com/military

- ★ Homework Help
- ★ Online Tutoring
- ★ College Support
- ★ 24/7 Access



Program funded by the Department of Defense MWR Library Program,
Yellow Ribbon Reintegration Program and Navy General Library Program.





For more information about the program, contact:

Meg Suavé: msuave@tutor.com or 347.819.2939

Help Your Family Through Deployment



 **Details:**
Up to \$500.00 per child, will pay for up to six months of extracurricular activity of your choice.

 **Eligibility:**
Any child ages 5 to 18 who parent is currently deployed overseas with the National Guard or Reserves

 **How To:**

1. Visit the website
www.ourmilitarykids.org/how-to-apply/apply-now
2. Download and complete the application
3. Send it in to Our Military Kids with the 3 supporting documents:
 - I. A Copy of the Title 10 Deployment orders
 - II. A form of ID for your child that proves dependency to the Service members
 - III. Fee/pricing information that clearly state the cost of the activity of choice (flyer, brochure, invoice)

Once your application and documents have been received, a check will be sent within 10-14 days directly to the service provider of the activity.

**Any Questions please contact Our Military Kids Office
at 1-703-734-6654**

start something



Big Brothers Big Sisters

37 South Washington Street
Rochester NY 14608

Start Something Today

585-704-6159

Heather Mills

hmills@bbbsr.org

BeABig.com

The Military Mentoring Initiative

Big Brothers Big Sisters is committed to serving our nation's military personnel and their families.

We recognize that the stresses of everyday military life lead to service men and woman searching for additional support for their children. We believe our mentoring program can help. In fact, we know that any family could benefit from their child getting to spend a few hours a week trying new things, getting more individual attention, and experiencing life through different perspectives.

The Big Brothers Big Sisters Military Mentoring program matches children (age 9-16) of military families with safe, screened, trusted mentors in one-to-one relationships that have the potential to last for many years.

We carefully match adult mentors and youth mentees in long-term friendships based on family and volunteer preference, similar interests and values, and match compatibility. We partner with families to identify the right Big for their child.

Our mentors are a diverse group of fun, incredible, dedicated volunteers. They resemble brothers, aunts, uncles, grandfathers, trusted neighbors. Their role is to be an unconditional friend and role model once a week, encouraging and supporting a child in reaching their potential and enjoying new experiences together.

Couldn't every child use one more Mentor in their life?

You recognize the potential of your child better than anyone!
Learn about Big Brothers Big Sisters in your area



Rochester, Buffalo, Orange County, Long Island, Albany, and everywhere in between
Call: Heather Mills (585) 704-6159



All of A New England Nanny's Care Givers & Household Service Providers are fully-screened, qualified and experienced professionals

Call (518) 348-0400
www.ANewEnglandNanny.com

SPECIAL OFFER FOR THE EMPLOYEES OF NEW YORK NATIONAL GUARD

A New England Nanny is pleased to offer a special employee discount, designed specifically for Capital Region employees of the New York National Guard interested in babysitting, companion care, and housekeeping services.

All NYNG employees have the opportunity to take advantage of a special one-time discount* of **50% OFF the registration fee** for A New England Nanny's temporary program.

An invaluable service for working families throughout the Capital Region, A New England Nanny's temporary program offers families access to a talented pool of pre-screened and professional caregivers and household staff. Whether you need help with after-school care, an occasional night out or some assistance around the home... Whatever the need, A New England Nanny can provide the right candidate for your family.

Once registered, families will make one call to A New England Nanny, and we'll take care of the rest! The process couldn't be more simple:

- » Call A New England Nanny to request the day and type of service needed.
- » A New England Nanny finds the caregiver or household staff and contacts you to discuss the arrangement.
- » The caregiver or household staff arrives at your home when scheduled, and is paid by you when you return to your home.
- » You will have access to our online scheduling system to request services at your convenience, any time.
- » Your credit card is charged the nominal daily usage fee of \$20.

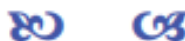
Call A New England Nanny at 518.348.0400 to sign up or for more information.

Easing The Balance Between Work & Life

The Capital Region's premiere home help agency, since 1991, A New England Nanny has been providing quality, experienced and professional long-term, short-term and on-call care services to local families in support of the balance between work and family responsibilities.

When only the best will do for your family... Choose A New England Nanny!

Call us at (518) 348-0400 for help in achieving your Work-Life Balance!



OUR ORGANIZATION

United Through Reading®, the nation's first nonprofit to promote the read aloud experience for separated military families, offers deployed parents the opportunity to be video-recorded reading storybooks to their children which creates positive emotional connections and cultivates a love of reading.

OUR SERVICE TO MILITARY FAMILIES

- Helps ease the stress of separation
- Helps build family resiliency
- Helps make homecomings easier
- Helps cultivate a love of reading

This powerful program is available to deployed military units DoD-wide, hosted at select USO locations, and has served over one million beneficiaries since 1989.

HOW TO PARTICIPATE

1. The deployed service member reads a book aloud while being recorded and sends the video home to the child.
2. The child at home watches the video and follows along with the book, if available.
3. While the child watches the video, the caregiver captures the child's reaction and relates it back to the service member.
4. The service member receives the feedback and is encouraged to record again.



HOW TO GET STARTED

Once Command Leadership agrees to offer United Through Reading, a National Program Manager will provide ongoing training and support throughout the deployment.



UNITED THROUGH READING PROVIDES:

- Command Brief
- Active Duty Coordinator Training
- Homefront Coordinator Training
- Free Starter Kit:
 - 25 children's books for your permanent onsite library
 - 100 DVDs in vinyl sleeves
 - 100 DVD mailers
- Recognition for Command volunteers

COMMAND PROVIDES:

- Identification of: Command Liaison, Active Duty Coordinator and Homefront Coordinator
- Participation updates to National Program Manager
- Video Equipment: DVD camcorder/tripod, lavalier microphone
- Commands may provide or make available for purchase: Additional DVDs, padded mailers, DVD jewel cases
- Additional children's books for onsite library (through donations)

CONTACT US

COMBINED FEDERAL CAMPAIGN #11393

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p 858.481.7323 f 858.481.9489

military@unitedthroughreading.org

www.unitedthroughreading.org

United Through Reading® photographs

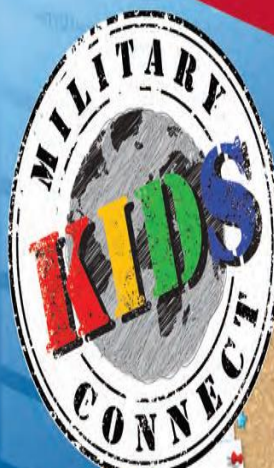
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MilitaryKidsConnect.org

Deployment Support Website



The National Center for Telehealth & Technology designs, develops, and deploys state-of-the-art tools to aid in addressing the psychological health of service members, veterans, and their families.

T2 is dedicated to establishing best practices, promoting quality standards, and combating the stigma often associated with seeking psychological health services. The core team of psychologists, engineers, web designers, database developers, and project managers build applications for web and mobile platforms, and specialized domains such as clinical telehealth and virtual worlds. Mindful of the importance of demonstrating outcomes, T2 projects are subject to rigorous program evaluation protocols.



National Center for Telehealth & Technology
9933 West Hayes Street
Joint Base Lewis-McChord, WA 98431
253-968-1914
www.t2health.org | AskUs@t2health.org

NATIONAL CENTER FOR TELEHEALTH & TECHNOLOGY

Since 2001, an estimated two million children have experienced a parent's deployment to Iraq or Afghanistan. An often overlooked consequence of deployment is the anxiety kids feel before, during, and after the parent's absence. MilitaryKidsConnect.org is a website specifically designed to enhance the resilience of military children of all ages throughout the deployment cycle.

Military families: A national priority.

On January 24, 2011, President Obama released the final report of Presidential Study Directive-9 (PSD-9), *Strengthening Our Military Families: Meeting America's Commitment*, which enlisted the support of his Cabinet Secretaries and other agency heads to define new ways to improve support for military families.

The report detailed key strategic priorities to be addressed, the first one being: Enhance the well-being and psychological health of the military family.

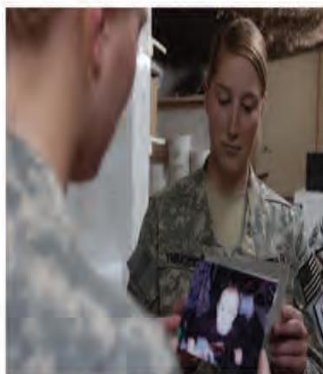
As the Defense Department's primary agency for applying innovative technology to issues of psychological health and traumatic brain injury, the National Center for Telehealth & technology (T2) developed MilitaryKidsConnect.org to directly address that priority by providing empirically-based content developed by psychologists to improve child and family readiness.



Support that speaks their language.

MilitaryKidsConnect.org features customized content for three age groups: children, tweens, and teens. Users visit an age-appropriate homepage where they find interactive maps; a personal scrapbook application; age-appropriate games; videos of military kids describing how they cope with deployment; instructional vignettes; a virtual personal space where kids navigate using a customizable avatar; and a moderated social networking message board (parent approval required for registration).

Together, these features create a safe, secure, and comfortable place for young people to play, gather, share, and learn how to handle the pressures of being a military kid.



While MilitaryKidsConnect.org is a place for kids to connect online, we don't kid around when it comes to online safety and privacy. MilitaryKidsConnect.org strictly adheres to COPPA, the Children's Online Privacy Protection Act, regarding parental consent and the use and disclosure of personally identifiable information.

Helping parents, caregivers, and teachers to help kids.

MilitaryKidsConnect.org also provides content for parents and educators of military kids. Adults can find information about the site's safeguards and parental controls, site content, and ways adults can use its content to encourage positive conversations about deployment. The parent section also includes information on common, age-specific behavioral responses to deployment, as well as methods of coping with them.

Feedback

Feedback for Child and Youth Program

We are looking for your input, advice, and submissions for future Guard En of Youth Newsletters. If you have pictures, poetry, short stories you've written, drawings you've created, letters to the editors, past and upcoming events, or anything else you would like to add, please send it to Keri Attanasio or Ashley Semerad.

You can also contact us through our Facebook Page



The Youth Program is now on Facebook!

Keep up with all the Activities, Events and
Upcoming Events around the State by liking us!!



www.facebook.com/NewYorkNationalGuardYouthProgram

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