



To support the social, emotional, and academic needs of  
National Guard children and youth



Antonette Bevins shows off her artistic skills while her family members attended a Family Readiness Group meeting for family members of the 206th Military Police Company and 1108th Explosives Ordnance Disposal Company at the Division of Military and Naval Affairs in Latham, N.Y., Feb. 20, 2010. The meeting which is part of the New York Army National Guard Yellow Ribbon Program provides families a robust support network of information and services available from county, state, federal, and private outreach organizations upon the Soldiers' return from a war zone. Her uncle, Spec Joseph Bevin, is deployed in Basra, Iraq with the 206th MPs. (Photo by Staff Sgt. Dennis Gravelle, New York National Guard)

In this issue:

- New York families prepare for homecoming.
- ZERO TO THREE's Coming Together Around Military Families.
- Summer camps.
- 5K run/walk.

## **New York families prepare for homecoming**

By Staff Sgt. Dennis Gravelle

New York National Guard

LATHAM, N.Y., (2/22/10) - Families of the New York Army National Guard's 206th Military Police Company marked the mid-point of their Soldiers' deployment to Iraq February 20<sup>th</sup> with a meeting designed to help them understand what happens when their loved one returns. The Family Readiness Group meeting is part of the New York Army National Guard's Project Yellow Ribbon, which provides redeploying Soldiers and families a robust support network of information and services available from county, state, federal and private outreach organizations upon their return home.

Gordon Lattey, lead volunteer for the 206th, said that this Yellow Ribbon program marks the midpoint of the deployment, so now the families know that they are on the downhill side and their Soldiers will be coming home soon.

"A lot of things come into play, and we want the families to be aware that once their Soldier comes back, there will be changes in the amount of benefits they receive," Lattey said. "Also, we want them to be ready for a different person coming home, the person that left last August has changed, and it's important for the families to hear that and recognize that, so they will adjust their thinking as well." Families of Soldiers from the newly deployed 1108th Explosive Ordnance Company also attended the event.

"I am here for the family readiness mid-deployment briefing designed to support and educate families on anything that is currently happening, and to be sure that we are supported with an awareness of the different programs that are available to us if we need any support," said Theresa Martel, wife of 1st Sgt. Joseph A. Martel, who is currently in Basra, Iraq. The Yellow Ribbon reintegration program was established under the 2008 National Defense Act. The program is to prepare service members and their families for deployment, through deployment, and help them reintegrate back into their civilian communities when they return. The commander of the 206th, Capt. Kevin Manion, who is home on leave from Iraq, added that the Yellow Ribbon program encompasses the entire deployment, including pre-mobilization, where the state family readiness group was able to bring in groups that can assist families with mobilization.

"If my Soldiers know that their families are provided for when they are deployed, and they are in positive spirits and their problems are solved, they can focus more on their mission, which puts them at ease, more focused therefore much safer," Manion said. "Today is a mid tour meeting ... to start the preparations for the reunion in a few months with their Soldier." When the Soldiers return, the Yellow Ribbon program requires they to be present for paid assemblies at 30 and 60 days after their return from a combat zone, and invite families to attend as well. Sessions are held in a non-threatening, non-military environment, to provide Soldiers and families a chance to share experiences and talk with each other about their experiences.

"The Yellow Ribbon program takes care of the needs of the families here at home, and the needs of the guys and gals in Iraq," Lattey stated. "It's that simple."

# Guard In Notes



## CONGRATULATIONS!!!

The New York National Guard Youth Program would like to Congratulate Sabrina Lombardo-Army Guard Youth and Ashley Torres-Air Guard Youth. These outstanding National Guard Youth were chosen to represent The New York Family Programs at this years National Youth Symposium and Volunteer Workshop in New Orleans, Louisiana!! WAY TO GO!!! and HAVE FUN!!!

Military OneSource's newest audio CD, Over There: Stories and Insights from Mothers who have Deployed is now available. On this CD, former Navy psychologist and mother of two Dr. Heidi Kraft discusses the unique challenges that face mothers who deploy. She is joined by mothers from each service branch who were away from their children while they deployed overseas. Dr. Kraft and the service members discuss how they handled goodbyes, kept in touch while remaining focused on their mission, and adjusted to their return home and back into the role of "mom."

Please use this URL when referring to the new CD, Over There

<http://www.militaryonesource.com/OverThere>

Item is available to order through Military OneSource online and can be requested by Service Members, families and Service Providers at no cost.

Please note: There is a maximum of 1 per request.



### FREE SUMMER CAMP \* CAMP TRANQUILLITY

"A Children's Camp With a Heart"

Tranquillity Camp would like to offer **FREE** scholarships for the summer of 2010 to all Military children. Children must be in good health and between the ages of 8-15. Camp is 25 miles south of Albany.

Transportation is provided from Queens, NY or parents can drive their children directly to camp. The Camp Is situated on 1,000 rolling acres in Earlton, NY., just 20 miles south of Albany, NY. Each summer hundreds of children find friendship, fun and personal growth in our camp program, which gives them a healthy, happy and memorable summer experience.

**2 Week Free Session for Military Kids: August 11 -24 2010**

If you are interested in camping at Tranquillity Camp, parents can contact Richard S. Lerner directly.

**Contact: Richard S. Lerner 518-634-7650**

**Email: [campty@msn.com](mailto:campty@msn.com)**

**Don't Wait!! Sign up today!!!**

# Guard In Notes

## **Golf, Life Lessons Available to Military Children**

<http://www.defense.gov/news/newsarticle.aspx?id=58972>

It's tee time for children from military families, thanks to The First Tee Military Affiliate Program.

The program offers free golf instruction to children from National Guard and Reserve families geographically separated from a military base at The First Tee's 200 chapters across the nation. School-age children at all skill levels, from beginner to advanced, are invited to hone their golf game with the help of trained coaches. The goal is to welcome at least 6,000 participants, defense officials said. The program not only sharpens children's skills on golf course greens and fairways, but it also provides life skills. Along with basic golf instruction, The First Tee coaches teach children interpersonal communication, managing emotions, goal-setting and overcoming obstacles

I found the information about the First Tee benefit available to military children of Guard and Reserves very exciting. With the school year ending soon and warm weather here, this is a great opportunity for our families. To participate, parents should go to the First Tee Website and download a coupon for their child to receive instruction.

This is the link to the article. Not everyone will be able to access this link as there seems to be firewalls that block it, but providers and families can go directly to the website for information (listed below)

<http://www.defense.gov/news/newsarticle.aspx?id=58972>

This is a link to information on First Tee's support to DoD

<http://www.thefirsttee.org/club/scripts/section/section.asp?grp=0&NS=DD>

This is a link to locations in the US.

<http://www.thefirsttee.org/club/scripts/section/section.asp?grp=0&NS=FL>

DoDEA's Educational Partnership proudly presents  
"[Students at the Center](#)" a resource for everyone  
involved in the education of the children of our  
military service members.

<http://militaryk12partners.dodea.edu/>





# Guard Fr Notes

## **MILITARY TRIBUTE EXTENDED BY ANHEUSER-BUSCH**

***“Here’s to the Heroes” Provides Free Admission For Military Members and Direct Dependents to Theme Parks Operated by SeaWorld Parks & Entertainment***

A tribute program that has provided FREE admission SeaWorld and Busch Gardens for more than 4 million members of U.S. and coalition armed forces and their families has been extended through 2010. “Here’s to the Heroes,” a program sponsored by Anheuser-Busch, was launched in February 2005 to celebrate the service of military men and women and the sacrifices made by their families. Any active duty, active reserve, ready reserve service member or National Guardsman representing any of the five service branches is entitled to free admission under the program. He or she need only register, either online at [www.herosalute.com](http://www.herosalute.com) or in the entrance plaza of a participating park, and show a Department of Defense photo ID. Also included in the offer are members of foreign military forces serving in the coalitions in Iraq or Afghanistan or attached to American units in the U.S. for training.

## **Walt Disney World Resort Celebrates U.S. Military in 2010 With Special**

**Ticket and Lodging Offers Click on link for more info:**

<http://www.107aw.ang.af.mil/shared/media/document/AFD-100111-100.pdf>



## **Birthday Freebies**

- \*Applebees – by asking your waiter, you can get a free ice cream sundae. Sometimes, they give you a balloon and let you sing
- \*Baskin Robbins – Free 2.5 oz ice cream if you join its birthday club online.
- \*Ben & Jerry’s – Free Scoop if you register on line.
- \*Cold Stone Creamery – Free sundae creation if you join the online birthday club.
- \*Chili’s - Free dessert if you join the online email club.
- \*Dave and Buster’s - \$5 game card credit.
- \*Denny’s – Free Grand Slam if you bring a valid ID.
- \*Friendly’s – Free ice cream if you join the online birthday club.
- \*Hard Rock Café – Free dessert, and depending on the location, a serenade from the entire restaurant.
- \*IHOP (International House of Pancakes – Free meal (check local restaurant)
- \*The Melting Pot – Free chocolate fondue for two if you purchase an entrée for two.
- \*Red Lobster – Free cake and a song.
- \*Red Robin – Free gourmet burger if you are older than 13 and join the online e-club.
- \*TGI Friday’s – Free dessert.



# 107th Family Readiness

Kids Camp Niagara 2010

**LIGHTENING** **EARTHQUAKES**

**SURVIVOR '10**  
**MASTERS**  
**of**  
**Disaster** **TORNADOES**

**HURRICANES** **TSUNAMI**

July 19th-23rd

Ages 8-12

Register now by calling 236-3411 or email

[107aw.familyreadiness@ang.af.mil](mailto:107aw.familyreadiness@ang.af.mil)



Darien Lake is packed with over 100 rides, all new shows and attractions, including five world-class coasters, spectacular thrill rides, acres of water park fun, adventure isle for kids, and more!

# 2010 MILITARY APPRECIATION WEEKEND

**Valid ANY 1 Day May 28 – 31, 2010**

Present this coupon at any Darien Lake ticket window along with your Military ID and

**RECEIVE UP TO SIX (6) ALL-DAY ADMISSIONS**

**FOR JUST \$14.99\* EACH!**

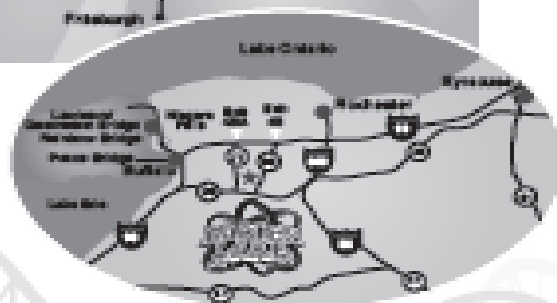
(Regular admission \$39.99)

**MILITARY PERSONNEL GET IN FREE!**



**Less than one hour from Buffalo,  
Rochester, & Niagara Falls!**

Take I-190 to exit 48A or refer to map inset  
for alternate routes.



Our public picnic area is located  
just outside the main gate at  
Sunshine Lake.

**Picnic baskets, coolers, & grills  
will not be allowed in the park.**

**585.599.4641**

Children 2 & under FREE. Extra charge attractions not included. Not valid in conjunction with any other offer. Coupon cannot be sold. Park hours may vary, please call ahead or visit our website at [GoDarienLake.com](http://GoDarienLake.com).

\* Price subject to applicable tax.

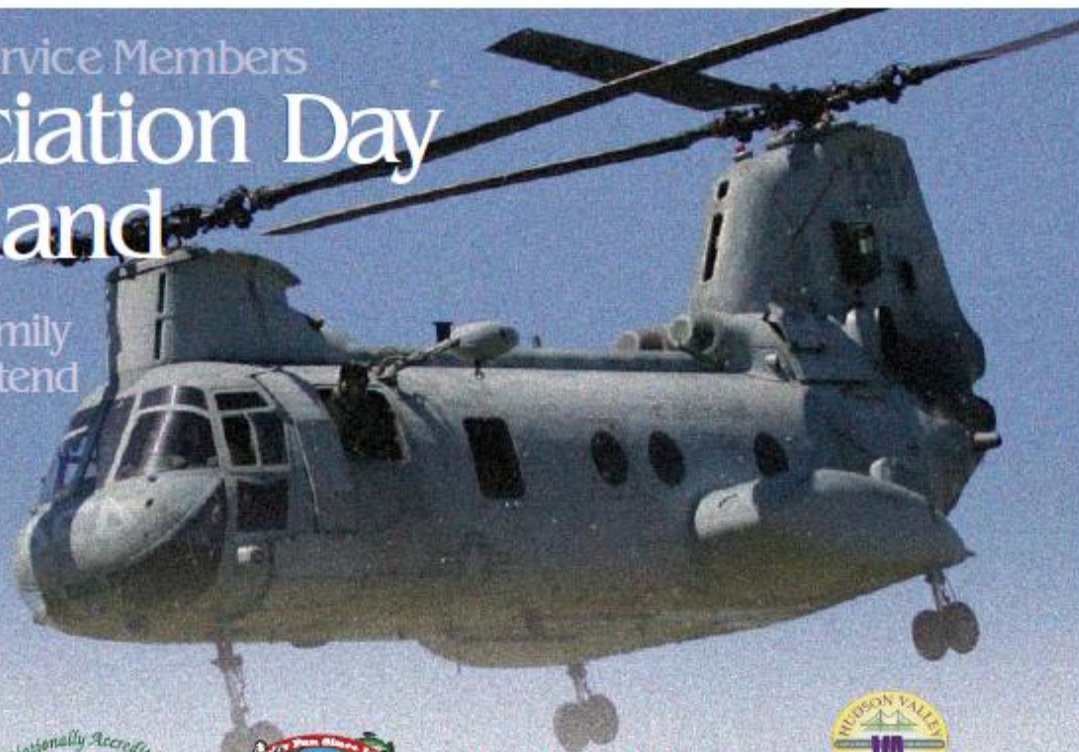
**PLU #20603**



Veterans & Service Members

# Appreciation Day at Playland

You and your family  
are invited to attend



Westchester  
gov.com

Robert P. Astorino, County Executive  
County Board of Legislators

Nationally Accredited  
**PARKS**  
WESTCHESTER COUNTY  
Joseph A. Sloni  
Chairman



FORDHAM  
Westchester



A VA Hudson Valley  
Health Care System OEF/OIF  
"Welcome Home" Event

Westchester  
gov.com

Westchester County Veterans Service Agency  
112 East Post Rd., 4th Floor, Room 442  
White Plains, NY 10601

## Veterans & Service Members Appreciation Day at Playland

**Sunday, May 30, 2010 • 1 p.m. - 12 midnight**  
Playland Park, Rye, New York

**Bring your family!!**

### Parking Pass Distribution

11 a.m. - 1 p.m. at Park Entrance Circle

### Veteran and Service Member Registration

12 noon - 6 p.m. at Lake Picnic Sections 9 & 10

**Memorial Day Ceremony 1:30 p.m.**

**U.S. Marine Corps' Helicopter Demo and Display**  
(Weather and Aircraft Permitting) 2 - 4 p.m.

**Veterans with a DD-214, VA ID Card or  
Current Veteran Organization Membership Card**  
One Free Parking Pass • Discounts on Ride Admission  
for Themselves and their Family

**Uniformed Military Personnel or Veterans Wearing  
a Veterans Organization Cap and/or Uniform**  
One Free Parking Pass • One Free Ride Admission  
Discounts on Ride Admission for their Family

**OEF/OIF "Welcome Home" Veterans**  
One Free Parking Pass • One Free Ride Admission  
Discounts on Ride Admission for their Family

**To pre-register for the parking pass please call the  
Westchester County Veterans Service Agency at (914) 995-2146**







# OPERATION: MILITARY KIDS FAMILY CAMP WEEKEND

- Where?** 4-H Camp Wyomoco  
Varysburg, NY
- When?** June 18-20, 2010
- Who?** Open to military families  
with youth of all ages
- Cost?** **IT'S FREE!!!**



Come join us for a weekend of great activities and time to get away with family and friends.

Each family can request either a private cabin or to share a cabin with a family of their choice.

Registration starts at 5pm on Friday, June 18th. Camp ends at 4pm on Sunday, June 20th.

During the weekend, you and your family will have a choice of activities, day and evening. Activities include:

- Swimming
- Kayaking
- Canoeing
- Fishing
- Arts and crafts
- Archery
- Nature hikes
- Fencing
- Board games
- Kickball
- Challenge Course
- Team sports
- Basketball
- Beach Volleyball
- Campfire with s'mores

*Relaxing and spending  
time with your family!*



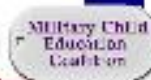
Registration forms can be found at  
[www.omkny.blogspot.com](http://www.omkny.blogspot.com)

For more information contact:

Tom at [tdw26@cornell.edu](mailto:tdw26@cornell.edu) or (315) 788-8450



Cornell University  
Cooperative Extension  
Wyoming County



Operation: Military Kids is a partnership of Army Child, Youth & School Services, 4-H National Headquarters/USDA, and Cornell University.

Operation: Military Kids- New York is supported by the 4-H/Army Youth Development Project under Kansas State University special project number 2007-48661-03868.



**FUNDRAISER TO BENEFIT**

**NEW YORK NATIONAL GUARD  
FAMILY READINESS COUNCIL, INC.**

**www.NYFRC-INC.org**



**3rd ANNUAL HOMETOWN HEROES RUN**

**Certified by USA Track & Field - USATF**

**5K RUN & WALK**

**FUN RUN FOR THE KIDS - 8:45 AM *Free***

**Saturday, June 12, 2010 9:15 AM**

**The Crossings of Colonie 580 Albany Shaker Road**

\$20 Early Registration  
\$25 After June 10 up to Race Day  
T-Shirt First 250 Paid Registration  
Chip Timed by ARE

Trophies: Top Overall Male & Female  
Awards: 1st Place Male & Female each Age Group  
Age Groups: 19 & Under, 20-29, 30-39, 40-49,  
50-59, 60-69, 70+

**are** Online Registration  
[www.AREEP.com](http://www.AREEP.com)

Mail Form To: NYNGFRC, Inc.  
595 New Loudon Rd., #170  
Latham, NY 12110

Replacement Fee of \$25 for any Chip not Returned

Check payable to: NYNGFRC, Inc.

YOUR NAME (Please print clearly)

T-SHIRT SIZE (circle one) S M L XL XXL

STREET ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL

AGE (day of race)

DATE OF BIRTH

SEX (circle one) M F

In consideration of this entry being accepted, I hereby for myself, my heirs, executors, successors, and administrators waive any and all rights and claims for damages I may have against The New York National Guard Family Readiness Council Inc., race committee members, race officials and any and all sponsors and the directors, officers, employees and agents of such parties, their representative, successors, and assigns even though those liabilities may arise from negligence or carelessness on the part of persons name in this waiver. I acknowledge and accept all the risks inherent in participating in a Road Race. Further, I hereby grant full permission to any of the foregoing to use any photo, videotape, or any record of this event for any legitimate purpose.

SIGNATURE

DATE

PARENT'S SIGNATURE (Required for minor under the age of 18 years)



# ***Yellow Ribbon Youth Forum***

To be held **July 31<sup>st</sup>**, 2010

The Desmond Hotel  
660 Albany Shaker Rd  
Albany, NY 12211

Vicki DiMura Yellow Ribbon Support Specialist II:  
518-786-0389

[victoria.ann.dimura@us.army.mil](mailto:victoria.ann.dimura@us.army.mil)

\*\*\*\*\*

## ***Attention Military Teens*** (Ages 11-18)

*Come and enjoy the National Guard Youth Forum!!  
Meet and interact with special service providers just for Teens,  
Get to know other Military youth and  
MUCH MORE!!!*

***Because you serve too!!!***

\*\*\*\*\*

Information tables:

*Education, Jobs, Finance Health & Nutrition, Clubs, Safety*





# Military OneSource

## Free YMCA Memberships



**Where:** Participating YMCAs throughout the US and Puerto Rico  
• See participating YMCA listing at [www.ymca.net](http://www.ymca.net)

**Who:** **TITLE 10 ONLY** (Title 32 personnel are not authorized)  
• Families of Guard and Reserve members  
• Six month minimum deployment

**How:** Visit [www.militaryonesource.com](http://www.militaryonesource.com) for eligibility form  
• A copy of deployment orders and a military ID card must be presented for YMCA membership

**What is included:**

- Deploying service members are eligible for YMCA memberships with their family for three months pre- and post- deployment
- Families are eligible for the duration of the deployment, not to exceed 18 months (includes service member three months pre- and post- deployment)
- Memberships are renewable in six month increments contingent upon use
- MEMBERSHIP RENEWAL REQUIREMENT: 8 VISITS PER MONTH (per family or family member) and minimum length of membership is six months



**Military OneSource is available 24/7. You name it. We can help.**

1-800-342-9647 Overseas: xx-800-3429-6477 (find access codes online) [www.MilitaryOneSource.com](http://www.MilitaryOneSource.com)

2.15.2010



COMING TOGETHER AROUND MILITARY FAMILIES®

# DUTY<sup>TO</sup>CARE

## SUPPORTING YOUNG CHILDREN THROUGH CHALLENGING TIMES

This training will provide opportunities to gain an understanding of the following topics in the context of military families:

- Core needs of infants and toddlers •
- Impact of stress and trauma on very young children •
  - Resiliency in families •
- Collaborating with military and civilian agencies •
  - Professional self-care •

Healthcare, Early Childhood Education, Family Support and Mental Health professionals supporting military families are invited.

**New York National Guard  
Joint Force Headquarters  
330 Old Niskayuna Road  
Latham, New York 12110-3514**

Register for this training online at [www.zerotothree.org/ctamf](http://www.zerotothree.org/ctamf)

For Registration Questions, Contact:

Secely Smith

202-638-1144 (registration closes on July 30, 2010)

[ssmith@zerotothree.org](mailto:ssmith@zerotothree.org)

This is a free training for professionals. Materials and food will be provided. CEU's available



**TRAINING DATES: AUGUST 18<sup>th</sup> and 19<sup>th</sup> 2010**

# NEED HELP PAYING FOR SUMMER CAMP???

## FOR TITLE 10 Members



Do you have school-aged children who play sports?

Or do they take dance, music or arts classes?

Maybe they would like to try something new... like Karate?

Could your child benefit from a tutor to stay at grade level?

If the answer is **YES** to any of these questions,  
**Our Military Kids** grant program may be able to help.

**Our Military Kids** pays the fees for children of deployed Reserve and National Guard to participate in youth sports, fine arts, and tutor programs. This is a way of recognizing the sacrifices the entire family is making while the soldier is deployed overseas.

It is simple to apply to the program...

Just fill out the attached application. Send it in with a copy of the deployment orders and a flyer or other information that lists the activity and the fee for the activity. The child is limited to one grant for one activity. Grant will cover up to six months of instructions, lessons, tutoring with maximum award of \$500.00 per child.

If everything is in order and if funding is available, within two weeks a check will be sent to the organization and the child will be notified of the award.



6861 Elm Street, Suite 3F • McLean, VA 22101 • 703.734.6654 • [www.ourmilitarykids.org](http://www.ourmilitarykids.org)

TO FILL OUT AN APPLICATION PLEASE VISIT: [www.ourmilitarykids.org](http://www.ourmilitarykids.org)



## *eKnowledge & MLB Players Hit a Grand Slam with SAT & ACT Test Prep*

### **Chipper Jones joins eKnowledge sponsorship program offering FREE SAT/ACT Test Prep Programs to military families!**

Atlanta, GA, September 12, 2009 - Thanks to eKnowledge and concerned professional athletes, free \$200 SAT/ACT PowerPrep™ programs are available to military service members and their extended families. In its fourth consecutive year, the eKnowledge NFL and MLB sponsorship has donated over \$25 million of SAT/ACT software programs to 120,000 recipients.

*It was announced today that six time all-star and future Hall of Fame baseball player Chipper Jones has joined the SAT/ACT PowerPrep Sponsorship Program. Jones is a patriotic supporter of America's military, and welcomed the opportunity to raise awareness of the availability of the FREE SAT/ACT Test Prep Programs. "I believe in using my gifts and public image to help the military community" stated Jones.*



eKnowledge also recently announced the release of the completely new PowerPrep™ version 6extra. The v6x was in development for two years and cost over \$1.5 million. The new v6x SAT/ACT software includes more than 20 hours of video instruction and 3,000 files of supplemental test prep material, thousands of interactive diagnostic tools, sample questions, practice tests and graphic teaching illustrations are indexed for easy use. The new PowerPrep™ software is also completely MAC and PC compatible.

Families interested in ordering FREE SAT/ACT PowerPrep™ Programs should visit: [www.eknowledge.com/military](http://www.eknowledge.com/military)

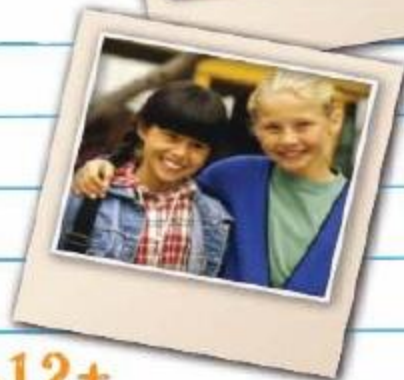
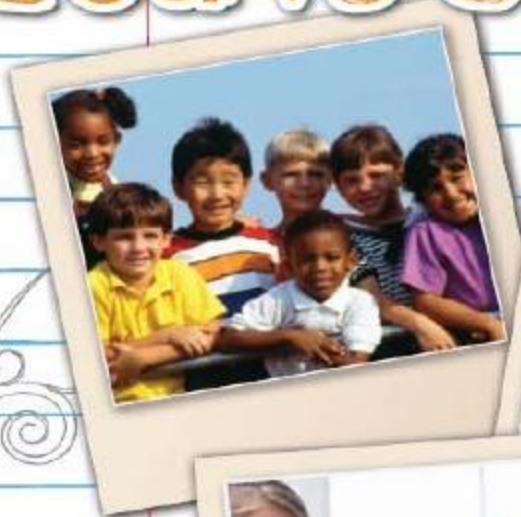
*There is a small fee of \$13.84 (per standard program) which enables eKnowledge to provide technical and customer support, registration, licensure, processing, handling and shipping. This nominal charge allows the sponsorship program to continue helping tens of thousands of students every year.*

For further information, contact Lori Caputo, 951-256-4076, [LoriCaputo@eknowledge.com](mailto:LoriCaputo@eknowledge.com)



# ATTN: ALL MILITARY YOUTH

## You've Got... math homework english science project spelling test history book reports social studies



Get Real-time Help  
Find a Resource 24/7  
Get FREE Online  
Tutoring for Grades K-12+

<http://www.tutor.com/military>



# Operation: Military Child Care



## Operation: Military Child Care

is a Department of Defense (DoD) initiative to support the child care needs of parents who are **activated/deployed**.



### WHY is Child Care needed?

When military parents are **activated/deployed**, their needs for child care often increase and so do their **out-of-pocket** child care expenses.

### HOW does Operation: Military Child Care support activated/deployed parents?

-  Helps eligible families locate child care options in local communities
-  Reduces child care fees for eligible families who are already using licensed or legally-operating community child care programs and providers

### WHO is eligible to participate?

-  Families/Child Guardians of National Guard & Reserve Service Members who are **activated/deployed**
-  Families/Child Guardians of **deployed** Active Duty Soldiers, Sailors, Airmen, and Marines who are unable to access child care on military installations are eligible during the deployment period and for **60** days after the return of the Military Parent

#### Note:

The fee assistance program is intended to help support military spouses' employment, education, or special medical circumstances. Fee assistance will only be provided to single military families, dual military families, and military families with a spouse who is working or enrolled in school. It will also be provided to military families where the spouse is looking for work for a period of up to **60** days.

### HOW much will child care fees be reduced?

Fee assistance will vary for each family depending upon total family income, location, DoD child care fee policies, and available funding.



For more INFORMATION contact  
the National Association of Child Care Resource & Referral Agencies  
(NACCRRA)

Call Toll-Free 1 (800) 424-2246  
Log on at [www.NACCRRA.org/Military](http://www.NACCRRA.org/Military)  
Question? Send an email to: [OMCC@naccrra.org](mailto:OMCC@naccrra.org)

**Note:** Operation: Military Child Care services are not an entitlement and are subject to geographic availability of child care and DoD/Military Service Funding.

## Military Child Care Programs



# Caring...while you are away





*The Torres Family*

# New Childcare Program

## Sittercity membership at no cost

Your membership is funded by the DoD. Activate today—find sitters and military subsidized care providers right in your own neighborhood!



- ▶ Activate your Sittercity membership today, takes less than 2 minutes. Go to [www.sittercity.com/dod](http://www.sittercity.com/dod)

### Sittercity helps you find...

- ✓ **Babysitters!** For after-school, hourly care, school vacations, deployment and PCS, extended work hours, special needs children, and whenever you need a sitter
- ✓ **Nannies!** For full and part time, infant and young child care
- ✓ **Certified CDH/FCC** care providers
- ✓ Care providers who are authorized access to an installation
- ✓ Elder care companions, dog walkers, housekeepers and tutors

### Your Sittercity membership gives you...

- ✓ Online access to local caregiver profiles
- ✓ Caregiver profiles with over 40 criteria including background checks, references, parents reviews, pictures and much more
- ✓ The Sittercity 4 step screening process

“ I posted a job on Sittercity for a summer nanny and got well over 30 applicants. We found the perfect one! ”

Carrie R, Chicago

Sittercity is America's largest and most trusted website for connecting families with quality local in-home caregivers with over 1 million caregivers nationwide.

- ▶ Activate your membership at [www.sittercity.com/dod](http://www.sittercity.com/dod)

# **PROJECT PEN PAL**

Connecting Military Children around the Globe

With Project Pen Pal you will meet other military children around the world. You can make friends, learn about their traditions, culture's, how they feel about their schools and their hobbies. In addition, Project Pen Pal encourages you to write about the challenges you face being a Military Youth, and share those feelings with children from different backgrounds who are dealing with similar issues like, military life, deployments and relocation, just to name a few.



**For more information contact:**

**Shelly Aiken~NY National Guard Youth Program Coordinator**

**[shelly.m.aiken@us.army.mil](mailto:shelly.m.aiken@us.army.mil)**

**Or call: 914-744-7405**

**ALL AGES WELCOME TO PARTICIPATE!!**

**We have Pen Pals from New York, Pennsylvania, Rhode Island, Massachusetts, Wisconsin, Illinois, New Jersey, Nevada, Vermont, California, Connecticut, Ohio , Wyoming ,New Mexico and now MAINE is now on board!!!**

**UNITY IS STRENGTH!!**

If you are interested in becoming a Pen Pal, please fill out a Permission Slip on next page

# PROJECT PEN PAL

## Permission Slip

Would your child be interested in making a new friend and getting to know another child like him/herself? **Why not sign them up for the Project Pen Pal.** What a great way for them to share stories about Military life and learn different cultures from around the Globe. If your child is interested please fill out the information below. Parents, **please don't forget to sign** the permission slip and either fax it or mail it to the number below.

**Child's Name** \_\_\_\_\_

**Age/Grade** \_\_\_\_\_

**Hobbies/Interests** \_\_\_\_\_

**What Language do you speak and write?** \_\_\_\_\_

### **PORJECT PEN PAL PERMISSION FORM**

I, \_\_\_\_\_ (parent/guardian) give my permission for  
\_\_\_\_\_ (child's name) to participate in

Project Pen Pal. I understand that it is my (parent/guardian) responsibility to supervise my child's contact with another Military child and not the responsibility of the New York National Guard Youth Program.

**Date** \_\_\_\_\_ **Email address** \_\_\_\_\_

**Parent/Guardian signature** \_\_\_\_\_

**Address** \_\_\_\_\_

**Phone/Fax** \_\_\_\_\_

**\*Please mail or fax this permission slip to:**

Shelly Aiken  
NY National Guard Youth Program  
Camp Smith, Bldg 501 R#3  
Cortlandt Manor, NY 10567  
Fax (914-788-7407)

\*If you have questions about Project Pen Pal please **email Shelly at:**  
[shelly.m.aiken@us.army.mil](mailto:shelly.m.aiken@us.army.mil) Or Call me at 914-788-7405

### **Project Pen Pal Code of Conduct**

- No obscenities in written or electronic correspondence
- No illegal material mailed or emailed
- No attempt to harm others in correspondence (making threats, making fun of another person, bullying behaviors, etc.)



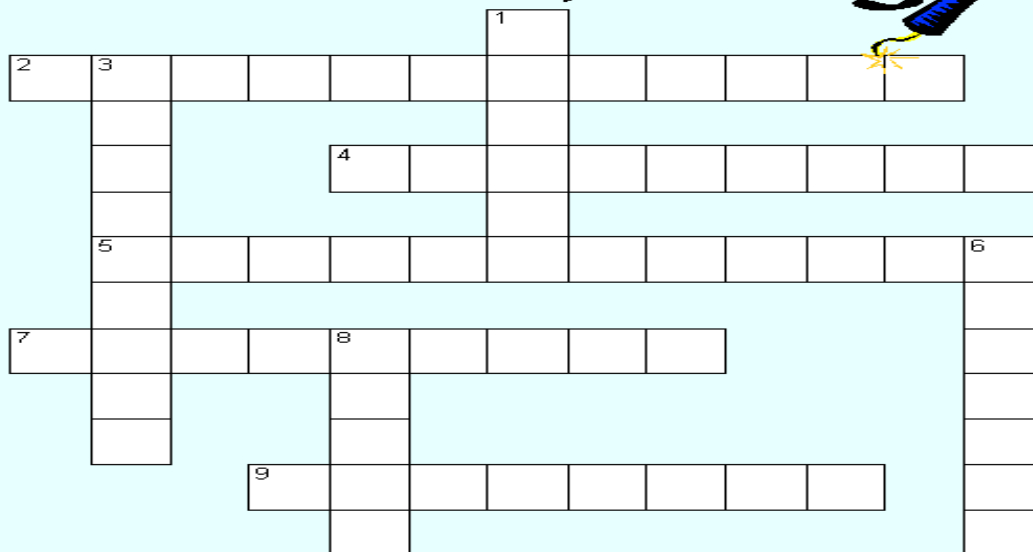
# Your Own Pages

107<sup>th</sup> Air Wing-Niagara Falls  
Bring your kids to work day 2010



**The Guard En of Youth Newsletter is asking its readers for submissions. If you have pictures, poetry or short stories you've written, drawings you've created, letters to the editor, or anything else you'd like to add, send your entries to [shelly.m.aiken@us.army.mil](mailto:shelly.m.aiken@us.army.mil), with "Newsletter input" in the subject line.**

# Fourth of July



## Across

2. The Declaration of Independence was signed here
4. The Fourth of July is celebrated with these light shows
5. Another name for the Fourth of July: \_\_\_\_\_ Day
7. The Declaration of Independence was written by this man
9. Many people have these cookouts on the Fourth

## Down

1. The Colonists declared themselves free of this King
3. '...life, liberty, and the pursuit of \_\_\_\_\_...'
6. The Colonies broke free from this country
8. '...all men are created \_\_\_\_\_...'



Copyright 2001 www.kidcrosswords.com

ANSWER TO PUZZLE

[http://www.kidcrosswords.com/new/homepage\\_puzzle\\_display\\_script.pl?mode=answer&&puzzle=ho12&title=Fourth of July](http://www.kidcrosswords.com/new/homepage_puzzle_display_script.pl?mode=answer&&puzzle=ho12&title=Fourth of July)

## KIDS BOWL FREE

To locate a center near you, click the bowling center name and then create a username and password. Register your children and then upgrade to the optional family pass that allows up to 4 adult family members to receive up to 2 FREE games of bowling each day too for just one low price!

[www.kidsbowlfree.com](http://www.kidsbowlfree.com)

## The History of Memorial Day

[www.military.com/memorial-day/](http://www.military.com/memorial-day/)

# Guard En of Youth

**GUARD EN OF  
YOUTH HOPES TO  
WISH ALL THE  
READERS A SAFE,  
FUN, AND HAPPY  
SUMMER!**

**Shelly Aiken**

New York National Guard  
Youth Program  
Camp Smith, Bldg 501  
Cortlandt Manor, NY 10567  
(914) 788-7405

**Sabrina Lombardo**

Editor – GuardEn of Youth  
New York National Guard  
Youth Program



Did you know?  
Guard En of Youth  
is online!



<http://www.dmna.state.ny.us>