

## TABLE OF CONTENTS

<u>Lesson</u>	<u>Title</u>	<u>Paragraphs</u>	<u>Page</u>
	INTRODUCTION		iii
1	INTRODUCTION TO FIELD SANITATION TEAM OPERATIONS.....	1-1 – 1-5	1-1
2	THE MEDICAL THREAT TO FIELD FORCES.....	2-1 – 2-3	2-1
3	PERSONAL HYGIENE AND PREVENTIVE MEDICINE MEASURES .....	3-1 – 3-8	3-1
4	WATER SUPPLY IN THE FIELD.....	4-1 – 4-11	4-1
5	FOOD SERVICE SANITATION IN THE FIELD .....	5-1 – 5-4	5-1
6	WASTE DISPOSAL IN THE FIELD .....	6-1 – 6-4	6-1
7	ARTHROPODS AND DISEASES .....	7-1 – 7-5	7-1
8	MANAGEMENT OF ARTHROPODS THROUGH INDIVIDUAL PREVENTIVE MEDICINE MEASURES .....	8-1 – 8-7	8-1
9	MANAGEMENT OF ARTHROPODS THROUGH NON-CHEMICAL (SANITATION) AND CHEMICAL PRACTICES .....	9-1 – 9-8	9-1
10	RODENT MANAGEMENT .....	10-1 – 10-5	10-1
11	HEAT INJURIES.....	11-1 – 11-4	11-1
12	COLD WEATHER INJURIES.....	12-1 – 12-4	12-1
13	CONTROLLING TOXIC INDUSTRIAL MATERIALS (NON-NBC) .....	13-1 – 13-8	13-1
14	NOISE HAZARDS AND NOISE MANAGEMENT .....	14-1 – 14-6	14-1

15	FIELD SANITATION TEAM EQUIPMENT AND SUPPLIES .....	15-1 – 15-4	15-1
	APPENDIX A (Field Sanitation Equipment List) .....		A-1
	APPENDIX B (Field Sanitation SOP).....		B-1

**CORRESPONDENCE COURSE OF  
THE U.S. ARMY MEDICAL DEPARTMENT CENTER AND SCHOOL**

**SUBCOURSE MED153**

**FIELD SANITATION TEAM CERTIFICATION COURSE**

**INTRODUCTION**

The FST Certification Course consists of classroom instruction, demonstration, and practical exercises. As each unit of instruction is completed, you should study the corresponding lesson in this subcourse. At the end of the training program, you will be administered an examination consisting of 50 questions. After the successful completion of the training program and the examination, you will be awarded FST Certification by your unit, and will also receive course credit (40 hours) for completion of the program.

This subcourse consists of 15 lessons. The lessons are:

LESSON 1 – Introduction to Field Sanitation Team Operations

LESSON 2 – The Medical Threat to Field Forces

LESSON 3 – Personal Hygiene and Preventive Medicine Measures

LESSON 4 – Water Supply in the Field

LESSON 5 – Food Service Sanitation in the Field

LESSON 6 – Waste Disposal in the Field

LESSON 7 – Arthropods and Diseases

LESSON 8 – Management of Arthropods through Individual Preventive Medicine Measures

LESSON 9 – Management of Arthropods through Non-Chemical (Sanitation) and Chemical Practices

LESSON 10 – Rodent Management

LESSON 11 – Heat Injuries

LESSON 12 – Cold Weather Injuries

LESSON 13 – Controlling Toxic Industrial Materials (Non-NBC)

LESSON 14 – Noise Hazards and Noise Management

LESSON 15 – Field Sanitation Team Equipment and Supplies

Credit Awarded:

Upon successful completion of this course, you will be awarded 40 credit hours.

Procedures for Subcourse Completion:

You are encouraged to complete each subcourse lesson as the corresponding block of instruction is presented in class. At the end of the instruction program you will be administered an examination along with the other members of your class. Your instructor will grade the examinations and will provide feedback to you regarding your examination results. The instructor will forward the class pass/fail roster to Extension Services Division (ESD). ESD will mail subcourses completion notices to all students who successfully complete the subcourse. Your grade on the examination will be your subcourse rating.

Student Comment Sheet:

Be sure to provide us with your suggestions and criticisms by filling out the Student Comment Sheet (given to you by the instructors). Give the Comment Sheet to your instructor, who will forward it to us along with the class pass/fail roster. In this way, you will help us to improve the quality of the subcourse.