

NO DAY SHALL ERASE YOU FROM THE MEMORY OF TIME  
Virgil

IN A

**NEW YORK MINUTE**

“ALL THE NEWS YOU NEED  
TO KNOW

~ IN A NY MINUTE”



**SEPTEMBER**

**2016**

# 9/11MemorialRide

It is our pleasure to invite you to participate in a commemorative motorcycle ride and ceremony on **September 11** as we pay tribute to the strength, courage, and heroism of the police and fire department personnel who led our response and recovery efforts nearly fifteen years ago.



As a vital part of our rescue and recovery efforts on 9/11, your department helped provide an extraordinary example of service and bravery that day. We would be proud to have you join us for this special event as we commemorate the fearless devotion to duty and service our police and fire department personnel showed in responding to that terrible tragedy.

The commemorative ride, comprised of official and unofficial contingents from departments statewide, will depart from Albany, the Hudson Valley and Long Island on the morning of September 11th and convene in New York City for a memorial ceremony.

To confirm your participation, please email: [9/11MemorialRide@exec.ny.gov](mailto:9/11MemorialRide@exec.ny.gov)

We hope to see you on September 11th - it would be an honor to have you with us.

Sincerely,



## Albany

Time: 7:00 AM

Location: New York State Museum  
222 Madison Ave, Albany, NY

## Hudson Valley

Time: 8:30 AM

Location: Modena Travel Plaza,  
NYS Thruway Milepost  
66 Southbound, Modena, NY 12548

## Long Island

Time: 9:30 AM

Location: Jones Beach State Park

## New York City

Time: 11:00 AM

Location: West Side Parking Lot –  
(Entrance is located on 12th Avenue)  
(Route 9A) between 45th and 46th  
Streets. Access is from the northbound  
direction (Across from the Intrepid).



# Strong Bonds Weekends: For Upcoming Strong Bonds Events Visit:

[www.strongbonds.org](http://www.strongbonds.org)

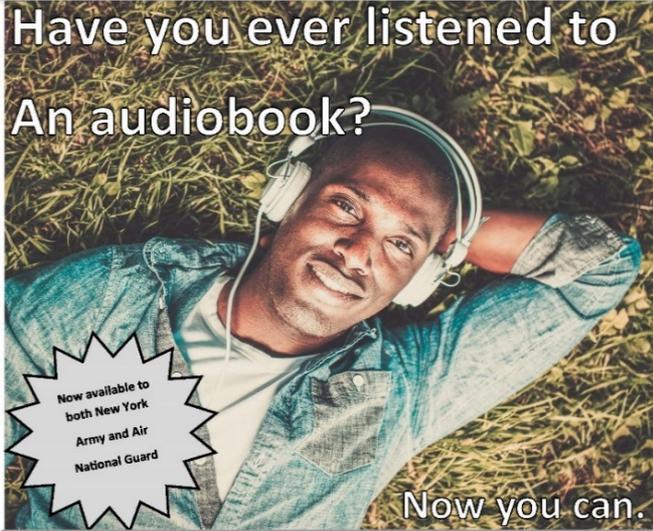
POC: Robert Volk at [Robert.f.volk.mil@mail.mil](mailto:Robert.f.volk.mil@mail.mil)



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Join Operation Homefront,  
Carnival Cruise Line, and  
Carrie Underwood on  
board the new Carnival  
Vista to celebrate  
our military families

[OPERATIONHOMEFRONT.NET/CARNIVAL](http://OPERATIONHOMEFRONT.NET/CARNIVAL)

Service members and their loved ones will enjoy an overnight stay aboard the Carnival Vista with complimentary accommodations, meals, activities and entertainment, including an exclusive mid-afternoon concert by seven-time GRAMMY-award winning superstar Carrie Underwood.

**November 4-5, 2016 | New York City**

<https://operationhomefront.formstack.com/forms/carnivalcruises2016>



## Toll Free Family Programs Line: 1-877-715-7817

Website: [www.dmna.state.ny.us/family](http://www.dmna.state.ny.us/family)

Complaints or concerns:

[NYNGFAMILYPROGRAMS COMPLAINTS@GMAIL.COM](mailto:NYNGFAMILYPROGRAMS COMPLAINTS@GMAIL.COM)



**MWR Saratoga Springs  
Community Recreation Center  
3569 Galway Road Ballston Spa,  
New York 12020  
(518) 885-5138 x1  
www.navymwrsaratoga.com/**



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**2017 Winter Outdoor Survival Camp**  
For Military Youth ages 14-18.

**February 19-24, 2017**



Cornell University  
Cooperative Extension  
Jefferson County



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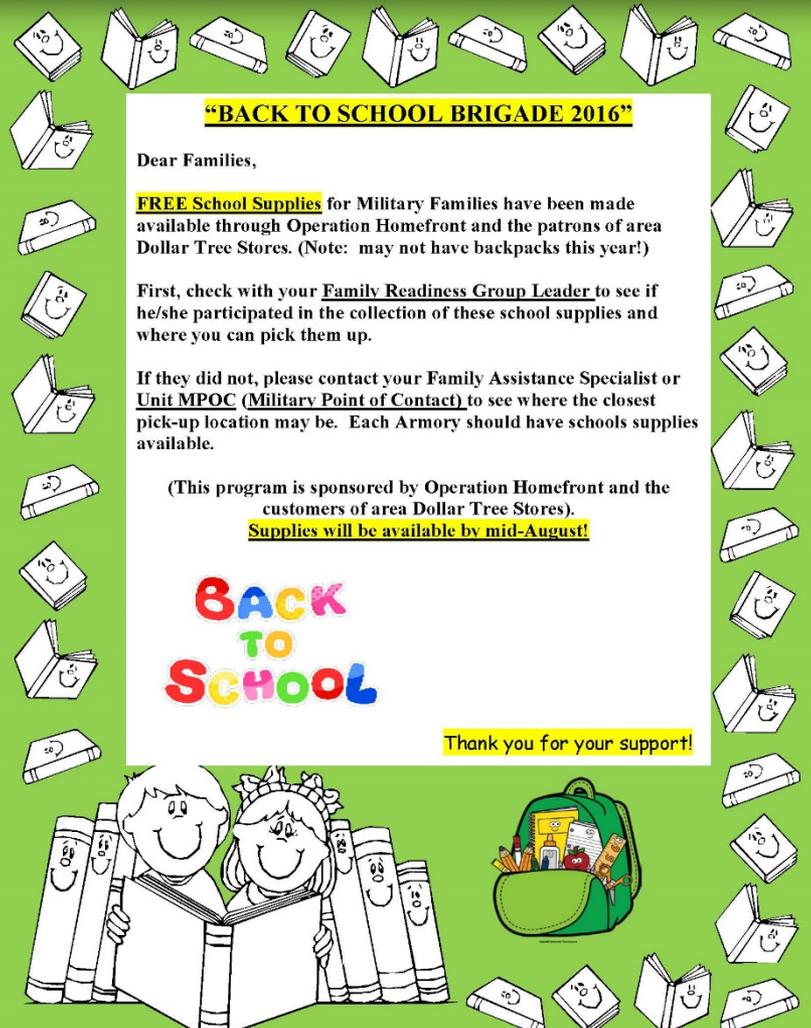
**\$40.00  
registration fee**



For more information call  
Lisa Vaughn at (315) 788-8450.

Register online at: [https://reg.cce.cornell.edu/2017Winter\\_Outdoor\\_Survival\\_Ca\\_222](https://reg.cce.cornell.edu/2017Winter_Outdoor_Survival_Ca_222)

Cornell Cooperative Extension is an employer and educator recognized for valuing AA/EEO, Protected Veterans, and Individuals with Disabilities and provides equal program and employment opportunities.



**“BACK TO SCHOOL BRIGADE 2016”**

Dear Families,

**FREE School Supplies** for Military Families have been made available through Operation Homefront and the patrons of area Dollar Tree Stores. (Note: may not have backpacks this year!)

First, check with your Family Readiness Group Leader to see if he/she participated in the collection of these school supplies and where you can pick them up.

If they did not, please contact your Family Assistance Specialist or Unit MPOC (Military Point of Contact) to see where the closest pick-up location may be. Each Armory should have schools supplies available.

(This program is sponsored by Operation Homefront and the customers of area Dollar Tree Stores).  
**Supplies will be available by mid-August!**

**BACK TO SCHOOL**

**Thank you for your support!**







## Citizen Preparedness Corps



With severe weather events becoming more frequent and more extreme, it is more important than ever that New Yorkers are prepared for disasters. **The NY Citizen Preparedness Training Program** teaches residents to have the tools and resources to prepare for any type of disaster, respond accordingly and recover as quickly as possible to pre-disaster conditions. The training course will provide an introduction to responding to a natural or man-made disaster. Participants will be advised on how to properly prepare for any disaster, including developing a family emergency plan and stocking up on emergency supplies

**Andrew M. Cuomo**  
Governor

**CONTACT:** Captain Martine J. Davis  
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Office:(646)424-5515  
martine.j.davis2.mil@mail.mil

TSgt Erick Contreras  
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SGT Daniel Messina  
Cell:(518)390-1323  
Office:(646)424-5515  
daniel.p.messina.mil@mail.mil

For additional information, visit  
[www.prepare.ny.gov](http://www.prepare.ny.gov)

## September 2016

- Thursday, September 1, 2016 10:00 AM  
- Staten Island - Fort Wadsworth  
Gateway National Park Service  
120 New York Ave  
Staten Island, NY 10305
- Thursday, September 1, 2016 12:45 PM  
- NYC - JASA/Club 76  
120 West 76th Street  
New York, NY 10023
- Saturday, September 10, 2016 10:00 AM  
- NYC - Bethel Gospel Assembly Church  
Bethel Gospel Assembly Church  
2 East 120th Street  
New York, NY 10035
- Thursday, September 15, 2016 05:30 PM  
- Monroe Co. - Rochester  
Irondequoit Public Library  
1290 Titus Ave  
Rochester, NY 14617

For more events:  
<http://www.dhss.ny.gov/aware-prepare/nysprepare/>

# September Stuff to do:



New York State Fair

Syracuse, NY

Aug 25, 2016 – Sep 05, 2016

[nysfair.ny.gov](http://nysfair.ny.gov)



2016

Hampton Classic

Bridgehampton, NY

August 28 -

September 4

2016 NATIONAL  
BUFFALO WING  
FESTIVAL

Buffalo, NY

Saturday, Sept. 3rd 12 – 9pm

Sunday, Sept. 4th 12 – 7pm

[buffalowing.com](http://buffalowing.com)



THE ADIRONDACK  
BALLOON FESTIVAL

Queensbury, NY

September 22-25, 2016!

[adirondackballoonfest.org](http://adirondackballoonfest.org)



12th Annual Lowville Cream  
Cheese Festival

September 17th, 2016

11am-6pm

Lowville NY

[creamcheesefestival.com](http://creamcheesefestival.com)

For More Events visit:

[iloveny.com/events](http://iloveny.com/events)



Naples, NY

September 24 & 25, 2016

[naplesgrapefest.org](http://naplesgrapefest.org)

# Contact your Personal Financial Counselor to discuss the new Blended Retirement option. PFC Services are FREE, Private and Confidential

Adam R. Stevens ChFC®  
Personal Financial Counselor  
DMNA  
330 Old Niskayuna Road  
Latham, NY 12110-2226  
Phone: (518)258-2720  
[PFC1.NY.ANG@zeiders.com](mailto:PFC1.NY.ANG@zeiders.com)

Frederic Soule, CFP®  
Personal Financial Counselor  
New York, New York National Guard  
(347)525-4265  
[PFC2.NY.ANG@zeiders.com](mailto:PFC2.NY.ANG@zeiders.com)

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571-284-8230



## The U.S. Armed Forces Blended Retirement System *At a Glance*

### Saving with the New Blended Retirement System

The FY16 National Defense Authorization Act provides our military force with a modernized retirement plan built for retirement savings. Beginning in 2018, our service members can gain **automatic and matching Thrift Savings Plan contributions** as well as mid-career **compensation incentives** plus a monthly **annuity for life**. All service members under the current system are grandfathered into today's retirement system.

#### Today's Retirement System:



**2.5% x Years Served x Retired Pay Base**  
after completing 20 years of service

#### 1 Automatic and Matching Contributions Seen Immediately



| You Contribute | DoD Auto Contribution | DoD Matches | DoD Total |
|----------------|-----------------------|-------------|-----------|
| 0%             | 1%                    | 0%          | 1%        |
| 1%             | 1%                    | 1%          | 3%        |
| 2%             | 1%                    | 2%          | 5%        |
| 3%             | 1%                    | 3%          | 7%        |
| 4%             | 1%                    | 3.5%        | 8.5%      |
| 5%             | 1%                    | 4%          | 10%       |

The DoD automatically adds **1%** of your basic pay to your **Thrift Savings Plan** after **60 days of service**.  
You'll see matching contributions at the start of 3 through the completion 26 years of service, and...

**You're fully vested—**  
**it's yours to keep—at the beginning 3 years**  
**of service and goes with you when you leave.**

#### 2 Continuation Pay

Received once you complete 12 years of service



You'll receive a **cash payment** at the completion of **12 years of service** if you've made the choice to stay in uniform for 4 more years.

Active Component—2.5 months of basic pay  
Reserve Component—0.5 month of basic pay

#### 3 Annuity

Gained after completing 20 years of service



Calculate your **retired pay base** by **averaging the basic pay** of the **highest rank you held for 36 months**. You'll gain this monthly annuity for life after completing 20 years of service.

### Options for Collecting Your Retirement Pay

#### Active Component

Full retired pay

#### Reserve Component

Full retired pay beginning at age 60\*



\* Could be earlier based on credited active/inactive service



### Effective Date of the New System

► **After January 1, 2018**, you'll be automatically enrolled in the Blended Retirement System (BRS)

► **After January 1, 2006, but before January 1, 2018** you'll have the choice to enroll in the Blended Retirement System or remain in today's current retirement system

► **Before January 1, 2006**, you'll be grandfathered and remain in today's current retirement system

**Your Retirement System**  
*If you joined the service...*

Additional information coming soon.

Sources: Sections 631, 632, 633, 634, and 635 of the FY 2016 National Defense Authorization Act, passed in both chambers of Congress.

# KID'S Corner



## Instructions:

- Remove the paper wrappers on all the crayons.
- Separate the crayons into color groups. Try throwing gold or silver pieces in with another color, this will put streaks of gold or silver throughout the other color. Play with your color combinations and see what happens.
- **Adult task:** Preheat the oven to 275 degrees F.
- Break all the crayons into 1/2 inch to 1 inch pieces.
- Place enough crayon pieces into each silicone cup so that the bottom is covered. Each cup will be filled about 1/3 of the way up.
- **Adult task:** Place the mold into the preheated oven for 8-10 minutes.
- **Adult task:** When the crayons have melted completely, take them out of the oven. Set the mold on a cooling rack for 10 minutes, then place in the freezer for another 15-25 minutes or until the crayons have re-solidified.
- When the crayons are solid, gently push them out of each cup in the silicone mold.
- Now you have brand "new" crayons. This is a very thrifty and fun craft! You'll be sure to have the coolest crayons in the class. These also make great gifts for children and adults alike!

**Have an adult help with this one!**

## Craft: Fun Star Crayon

### Supplies:

- Old crayons separated by color
- Silicone star baking cups

