



The New York Minute “All the News you Need to Know – In a NY Minute”

AUG 30, 2013

THE ARMY STRONG BONDS PROGRAM

What is the Strong Bonds program?

Strong Bonds is a chaplain-led program for commanders which builds relationship resiliency. The Strong Bonds mission is to increase Soldier and Family readiness through relationship education and skills training.

Attendees voluntarily participate in a Strong Bonds offsite retreat format designed to maximize relationship training impact. The retreat or “get away” provides an emotionally safe and secure training environment in which to address the effect of military lifestyle stressors.

The Strong Bonds Program Covers the Cost of the Hotel for Two Nights (Friday and Saturday) and Covers Three Meals over the Weekend (Breakfast, Lunch and Breakfast). Child Care is provided for Couples and Family Events. The Strong Bonds Program does not cover the Cost of travel associated to attend the event.

Upcoming events:

September 6-8 2013 Families Strong Bond Event

Military Families event
7 Habits to an Effective Military Family”
Location: TBD- Binghamton Area

42nd CAB/642 Families Strong Bond Event

September 20-22 2013
7 Habits to An Effective Military Family ”
Location: Holiday Inn Albany Address is 205 Wolf Road Albany, NY 12205

MUST REGISTER @ www.strongbonds.org -
Under National Guard, Families, New York
NLT 12th SEPTEMBER 2013

For more information contact: 1LT Mark Getman @
email: Mark.H.Getman.mil@mail.mil
Or Call (347)-768-1656



Resilience
When nothing in life seems to be going right....
.....Go Left!

What's to do this Labor Day Weekend?

www.iloveny.com is celebrating Labor Day

BLUE STAR MUSEUMS program ends after Labor day

NEW YORK STATE FESTIVAL OF BALLOONS

Aug 30,31,Sept 1,2 Dansville Municipal Airport Dansville NY

THE GREAT NEW YORK STATE FAIR where you can “Share The Bounty and Pride of New York!” through September 2, Route 690 just West of Syracuse

COLUMBIA COUNTY FAIR Chatham, NY

THE GREAT SCHAGHTICOKE FAIR Schaghticoke, NY

NEW YORK RENAISSANCE FAIRE – Tuxedo Park, NY

RICHMOND COUNTY FAIR – Staten Island

LABOR DAY BBQ - Fort Hamilton Community Club For more information and reservations, call (718) 765-7368

GREAT NORTH RIVER TUGBOAT RACE AND COMPETITION

Piers 83 and 84, at the Hudson River and West 43rd and 44th Streets. Following a parade at 10 am

FREE 6TH ANNUAL SARATOGA BLUES CELEBRATION

Sat, Aug 31, 2013 until Sun, Sep 1, 2013 | 6:00 PM to 11:00 PM
543 Broadway, Saratoga Springs, NY

FAMILY FUN FEST AT SARATOGA RACE COURSE

Sun, Sep 1 - Mon, Sep 2 Saratoga Race Course, Saratoga, NY
Families will enjoy an afternoon of kid-friendly activities in the backyard at the Family Fun Fest, which benefits the Ronald McDonald House Charities of the Capital Region.

Position now open to fill a contract vacancy in the Family Readiness Support Assistant (FRSA) Program in the Buffalo Region.
All interested please visit :



<https://dmna.ny.gov/jobs/jobs.php?id=nyng>

Time to start a BACK TO SCHOOL plan.....

Remind your children that each year is **A fresh NEW start.**

& you remember to **Celebrate THE FirST WEEK of school**

SITTERCITY BACK TO SCHOOL PROGRAM:
 Back to School season has arrived! The Department of Defense has paid for your Sittercity membership to help you meet your family's care needs. Find local sitters and nannies in your neighborhood. Military families can activate their fully paid membership at www.sittercity.com/DoD. Get started today! If you have any questions, feel free to contact jennifer.r.armstrong2.civ@mail.mil



http://www.nyfrc-inc.org/run_reg.html

Are you registered on Joint Services Support web portal ? It is the National Guards website for Military Families, Community Support organizations, volunteers, <https://www.jointservicessupport.org/Default.aspx>

Are you, a member of your unit, or your family unemployed or under employed?

Have you put in your training , meeting and Volunteer hours on Your JSS Activity Tracker? <https://www.jointservicessupport.org/Default.aspx>

iPhone app <https://itunes.apple.com/us/app/new-york-national-guard-job/id651702318?mt=8>

Have you received your children's' FREE School supplies?

Operation Homefront & Dollar Tree Stores have once again held the Back to School Brigade Program . Military Families of Service Members **E6 and below** are encouraged to contact your FRG Regional Family Assistance Specialist or Regional Family Readiness Support Assistant to make arrangements to pick up School Supplies for your Children. Contact your FRG/FAC Jeanna Clark jeanna.c.clark.ctr@mail.mil or FRSA Laraine Figliuolo laraine.h.figliuolo.ctr@mail.mil

CALENDAR OF EVENTS	
HAVE SAFE RESPONSIBLE FUN THIS LABOR DAY WEEKEND!	
2 SEP	LABOR DAY
SEP 6	STRONG BONDS EVENT Binghamton 8 HABITS FOR ARNG FAMILIES http://goo.gl/Nmt1LU
7 SEP	Post-Deployment 30 day : Newburgh - 105 AW https://www.yellowribbonevents.org/Events/EventRegistrationRequest.aspx?Mode=AddNew&Id=93F050E2-7459-4B5B-95B7-4B7578A8A525
8 SEP	42nd CAB & 3-142nd AVN and Det 20, OSA Pre-Mob YR Event, Saratoga Springs https://www.yellowribbonevents.org/Events/EventRegistrationRequest.aspx?Mode=AddNew&Id=EBDF9996-5780-4B4E-91A3-C04C7E325429
13 SEP	Post-Deployment 60 day : Yonkers - 101 SIGNAL BATTALION https://www.yellowribbonevents.org/Events/EventRegistrationRequest.aspx?Mode=AddNew&Id=B9F98E42-C023-41AF-A62E-FBC51E48F8DD
1-30 SEP	INPUT VOLUNTEER HOURS ON JSS https://www.jointservicessupport.org/Default.aspx
14 SEP	Post-Deployment 60 day: 101st ESB (A Co and C Co) https://www.yellowribbonevents.org/Events/EventDetails.aspx?Mode=ReadOnly&Id=0F9D3058-96F6-47EB-A07C-AC365E6CC59B