



# In a New York Minute

"All the News you Need to Know – In a NY Minute"

FEB 22, 2013



## NY NATIONAL GUARD FRG VOLUNTEERS

Be on the lookout! Dates and locations for Regional Volunteer trainings throughout NY are going to be announced soon. Watch for more information in upcoming editions of "In a NY Minute" and information coming to you from your FRSA.

**Lunch n' Learn mark your calendars** Scheduled topics include:

### 2/28 Life Insurance

- Attendance is voluntary on your own time
- Lunch will NOT be provided

Every **Thursday 1200 -1230** at JFHQ, in classroom 2 Personal Financial Counselor , Adam Stevens will give a brief presentation followed by a question & answer session.

- Bring
- ✓ your lunch
  - ✓ Questions
  - ✓ coworkers
  - ✓ notebook & pen



Comments, questions, or suggestions; Adam Stevens (518)786-0406 or [astevens@mflc.zeiders.com](mailto:astevens@mflc.zeiders.com)



## Female Veterans & Service Members

### WNY Resources Summit

**Saturday April 13, 2013**

10 a.m. to 2 p.m.

Medaille College Buffalo

*Catered Lunch, Refreshments, Door Prizes*

Bring your DD-214 For Information call 716-515-5844

## \$\$\$ TAX SEASON IS UPON US \$\$\$

### Who is preparing your taxes for filing?

**Military OneSource** has launched its **no-cost Tax Preparation and Filing Program**. To access this program, you must use the portal on the Military OneSource homepage [www.militaryonesource.mil](http://www.militaryonesource.mil)

## Meet your Senior FRSAs:

The Family Readiness Support Assistants (FRSA) Mission statement is — *To empower commanders in their duty to deliver the Total Army Family Program so that Soldiers and Families are entitled, informed, educated, assisted, and made ready for the unique demands of military life before, during, and after deployment.*"

*The Senior FRSA supports all FRSA, volunteers and units by providing training, tools and resources that sustain the Family Readiness Program throughout NY.*

### Senior FRSA

Stephanie Duell  
Latham, JFHQ/DMNA  
(518) 786-4774  
BB (518) 391-8646  
[stephanie.duell@us.army.mil](mailto:stephanie.duell@us.army.mil)

### Senior FRSA

Laraine Figliuolo  
Ronkonkoma  
(631) 471-0909  
BB (518) 588-4931  
[laraine.figliuolo@us.army.mil](mailto:laraine.figliuolo@us.army.mil)

## Our Military Kids looks forward to recognizing our littlest warriors for their service to our country!

Children ages 3 to 18 whose parent is currently deployed overseas Our Military Kids wants to help your family through this deployment. Grants up to \$500, will pay up to six months of an extracurricular activity of your choice. Visit our website for the application, send it to us with

### copies of:

- ~Title 10 deployment orders
- ~ID for your child that proves dependency to the service member (Military ID, birth certificate, or form 1172)
- ~Fee/pricing information that clearly states the cost of the activity - a flyer, brochure, invoice, etc.

Information & Application

[omkinquiry@ourmilitarykids.org](mailto:omkinquiry@ourmilitarykids.org)



## NYS Operation: Military Kids Military Youth Summer Residential Camp

### Who: Military youth Age 10-16

(priority goes to geographically dispersed, wounded warriors, fallen warriors, and Veterans who meet criteria) Youth must be age 10 by start of camp

### Where: 4-H Camp Wabasso

### When: July 21-26

### Cost: \$25 registration fee (non-refundable)

For more information or to request a registration packet please contact Megan Miller (315) 788-8450 ext. 254 [mbm243@cornell.edu](mailto:mbm243@cornell.edu)



## CALENDAR OF EVENTS

**TRACK VOLUNTEER ACTIVITY** @ <https://www.jointservicesupport.org/default.aspx>

23 FEB	27 <sup>TH</sup> BCT 60 day YR Hotel Albany POC YR Team <a href="mailto:ng.ny.nyarnng.list.yellowribbon@mail.mil">ng.ny.nyarnng.list.yellowribbon@mail.mil</a>
24 FEB	27 <sup>TH</sup> FIN Pre Mob YR La Guardia POC YR Team <a href="mailto:ng.ny.nyarnng.list.yellowribbon@mail.mil">ng.ny.nyarnng.list.yellowribbon@mail.mil</a>
28 FEB	Lunch n Learn 12-1230 Life Insurance JFHQ Classroom 2 POC Adam Stevens <a href="mailto:astevens@mflc.zeiders.com">astevens@mflc.zeiders.com</a>
<b>TRACK VOLUNTEER ACTIVITY</b> @ <a href="https://www.jointservicesupport.org/default.aspx">https://www.jointservicesupport.org/default.aspx</a>	
2 MAR	27 <sup>TH</sup> BCT 30 day YR event White Plains POC YR Team <a href="mailto:ng.ny.nyarnng.list.yellowribbon@mail.mil">ng.ny.nyarnng.list.yellowribbon@mail.mil</a>
3 MAR	27 <sup>TH</sup> BCT 60 day YR event White Plains POC YR Team <a href="mailto:ng.ny.nyarnng.list.yellowribbon@mail.mil">ng.ny.nyarnng.list.yellowribbon@mail.mil</a>
3-8 MAR	RTA/ASIST training Camp Smith, POC SFC Melissa Guckian <a href="mailto:melissa.s.guckian.mil@mail.mil">melissa.s.guckian.mil@mail.mil</a>
5-7 MAR	VOW ACT Employment Training Buffalo, POC Bob VanPelt <a href="mailto:robert.w.vanpelt.civ@mail.mil">robert.w.vanpelt.civ@mail.mil</a>
9 MAR	27 <sup>TH</sup> BCT 30 day YR event Rochester POC YR Team <a href="mailto:ng.ny.nyarnng.list.yellowribbon@mail.mil">ng.ny.nyarnng.list.yellowribbon@mail.mil</a>
10 MAR	27 <sup>TH</sup> BCT 60 day YR event Buffalo POC YR Team <a href="mailto:ng.ny.nyarnng.list.yellowribbon@mail.mil">ng.ny.nyarnng.list.yellowribbon@mail.mil</a>
23 MAR	11-1 pm Children's Easter Party Stewart ANGB Newburgh POC Jeanne Dion <a href="mailto:Jeanne.Dion@ang.af.mil">Jeanne.Dion@ang.af.mil</a>
24 MAR	27 <sup>TH</sup> BCT 30 day YR event Albany POC YR Team <a href="mailto:ng.ny.nyarnng.list.yellowribbon@mail.mil">ng.ny.nyarnng.list.yellowribbon@mail.mil</a>
7 APR	Post Yellow Ribbon - West Point <a href="http://goo.gl/YBdUj">http://goo.gl/YBdUj</a> POC Jeanne Dion <a href="mailto:Jeanne.Dion@ang.af.mil">Jeanne.Dion@ang.af.mil</a>
8-12 APR	Transition Assistance (GPS TAP) - Stewart ANGB, Newburgh POC Jeanne Dion <a href="mailto:Jeanne.Dion@ang.af.mil">Jeanne.Dion@ang.af.mil</a>
7-12 APR	RTA/ASIST training Camp Smith, POC SFC Melissa Guckian <a href="mailto:melissa.s.guckian.mil@mail.mil">melissa.s.guckian.mil@mail.mil</a>
16- 18 APR	Basic Motorcycle Course - Learn to ride and get your license. - Stewart ANGB, Newburgh POC Jeanne Dion <a href="mailto:Jeanne.Dion@ang.af.mil">Jeanne.Dion@ang.af.mil</a>



<https://dmna.ny.gov/jobs/jobs.php?id=nyng>  
Weekly Update

**Veterans Job Fair March 14 10A - 3P  
ALBANY STRATTON VA CAMPUS**

Parking available in Albany Med Garage  
Open to Active Duty Service Members, Reservists,  
National Guard, and Veterans of all Eras  
Please bring Resume, VA / Military ID and / or DD214

**Join us for this free informational webinar**  
“ How to Demonstrate Your Value in the Civilian Job Market”  
**Wednesday, March 6 / 7 to 8 pm ET**

- Identify your interests, skills, values, and strengths
  - Assess your transferable skills
  - Translate your military language and experience for the civilian job market
  - Create an “Elevator Speech”
- Center for Military Education  
Excelsior College <http://www.excelsior.edu/military>

**Farm to Fork**

Food Service Technician Boot Camp for Veterans or Spouses March 18 – April 5 Start a career in the food industry by becoming a professionally trained food service technician!

**Tuition funding provided by a Farm to Fork grant**

Schedule an informational interview at the Veterans Outreach Center : 585-546-4250



Daughters of U.S. and Canadian Military, ages 13 – 18, have been invited to sail with Sisters Under Sail aboard Tall Ship Unicorn this summer to honor their parents' service for our countries. *Sisters Under Sail*, a non-profit organization dedicated to teaching teen girls leadership skills and life lessons through sail training, is the only all-female crewed tall ship in the world. *Sisters Under Sail* and its sponsorship partners will award 6 U.S. and 6 Canadian scholarships to eligible teens for a 2-week passage and the adventure of a lifetime. If you have any questions about the program or application process, contact Dawn Santamaria at [dawn@sistersundersail.org](mailto:dawn@sistersundersail.org) 908-256-6758. website [www.sistersundersail.org](http://www.sistersundersail.org)