



The New York Minute

"All the News you Need to Know – In a NY Minute"

Thank You to All of the Military Families

November is Military Family Appreciation Month

All of us at the New York National Guard Family Programs Office would like to take this opportunity to say THANK YOU to all Military Families. Through our work we get the honor to support our nation's Service Members and their loved ones. We enjoy the privilege of meeting and working with the spouses, significant others, parents, grandparents, aunts, uncles, brothers, sisters, sons, and daughters that make up the Military Families of the New York National Guard.



Military Family Appreciation Month History

"Military Family Appreciation Month was established in 1993 by the Armed Services YMCA (ASYMCA), with the U.S. Government recognizing the occasion every year since. Annually, the President signs a proclamation declaring November Military Family Month. During his 2012 Proclamation speech, President Obama said that our nation owes 'each day of security and freedom that we enjoy to the members of our Armed Forces and their families. Behind our brave service men and women, there are family members and loved ones who share in their sacrifice and provide unending support.' This annual proclamation marks the beginning of a month-long celebration of the Military Family in which the Department of Defense and the nation will honor the commitment and sacrifices made by the families of the nation's service members." (From <http://www.military.com/military-family-appreciation-month>)

Daylight Savings Time Ends This Weekend Sunday, November 3rd

Daylight saving time ends at 2:00 a.m. on Sunday, November 3rd. Here are some helpful tips to try as you go through your home setting your clocks back one hour:

- ✓ Change the batteries in your home's smoke and carbon monoxide detectors
- ✓ Replace the light bulbs in the lamps and light fixtures. Don't forget your outdoor light fixtures (i.e./ porch light)
- ✓ Check to see if the fire extinguishers in your home are working and/or need recharging



Organizations in the Community Seeking a Chance to Say THANK YOU this Holiday Season

Family Programs has been asked by several organizations if we can help them say **THANK YOU** to our Military Families with Thanksgiving and Holiday treats. PLEASE HELP us to identify Military Families in NY that would be gracious enough to accept these generous gifts, please contact our Family Assistance Coordinator Jeanna Clark. ALSO, you can be a good friend to your Community and fellow Guard Families. If you know of a Community Organization that is interested in gifting a Military Family over the Holidays anytime between Thanksgiving and New Years Please contact our Family Assistance Coordinator, Jeanna Clark jeanna.c.clark.ctr@mail.mil

Websites Offering Unique Programs for Service Members and their Families

The Military Wallet

This private personal finance website for Service Members and their Families has links to lots of benefits and freebies such as year-round free passes to all 397 U.S. national parks, along with free admission to places such as SeaWorld and Busch Gardens. They also link you to discounts on cell service. Visit www.TheMilitaryWallet.com.

Tutor.com

This great service funded by the DoD provides free online tutoring to children in grades K-12. Students can access professional tutors, 24/7, in more than 16 subjects including test prep, proofreading, math, science, English and social studies. Go to www.Tutor.com/military or call 800-411-1970

Military.com

This site, run by the parent company of Monster.com, is the nation's largest military and Veteran online news and membership organization. It is a clearinghouse for a variety of news and information along with a plethora of resources. Some of the highlights you will find at www.Military.com are: Monster Veteran Employment Center, Free SAT/ACT Prep Software, and a section devoted to featuring Discount Offers available to Military Service Members and their Families

In Honor of Veterans Day, Companies Offering Special Discounts to Service Members

Restaurants and Retailers around the nation will be offering special discounts and promotions to Veterans and active military service members. Below is a brief listing of companies. A recommendation is to always ask if the business offers a military discount, as participation and restrictions vary per location. Also, they may require proof of military service for Service Members and Dependent ID Cards for Family Members.

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| Applebee's | Anheuser-Bush Parks |
| Chili's | National Park Service |
| Denny's | Big Lots |
| Golden Corral | Cabela's |
| Little Caesars Pizza | Dollar General |
| Outback Steakhouse | K-Mart |
| Subway | Netflix |
| Uno Chicago Grill | Sports Authority |
| The Home Depot | Tim Hortons |
| Lowe's | |



CNY Veterans Parade & Expo- The 6th annual CNY Veterans Parade and Expo, will be held at the NYS Fairgrounds Center of Progress Building on Saturday, November 9, 2013 from 10:00a.m. - 3:00p.m. The CNY Veterans Parade, kicking off at noon, will have about 90 participating groups this year, including the 10th Mountain Division, the 174th Fighter Wing and high school marching bands. Veterans Organizations from across Central New York and as far away as Utica, Rochester, and Watertown will be participating. For more information visit <http://www.cnyveteransparade.org/>

MILITARY APPRECIATION and FAMILY DAY

Saturday November 9th / 1pm-3pm

Free Open Skating **Free** Ice Hockey **Free** Sled Hockey
Free Food Bring your family and friends to try your hand at Ice Hockey, Ice Skating or Sled Hockey
****Equipment will be provided as needed**
 2607 Niagara St. Buffalo RSVP trunzofm@gmail.com
 716-213-8104



What: The GIs of Comedy Live TV Taping – Task Force: Funny Tour 2013 – Stand up Comics. All Veterans.
Still Serving Their Country. One Joke At a Time.
When: Saturday, Nov. 2, 2013 - Arrival for seating: 1700 hrs, show starts at 1900 hrs.
Why: Filming a TV special for broadcast television as well as distribution by DVD to deployed troops OCONUS. <http://www.gisofcomedy.com>



Visit the New York National Guard Job Zone online at <https://dmna.ny.gov/jobs/jobs.php?id=nyng> to see new job postings.

To download the Job Zone App for iPhone visit: <https://itunes.apple.com/us/app/new-york-national-guard-ob/id651702318?mt=8>

CALENDAR OF EVENTS	
	INPUT VOLUNTEER HOURS ON JSS https://www.jointservicessupport.org/Default.aspx
1-30 NOV	MILITARY FAMILY APPRECIATION MONTH
2-3 NOV	F/1-169 AV 30/60 Day YR Event, Rochester https://www.yellowribbonevents.org/Events/EventDetails.aspx?Mode=ReadOnly&Id=5D1606EE-1A2B-43CB-9F5E-DA5AD9FB0ABC
3 NOV	Daylight Saving Time Ends, Fall back 1 hour
6 NOV	VETERAN'S DAY LUNCHEON <i>Turkey dinner with all the fixings</i> 11:00 a.m. – 12:30 QUESTAR III RENSSELAER EDUCATIONAL CENTER 35 COLLEEN ROAD, TROY, NY 12180 reservations please call 518-273-2264 or rcollins@questar.org
8 NOV	Operation. COM Children of the military meeting WNY VET One-Stop Center 6pm mcparlane@eriemha.org
10 NOV	Veterans Day 5K to benefit Operation Adopt a Soldier Saratoga Springs www.iaff343.org
11 NOV	VETERANS DAY
18-20 NOV	The Welcome Home Initiative : Saratoga Springs register: welcomhome@byhiswoundsministry.org
22 NOV	Operation. COM Children of the military meeting WNY VET One-Stop Center 6pm mcparlane@eriemha.org
28 NOV	THANKSGIVING

Have News You Would Like to See in The NY Minute? Send it to SFRSA Stephanie Duell at stephanie.m.duell.ctr@mail.com or FRSA Cynthia Roberson-VanLaningham at cynthia.m.roberson-vanlaningham.ctr@mail.mil