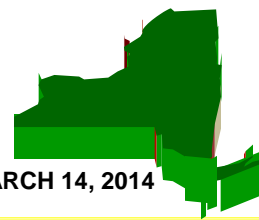




In a New York Minute

'All the News you Need to Know – In a NY Minute'



MARCH 14, 2014

NOMINATION PERIOD CLOSSES TODAY

NYNG State Family Programs Office 2013 Volunteer and Youth Awards
See pages 3&4 for information and nomination forms

This is your **LAST** opportunity to nominate an outstanding
Volunteer, Service Member, and Community Organization

ARMY PARENTS AND FAMILIES, DO NOT MISS THIS IMPORTANT NOTICE: If you use or need information on the Army fee assistance program for childcare (formerly NACCRA)

Join us for an informational presentation on :

The Army Fee Assistance Program Transition

Wednesday, March 26, 2014 3:00 PM - 4:00 PM Eastern

Space is limited. Reserve your Webinar seat now

<https://www2.gotomeeting.com/register/214387690>

After registering you will receive a confirmation email containing information about joining the Webinar.

In addition you can find information about the transition at www.armyfeeassistanancenaccra.org

Comprehensive Soldier & Family Fitness (CSF 2) theme for March is **Spiritual Fitness**

? What is Spiritual Fitness?

Spiritual Fitness is not necessarily about Religion

- your personal beliefs and values may include religion, but they may not.
- **Spiritual fitness** develops the personal qualities needed to sustain us in times of danger, hardship and tragedy
- The Military expects Service members to live my core values , which are the moral foundations of good citizenship and character
- Spiritual qualities form the basis of character, decision –making and INTEGRITY
- Chaplain are non-denominational and highly experienced counselors

Spiritual Fitness is strengthening a set of beliefs, principles or values that sustain a person beyond the support of Family and friends:

Engage in activities that strengthen character & values as well as strengthen inner-self to build confidence.



This year's workshops are open to Air and Army National Guard Volunteer and Youth. These workshops meet the annual requirements for training to make an FRG Green. The theme for the

Workshop this year is **"Health and Wellness."** During the General Session, we will have guest speakers and discuss topics of interest to the NYNG. The Workshop will include volunteer annual training sessions, an awards ceremony to recognize our adult and teen volunteers, youth/teen training, and a Question and Answer panel. There will also be a Provider Forum for you to meet with some organizations that support Military Families.

The NYNG Youth (ages 6-18) will be attending an off-site facility for a one-day event, challenging their strength, balance and agility while providing team-building experiences. The youth will have the potential to conquer their fears and get an adrenaline rush while experiencing obstacles which will offer a sense of accomplishment with each element they complete. Some of the personal rewards your children can achieve are: acquiring self worth, competence, judgment and decision making, and effective communication. For children that are between 0-5 years old, childcare will be provided at the Workshop hotel. To reduce the travel burden of attendees we will be hosting two identical Workshops. Workshops will be held:

Westchester County <http://alturl.com/dvy34>

Saturday, 5 April thru Sunday, 6 April 2014

Syracuse <http://alturl.com/6b406>

Saturday, 17 May thru Sunday, 18 May 2014

Please attend nearest to your Home of Record

CALENDAR OF EVENTS

14 MAR	STATE FAMILY PROGRAMS AWARDS NOMINATIONS CLOSE
17 MAR	 ST PATRICKS DAY 
27 MAR	HIRING OUR HEROES VETERANS EVENT 68 Lexington Ave For registration questions, please contact us at hiringourheroes@uschamber.com or call 202-463-5807
28-30 MAR	STRONG BONDS Family Event NYC/Long Island POC Mark.H.Getman.mil@mail.mil
5 APR	Gold Star Wives Day Remember ~ Respect ~ Honor
5-6 APR	Annual Volunteer Training and Youth Symposium Westchester County, NY http://alturl.com/dvy34
15 APRIL	LAST DAY TO FILE YOUR STATE AND FEDERAL TAX RETURNS
20 APR	EASTER SUNDAY
26 APR	Military Kid Day Strong Museum of Play REGISTRATION REQUIRED (315) 788-8450 / eaf235@conell.edu
17-18 MAY	Annual Volunteer Training and Youth Symposium Syracuse NY http://alturl.com/6b4o6

WHO'S NEW IN FAMILY PROGRAMS

✓ Nichole Pease
 Family Assistance Specialist
 Camp Smith 914-944-6952
nichole.l.pease.ctr@mail.mil




✓ Fernando Verde
 Temporary Family Readiness Support Assistant
 Ft Hamilton 347-569-8047



The weather really is beginning to break here in the Great North East. Daylight is longer everyday. Its time to don your walking shoes and get outside even Ten minutes a day can improve you overall health

Military Children's Day with Albany County Sheriff's Office
 Wednesday, April 16th 9:00 AM-4:00 PM
 Join us for a day of exploring the behind the scenes work of police officers in your community! The program is **FREE OF CHARGE** for children of our service men and women, military families and veterans. This event is sponsored by the Albany County Sheriff's Office and the American Red Cross of Northeastern New York.
SPACE IS LIMITED. REGISTRATION IS REQUIRED.
 To register, contact Dianna Rios at the American Red Cross at (518) 694-5160 or Dianna.Rios@redcross.org

Joint Family Support Assistant Program (JFSAP) Newsletter <http://goo.gl/YKEC4I>


File your 2013 TAX returns FREE with Military OneSource <http://goo.gl/pkhFLK>




MWR Newsletter <http://goo.gl/4LrBSK>

Horse Sense Program ~ Day for Military Children
 Join us at Victoria acres equine facility, inc. For an exciting day to learn everything about horses from hooves to ears and spend a day on the farm.
TUESDAY April 15 10:00 AM TO 4:00 PM
 Registration and liability release forms will need to be completed for each participant 518-813-8805 or VictoriaAcresEquineFacility@hotmail.com



NEW YORK NATIONAL GUARD 
JOB ZONE DMNA.NY.GOV/JOBS

View job postings & Career Fair info
<https://dmna.ny.gov/jobs/jobs.php?id=nyng>



**New York National Guard
State Family Programs Office
2013 Volunteer and Youth Awards
Nomination Form**

Nominations are due no later than 14 MAR 2014

Please see the attached award category descriptions and select the award below:

Army Guard

- Service Member Volunteer of the Year
- Military Point of Contact of the Year
- Unit Commander of the Year
- Volunteer of the Year
- FRG of the Year
- Community Organization

Air Guard

- Airman Member Volunteer of the Year
- Military Point of Contact of the Year
- Wing Commander of the Year
- Key Volunteer of the Year
- FRG/Key Volunteers of the Year
- Community Organization

Nominee's Name _____ **Rank (if applicable)** _____
Army or Air _____
Phone Number _____
Email Address _____
Unit Name and Address _____

Nominator's Name _____ **Rank (if applicable)** _____
Phone Number _____
Email Address _____
Unit Name and Address _____

Accomplishments of the Nominee (be specific)

Send completed form to: Larry Linville, FRSA at larry.d.linville.ctr@mail.mil or SSG Peek, Wess, Family Programs Admin Assistant at wess.l.peek.mil@mail.mil or fax to 518-786-6075

Family Programs staff will complete the following:
Date Received _____ by _____



**New York National Guard
State Family Programs Office
2013 Volunteer and Youth Awards Nomination Categories**

NOMINATIONS ARE DUE NO LATER THAN 14 MAR 2014

Award Categories:

Military Point of Contact of the Year (MPOC) is presented to the service member who consistently displays outstanding leadership as a liaison between Family Programs, Family Readiness Groups, and Commands. The service member must be appointed on a Duty Appointment Order to be eligible for this award..

Volunteer of the Year is presented to an individual that demonstrates outstanding support to military families. To be eligible, the individual must consistently display generosity that goes above and beyond the act of giving and providing assistance to military families.

FRG of the Year is presented to the most outstanding FRG. To be eligible, they must meet the requirements to be a "green" FRG. Visit the below website for more details on a green FRG. <http://dmna.state.ny.us/family/FRGSCORECARD.pdf>

Community Organization is presented to that organization who has made a significant contribution to the NY National Guard through their volunteerism, support, or monetary contributions (gratuitous volunteers).

Key Volunteer of the Year is presented to an individual that demonstrates outstanding support to unit family members. To be eligible, the individual must consistently display the act of going above and beyond for the unit family members.

If you have any questions regarding the above categories, please contact : Larry Linville, FRSA at larry.d.linville.ctr@mail.mil (518) 588-6662 or SSG Peek, Wess, Family Programs Admin Assistant at wess.l.peek.mil@mail.mil or any State Family Program Office staff member.