



DEPARTMENTS OF THE ARMY AND THE AIR FORCE  
NATIONAL GUARD BUREAU  
111 South George Mason Drive  
ARLINGTON, VA 22204

NGB-SFSS

12 November 2008

MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Memorandum of Instruction (MOI) for ARNG Suicide Prevention Program Training 17-19 March 2009

1. The Suicide Prevention Section of the ARNG-Soldier/Family Support and Services (NGB-SFSS) Division will be conducting suicide prevention program training on 17-19 March 2009. Location for the training is the Army National Guard Readiness Center (ARNGRC) located at 111 South George Mason Drive, Arlington, VA 22204. [Click here for map.](#)
2. This training is ideally suited for State Suicide Prevention Program Managers (SSPPM), Suicide Intervention Officers (SIOs), chaplains and anyone else who is involved in or supports their state's suicide prevention program.
3. Training subjects include: understanding suicide, ARNG suicide prevention program overview and policy, suicide prevention and intervention training programs, Army Peer Suicide Intervention Training certification, how to develop a state suicide prevention program and connecting with federal, state and local resources. For a more complete list, review the attached training schedule.
4. Registration is required for this training. Please complete the enclosed registration form and e-mail it to [marshall.bradshaw@us.army.mil](mailto:marshall.bradshaw@us.army.mil), or fax to 703-607-7182. If you cancel your plans to attend, please let us know by e-mail or calling 703-607-9727/9795.
5. Uniform is ACUs for the duration of training.
6. Rooms are blocked off for lodging at the Residence Arlington Court Suites, 1200 North Courthouse Rd, Arlington, VA 22201. You can call them at 703-524-4000 to make reservations. Make sure you tell them you are with the Army National Guard Suicide Prevention Training to get the government rate. <http://www.arlingtoncourthotel.com/>
7. Parking and local transportation: Transportation to and from the airport will be by metro or taxi. Metro schedules can be found at <http://www.wmata.com/>. Taxi information can be found at these web sites: <http://www.bluetop.com>, and <http://www.dcyellowcab.com>. We will arrange for a shuttle to provide transportation from the hotel in the morning to the ARNGRC, and then back to the hotel in the evening. The first shuttle will pick attendees up at the hotel at 0700 hours on 17 March 2009. Parking at the ARNGRC for visitors, as well as "on the street parking", is very limited so rental cars are not recommended. DC has a robust Metro system which makes getting around to see the sights and enjoying the night life convenient.

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8. ARNG Facilities and Security: Upon entering the building you will be required to show two pieces of ID, and to procure a visitor's badge. If you have a CAC card, your badge will allow you to move about the building without an escort. All training will take place in multipurpose rooms A-B off the atrium on the 1<sup>st</sup> floor. There is a fitness center in the basement of the building for you to use with a large selection of cardio/ weight machines, free weights and other fitness related equipment. All personnel will be required to wear a reflective belt or vest when running outside the facility.

9. Meals: There is a full service cafeteria and a snack bar in the ARNGRC that provide meals and snacks for breakfast and lunch at a reasonable cost. There are also several restaurants within easy walking distance from the hotel for breakfast and dinner.

10. Fees, Orders and Transportation: Orders, travel costs, travel arrangements and per diem costs are the responsibility of the attendee's state or organization. There are no registration fees associated with this training.

11. Point of contact is Master Sergeant Marshall Bradshaw, ARNG Suicide Prevention Program NCOIC, at 703-607-9727, or [marshall.bradshaw@us.army.mil](mailto:marshall.bradshaw@us.army.mil).

- 2 Encls  
1. Registration Form  
2. Schedule

BECHTEL.ASHLEAH.1017120723

ASHLEAH BECHTEL  
LTC, AG  
Chief, Soldier Support Branch

DISTRIBUTION:  
STATE SUICIDE PREVENTION PROGRAM MANAGERS  
JFHQ CHAPLAINS  
FULL TIME SUPPORT CHAPLAINS  
G1  
STATE SURGEONS  
DEPUTY STATE SURGEONS  
SEXUAL ASSAULT PREVENTION RESPONSE COORDINATORS

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**Enclosure 1: REGISTRATION**

Rank/Prefix: \_\_\_\_\_ Name: \_\_\_\_\_

State/Mil Org: \_\_\_\_\_ Job Title: \_\_\_\_\_

Organization: \_\_\_\_\_

What are your duties related to Suicide Prevention? \_\_\_\_\_

\_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Work Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

E-Mail Address: \_\_\_\_\_

Will you have a POV or Rental Car? \_\_\_\_\_

Do you need shuttle service to/from the hotel and the ARNGRC each day in the morning and evening? \_\_\_\_\_

Have you made your hotel reservations yet? \_\_\_\_\_

Arlington Court Suites, 703-524-4000, <http://www.arlingtoncourthotel.com/>

**Please e-mail/Fax this form to MSG Marshall Bradshaw at  
[marshall.bradshaw@us.army.mil](mailto:marshall.bradshaw@us.army.mil),  
Fax: 703-607-9727  
For questions, call 703-607-9727**

**Enclosure 2: Training Schedule**

**Monday, 16 Mar 09**

Travel Day                      En-route to Arlington, VA

**Tuesday, 17 Mar 09**

**Location: ARNGRC, MPRs A-B for all Training**

0700	Shuttle leaves hotel for ARNGRC	
0700 – 0800	Registration	
0800 – 0850	Welcome, Introduction, Administrative business, Overview of Objectives	MAJ Anthony McGinthy
0850 – 0900	Break	
0900 – 0915	ARNG Senior Leadership Welcome	TBD
0915 - 0950	Keynote Speaker	COL Thomas Languirand
0950 – 1000	Break	
1000 – 1025	Suicide – The Problem	MSG Marshall Bradshaw
1025 – 1050	Why commit suicide? Understanding the Suicidal Person	MSG Marshall Bradshaw
1050 – 1100	Break	
1100 – 1125	Goals – Why we do what we do	MSG Marshall Bradshaw
1125 – 1150	Attitudes Matter	MSG Marshall Bradshaw
1200 – 1300	Lunch	
1300 – 1350	ARNG Suicide Prevention Program: The big picture	MAJ Anthony McGinthy
1350 – 1400	Break	
1400 – 1450	ARNG policy and other regulatory requirements	MAJ Anthony McGinthy
1450 – 1500	Break	
1500 – 1550	Communication styles and suicidal people	MAJ Clifford Trott
1550 – 1600	Break	

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1600 – 1645	Army Suicide Prevention/Intervention Training Resources	MSG Marshall Bradshaw
1645 – 1700	Administrative business, closing remarks	MAJ Anthony McGinthy
1710	Shuttle leaves ARNGRC for hotel	

**Wednesday, 18 Mar 09**

0730	Shuttle leaves hotel for ARNGRC	
0800 – 0850	“Army Suicide Intervention Training”	Jim Cartwright, Ph. D. USACHPPM
0850 – 0900	Break	
0900 – 0950	“Army Suicide Intervention Training” Cont.	Jim Cartwright, Ph. D. USACHPPM
0950 – 1000	Break	
1000 – 1050	“Army Suicide Intervention Training” Cont.	Jim Cartwright, Ph. D. USACHPPM
1050 – 1100	Break	
1100 – 1200	“Army Suicide Intervention Training” Cont.	Jim Cartwright, Ph. D. USACHPPM
1200 – 1300	Lunch	
1300 – 1350	Overview: ACE Suicide Prevention Training for Soldiers/Leaders	TBD USACHPPM
1350 – 1400	Break	
1400 – 1450	ACE Suicide Prevention Training For families	Kelly L. Forys, Ph. D. USACHPPM
1450 – 1500	Break	
1500 – 1645	“Beyond the Front” Interactive Video Simulation: Soldier and NCO	Madeline Swann, Ph. D Army Research Lab
1645 – 1700	Administrative Business, Closing Remarks	
1700	Shuttle leaves ARNGRC for hotel	

**Thursday, 19 Mar 09**

0730	Shuttle leaves hotel for ARNGRC	
0800 – 0850	National, State and Local Resources	MSG Marshall Bradshaw
0850 – 0900	Break	

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<b>0900 – 0950</b>	<b>Resourcing and building Cooperative Relationships</b>	<b>Robert Heinssen, Ph. D. National Institute Mental Health</b>
<b>0950 – 1000</b>	<b>Break</b>	
<b>1000 – 1050</b>	<b>Army Suicide Prevention Strategy</b>	<b>Walter Morales Army SPPM</b>
<b>1050 – 1100</b>	<b>Break</b>	
<b>1100 – 1200</b>	<b>SME Panel Discussion – JAG-TBD, MAJ Trott, MAJ McGinthy, Dr Heinssen, USACHPPM Rep – TBD, Walter Morales</b>	
<b>1200 – 1300</b>	<b>Lunch</b>	
<b>1300 – 1350</b>	<b>Building a State Suicide Prevention Program</b>	<b>MSG Marshall Bradshaw</b>
<b>1350 – 1400</b>	<b>Break</b>	
<b>1400 – 1450</b>	<b>State presentations of best practices</b>	<b>CH Lee (MD), CPT Moranti (NH) TBD</b>
<b>1450 – 1500</b>	<b>Break</b>	
<b>1500 – 1550</b>	<b>Soldier/Family Support and Services Division Branch Presentations</b>	<b>LTC Geraldine Shutt</b>
<b>1550 – 1600</b>	<b>Break</b>	
<b>1600 – 1700</b>	<b>Closing remarks, certificates, AARs</b>	<b>Ms Erin Thede</b>
<b>1700</b>	<b>Shuttle leaves ARNGRC for hotel</b>	

**Friday, 20 Mar 09**

**Travel Day            En-route to home station**