Guard En Of Youth

To Support the Social, Emotional, and Academic Needs of National Guard Children and Youth

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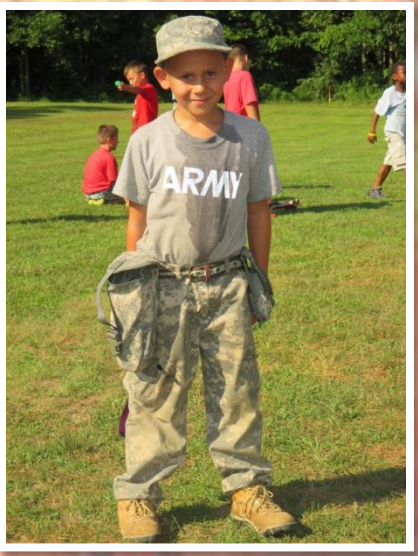

child & youth program
new york national guard

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New York National Guard Youth Program

NYNGCYP

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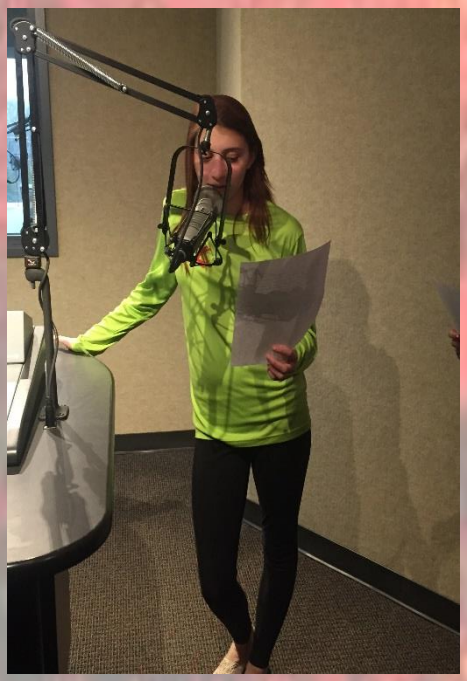
NYNG Youth Program

Region 2 Guard Teen Panel Representative: Alexis Quivey

Alexis Quivey has been selected as the first National Guard Teen from New York to represent Region 2 (New York, New Jersey, Puerto Rico, and the Virgin Islands) on the National Guard Bureau Guard Teen Panel (GTP). GTP is a youth directed, adult facilitated program whose mission is to connect, support, and inspire National Guard Youth. One of the main objectives of GTP is to identify and present top issues surrounding National Guard teens to NGB, and to assist in strengthening State Guard Teen Panels.

Lexy has been a member of Teen Council since the Spring of 2014 and is extremely involved in the program. She consistently volunteers to support Teen Council events and is also very active within her school. Lexy is a 9th grader and is involved in multiple sport and technology clubs. Lexy extends her volunteerism into her school as well, helping with events such as Make a Difference Day which involves helping elderly members of the community with odd jobs around their homes.

Lexi is a proud military child and we cannot wait to see her in action on the Guard Teen Panel!



Annual Teen Council Forum 2015
The Capital Region

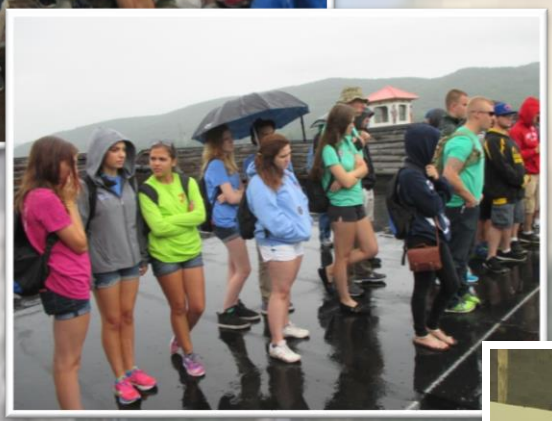
In June of 2015, The New York National Guard Teen Council gathered for the 3rd Annual Teen Council Forum Trip. We had 20 teens from across New York and 6 Chaperones that attended the trip.

This year, the trip spanned various areas of the capital region, combining historical information, team building, and volunteerism into a few short days. Over the course of the trip, the teens visited Fort William Henry in Lake George, took a boat tour on the Minnie-Ha-Ha, volunteered at the Veteran's Miracle Center, attended a Valley Cats baseball game, did team building at the Crossings in Colonie, and toured Saratoga National where they learned about the Battle of Saratoga.

Team Building at The Crossings in Colonie

Annual Teen Council Forum 2015
The Capital District

Touring Fort William Henry in Lake George



Saratoga National

Volunteering at the Veteran's Miracle Center in Albany

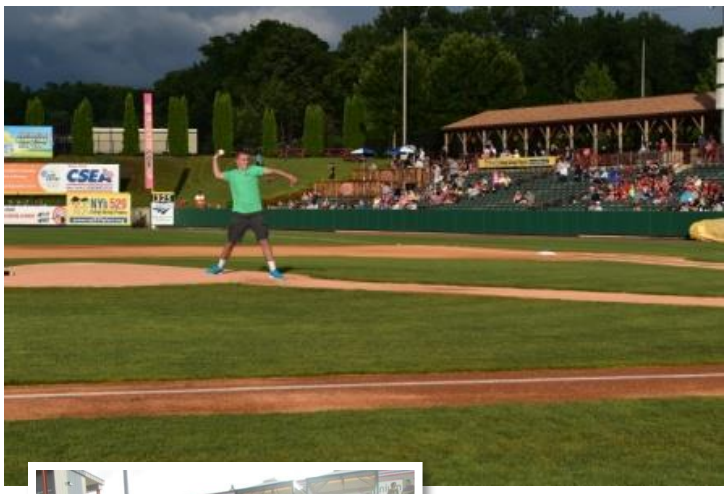
To see all the pictures from the Annual Teen Council Forum please visit and like us on Facebook.

www.facebook.com/NewYorkNationalGuardYouthProgram

like us on facebook

National Guard New York TC Teen Council

Annual Teen Council Forum 2015
The Capital District



Throwing out the first pitch at the Valley Cats game.

Guard En Notes

Event Pictures

105th Galaxy Camp

106th Galaxy Camp

like us on facebook

To see more pictures from Yellow Ribbon and Youth Program Events please visit and like us on Facebook.

www.facebook.com/NewYorkNationalGuardYouthProgram

Guard En Notes Event Pictures

109th Galaxy Camp

Military Teen Camp at Camp Wabasso

like us on facebook

To see more pictures from Yellow Ribbon and Youth Program Events please visit and like us on Facebook.

www.facebook.com/NewYorkNationalGuardYouthProgram

Guard En Notes Event Pictures

Operation Purple Camp

Operation Gold Star Camp

like us on facebook

To see more pictures from Yellow Ribbon and Youth Program Events please visit and like us on Facebook.

www.facebook.com/NewYorkNationalGuardYouthProgram

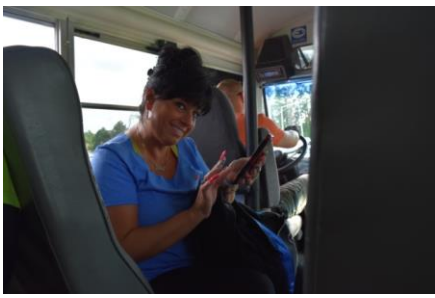
Guard En Notes

Volunteers of the Quarter

The Youth Program and Teen Council wouldn't be what it is without our amazing volunteers. This quarter we want to put the spotlight on four of these special people. Cody Rogers, Cassie Fernandez, Kim Cumberbatch, and Lisa D'Agostino all took on the task of traveling all over the capital region with some of the Teen Council for the 3rd Annual Teen Council Forum Trip. Without their help, this trip would not have been possible!

Cody Rogers is a sergeant in the New York Army National Guard and has been enlisted for five years. Cody has worked for Family Programs for the past three years and is always willing to help with Youth Programs and Teen Council. He was a great asset to the Forum Trip this year and we truly appreciate his help!

Lisa D'Agostino is the Airman and Family Readiness Manager at the 106th Rescue Wing in Long Island. Lisa is also a proud military wife, mother of five wonderful children, and a Teen Council mom. Lisa was a huge help on the Teen Council trip and her outgoing personality made all of the teens feel comfortable.



Cassie Fernandez is a Specialist in the New York Army National Guard and has been a member for 2 years. She is currently a student at UAlbany and she fully enjoys working with Youth Programs. She offered a tremendous amount of help with the Teen Council on their forum trip!

Kim Cumberbatch is a military spouse and the mother of one of our Teen Council members. She volunteered to help with the TC Forum Trip without hesitation and was a huge help throughout the week!

Guard En Notes

2015 National Youth Development Volunteer Award Nominees

Mia Grace Sullivan

Mia was nominated by Peter Pilc to receive this award based on her continued commitment to volunteerism in many different facets. Mia is a member of the NYNG Teen Council, she is a volunteer at a military summer camp, and she also works as a church alter server. Mia is a role model for other teens to follow, and as noted by Peter Pilc, Mia "stands head and shoulders above what is required for community service."

Angela S. Northern

Angela is the second award nominee for New York. Angela works as a 4H Youth Development Educator, is a Co-Facilitator for the Circle Group at the Chapel at Crosspoint, and is a also a Youth Worker in the NY-Penn AWANA local and regional program. Angela was also nominated by Peter Pilc who stated that "she has exemplified commitment by serving members of the military, families, church and the community."

Congratulations ladies on a job well done, and thank you for your commitment and dedication to volunteerism.

Resources

Teen Council

- ❑ Do you know a teen, or are you a teen, between the ages of 13-18?
- ❑ Do you want to make a difference for other military kids?
- ❑ Do you want to meet other teens throughout NYS?
- ❑ Do you like to travel and see new things?

If this fits you, you should consider being a part of the New York National Guard Teen Council!

Teen Council is made up of teens from all 5 branches of service and civilians.

For Teen Council Brochures, Charter, Applications and more information please visit
http://dmna.ny.gov/family/yprogs.php

child & youth program
new york national guard

like us on facebook

The Youth Program is now on Facebook!

Keep up with all the Activities, Events and Upcoming Events around the State by liking us!!

www.facebook.com/NewYorkNationalGuardYouthProgram

Guard En Notes

Looking Ahead in 2014

Operation Homefront Donations

Trees for Troops

Holiday Adoption

Christmas Eve Road March

Wreaths Across America

For more information and details in your area, please contact your local Family Assistance Specialist (FAS) and Family Readiness Support Assistant (FRSA) or call toll free 1-877-715-7817

OPERATION COM
Children Of the Military

Support for our children of the military with their own heroic journey

This group aims to help your child:

- establish positive coping skills
- encourage positive expression
- strengthen self-confidence & resiliency
- most importantly: Have Fun With Other Military Children!

Group Meetings are Friday evenings 5:30pm - 7:30pm.

Dinner 5:30, Class 6:00-7:30

Here are the 2015 dates for fall!

September 11th & 25th; October 9th & 23rd;
November 6th & 20th; December 4th & 18th

At the Veterans One-stop Center of WNY
1280 Main Street - Buffalo, NY 14209 - 2nd Floor

Please PRE-REGISTER to help us plan our activity for the evening!!

For questions and to sign-up for class, contact one of our facilitators:
Mary at 548-6606 or 898-0110
Jess at 640-3258 - (jesslafalce@yahoo.com)

We are Dwyer

The Mental Health Association of Erie County, in partnership with the Veterans One-stop Center of WNY, is proud to present this unique program. Operation C.O.M. is honored to receive funding from the PFC Joseph P. Dwyer Peer Support Program.

TUTOR.COM FOR MILITARY FAMILIES

Now available for ALL Active Duty, National Guard and Reserve Families!

www.tutor.com/military

- ★ Homework Help
- ★ Online Tutoring
- ★ College Support
- ★ 24/7 Access

Program funded by the Department of Defense MWR Library Program, Yellow Ribbon Reintegration Program and Navy General Library Program.

tutor.com

For more information about the program, contact:

Meg Suavé: msuave@tutor.com or 347.819.2939

Help Your Family Through Deployment

OUR MILITARY KIDS

Eligibility:

Any child ages 5 to 18 who parent is currently deployed overseas with the National Guard or Reserves

Details:

Up to $500.00 per child, will pay for up to six months of extracurricular activity of your choice.

How To:

1. Visit the website www.ourmilitarykids.org/how-to-apply/apply-now
2. Download and complete the application
3. Send it in to Our Military Kids with the 3 supporting documents:
   - I. A Copy of the Title 10 Deployment orders
   - II. A form of ID for your child that proves dependency to the Service members
   - III. Fee/pricing information that clearly state the cost of the activity of choice (flyer, brochure, invoice)

Once your application and documents have been received, a check will be sent within 10-14 days directly to the service provider of the activity.

Any Questions please contact Our Military Kids Office at 1-703-734-6654

Big Brothers Big Sisters
37 South Washington Street
Rochester NY 14608

Start Something Today

585-704-6159
Heather Mills
hmills@bbbsr.org

BeABig.com

The Military Mentoring Initiative

Big Brothers Big Sisters is committed to serving our nation's military personnel and their families.

We recognize that the stresses of everyday military life lead to service men and woman searching for additional support for their children. We believe our mentoring program can help. In fact, we know that any family could benefit from their child getting to spend a few hours a week trying new things, getting more individual attention, and experiencing life through different perspectives.

The Big Brothers Big Sisters Military Mentoring program matches children (age 9-16) of military families with safe, screened, trusted mentors in one-to-one relationships that have the potential to last for many years.

We carefully match adult mentors and youth mentees in long-term friendships based on family and volunteer preference, similar interests and values, and match compatibility. We partner with families to identify the right Big for their child.

Our mentors are a diverse group of fun, incredible, dedicated volunteers. They resemble brothers, aunts, uncles, grandfathers, trusted neighbors. Their role is to be an unconditional friend and role model once a week, encouraging and supporting a child in reaching their potential and enjoying new experiences together.

Couldn't every child use one more Mentor in their life?

You recognize the potential of your child better than anyone!
Learn about Big Brothers Big Sisters in your area

Rochester, Buffalo, Orange County, Long Island, Albany, and everywhere in between
Call: Heather Mills (585) 704-6159

A New England Nanny.

A GTM Work Life Affiliate

All of A New England Nanny's Care Givers & Household Service Providers are fully-screened, qualified and experienced professionals

Call (518) 348-0400

www.ANewEnglandNanny.com

SPECIAL OFFER FOR THE EMPLOYEES OF NEW YORK NATIONAL GUARD

A New England Nanny is pleased to offer a special employee discount, designed specifically for Capital Region employees of the New York National Guard interested in babysitting, companion care, and housekeeping services.

All NYNG employees have the opportunity to take advantage of a special one-time discount* of 50% OFF the registration fee for A New England Nanny's temporary program.

An invaluable service for working families throughout the Capital Region, A New England Nanny's temporary program offers families access to a talented pool of pre-screened and professional caregivers and household staff. Whether you need help with after-school care, an occasional night out or some assistance around the home... Whatever the need, A New England Nanny can provide the right candidate for your family.

Once registered, families will make one call to A New England Nanny, and we'll take care of the rest! The process couldn't be more simple:

- Call A New England Nanny to request the day and type of service needed.
- A New England Nanny finds the caregiver or household staff and contacts you to discuss the arrangement.
- The caregiver or household staff arrives at your home when scheduled, and is paid by you when you return to your home.
- You will have access to our online scheduling system to request services at your convenience, any time.
- Your credit card is charged the nominal daily usage fee of $20.

Call A New England Nanny at 518.348.0400 to sign up or for more information.

Easing The Balance Between Work & Life

The Capital Region's premiere home help agency, since 1991, A New England Nanny has been providing quality, experienced and professional long-term, short-term and on-call care services to local families in support of the balance between work and family responsibilities.

When only the best will do for your family... Choose A New England Nanny!

Call us at (518) 348-0400 for help in achieving your Work-Life Balance!

UNITED THROUGH READING®

FACT SHEET

OUR ORGANIZATION

United Through Reading®, the nation's first nonprofit to promote the read aloud experience for separated military families, offers deployed parents the opportunity to be video-recorded reading storybooks to their children which creates positive emotional connections and cultivates a love of reading.

OUR SERVICE TO MILITARY FAMILIES

- Helps ease the stress of separation
- Helps build family resiliency
- Helps make homecomings easier
- Helps cultivate a love of reading

This powerful program is available to deployed military units DoD-wide, hosted at select USO locations, and has served over one million beneficiaries since 1989.

HOW TO PARTICIPATE

1. The deployed service member reads a book aloud while being recorded and sends the video home to the child.
2. The child at home watches the video and follows along with the book, if available.
3. While the child watches the video, the caregiver captures the child's reaction and relates it back to the service member.
4. The service member receives the feedback and is encouraged to record again.

HOW TO GET STARTED

Once Command Leadership agrees to offer United Through Reading, a National Program Manager will provide ongoing training and support throughout the deployment.

UNITED THROUGH READING PROVIDES:

- **Command Brief**
- **Active Duty Coordinator Training**
- **Homefront Coordinator Training**
- **Free Starter Kit:**
  - 25 children's books for your permanent onsite library
  - 100 DVDs in vinyl sleeves
  - 100 DVD mailers
- **Recognition for Command volunteers**

COMMAND PROVIDES:

- **Identification of:** Command Liaison, Active Duty Coordinator and Homefront Coordinator
- **Participation updates to National Program Manager**
- **Video Equipment:** DVD camcorder/tripod, lavaliere microphone
- **Commands may provide or make available for purchase:** Additional DVDs, padded mailers, DVD jewel cases
- **Additional children's books** for onsite library (through donations)

CONTACT US

COMBINED FEDERAL CAMPAIGN #11393

11750 Sorrento Valley Road Suite 100 San Diego CA 92121
p 858.481.7323 f 858.481.9489
military@unitedthroughreading.org www.unitedthroughreading.org

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MilitaryKidsConnect.org

Deployment Support Website

The National Center for Telehealth & Technology designs, develops, and deploys state-of-the-art tools to aid in addressing the psychological health of service members, veterans, and their families.

T2 is dedicated to establishing best practices, promoting quality standards, and combating the stigma often associated with seeking psychological health services. The core team of psychologists, engineers, web designers, database developers, and project managers build applications for web and mobile platforms, and specialized domains such as clinical telehealth and virtual worlds. Mindful of the importance of demonstrating outcomes, T2 projects are subject to rigorous program evaluation protocols.

NATIONAL CENTER FOR TELEHEALTH & TECHNOLOGY

National Center for Telehealth & Technology
9933 West Hayes Street
Joint Base Lewis-McChord, WA 98431
253-968-1914
www.t2health.org | AskUs@t2health.org

NATIONAL CENTER FOR
TELEHEALTH & TECHNOLOGY

MilitaryKidsConnect.org

Deployment Support Website

Since 2001, an estimated two million children have experienced a parent's deployment to Iraq or Afghanistan. An often overlooked consequence of deployment is the anxiety kids feel before, during, and after the parent's absence. MilitaryKidsConnect.org is a website specifically designed to enhance the resilience of military children of all ages throughout the deployment cycle.

Military families: A national priority.

On January 24, 2011, President Obama released the final report of Presidential Study Directive-9 (PSD-9), *Strengthening Our Military Families: Meeting America's Commitment*, which enlisted the support of his Cabinet Secretaries and other agency heads to define new ways to improve support for military families.

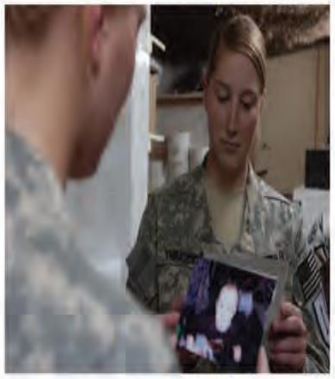
The report detailed key strategic priorities to be addressed, the first one being: Enhance the well-being and psychological health of the military family.

As the Defense Department's primary agency for applying innovative technology to issues of psychological health and traumatic brain injury, the National Center for Telehealth & technology (T2) developed MilitaryKidsConnect.org to directly address that priority by providing empirically-based content developed by psychologists to improve child and family readiness.

Support that speaks their language.

MilitaryKidsConnect.org features customized content for three age groups: children, tweens, and teens. Users visit an age-appropriate homepage where they find interactive maps; a personal scrapbook application; age-appropriate games; videos of military kids describing how they cope with deployment; instructional vignettes; a virtual personal space where kids navigate using a customizable avatar; and a moderated social networking message board (parent approval required for registration).

Together, these features create a safe, secure, and comfortable place for young people to play, gather, share, and learn how to handle the pressures of being a military kid.



While MilitaryKidsConnect.org is a place for kids to connect online, we don't kid around when it comes to online safety and privacy. MilitaryKidsConnect.org strictly adheres to COPPA, the Children's Online Privacy Protection Act, regarding parental consent and the use and disclosure of personally identifiable information.

Helping parents, caregivers, and teachers to help kids.

MilitaryKidsConnect.org also provides content for parents and educators of military kids. Adults can find information about the site's safeguards and parental controls, site content, and ways adults can use its content to encourage positive conversations about deployment. The parent section also includes information on common, age-specific behavioral responses to deployment, as well as methods of coping with them.

Macy's Thanksgiving Day Parade

HAI (www.hainyc.org) is again graciously offering to share their large reserved viewing space on (TBD/Manhattan) for this year's Macy's Thanksgiving Day Parade on Thursday, 26 November 2015. This location is sidewalk standing room only.

If you are available and interested in submitting a request for a chance to participate, please e-mail betty.a.eissfeld.ctr@mail.mil with the following information NO LATER THAN 12:00 PM ON SUNDAY, 22 NOVEMBER 2015:

1) Requester's Name

2) Service Member/Veteran's name

3) Military unit, component and branch

4) TOTAL number of guests in group, including requester

5) Priority Status:

- A. Immediate Family members of Deployed Service Members/DoD employees OR Surviving Dependents of Fallen Service Members/DoD Employees;
- B. Wounded Service Members in WTU or similar program, and their immediate Family members;
- C. Veterans/Service Members/DoD recently returned from active/deployment (within 1 yr) and their immediate Family members;
- D. Service Members preparing to mobilize/deploy and their immediate Family members, and
- E. All other Guard/Reserve/Active/Veterans and their immediate Family members.

6) If you or a guest has a disability restricting standing

Please note -
***You will be notified by e-mail if your request was chosen approximately 3 days prior to the event**

***Location, arrival time and other details will be shared via e-mail to those selected Respectfully, please only e-mail ONE request per family. This is a popular event and your patience is appreciated**

***General parade information can be found at Macy's website here: http://social.macys.com/parade**

FedEx

Christmas Spirit Foundation

TREES FOR TROOPS

www.treesfortroops.org

FRESH CUT CHRISTMAS TREES

FREE! 1 PER FAMILY WITH ID CARD

(1st priority will be given to deployed families)

CALL AHEAD TO RESERVE A TREE AND TO ARRANGE A PICK-UP TIME. YOU WILL NEED TO BRING ROPE TO SECURE THE TREE TO YOUR VEHICLE.

DELIVERY DATE:

Approximately between 4-5 December 2015

Available at the following location:

184 Connecticut Street, Buffalo, NY 14213 (716) 888-5797

42 Patriot Way, Rochester, NY 14624 (585)783-5310

THERE ARE A LIMITED AMOUNT OF TREES, SO IT WILL BE ON A FIRST-COME, FIRST SERVED BASIS.

Feedback

Feedback for Child and Youth Program

We are looking for your input, advice, and submissions for future Guard En of Youth Newsletters. If you have pictures, poetry, short stories you've written, drawings you've created, letters to the editors, past and upcoming events, or anything else you would like to add, please send it to Colleen Casey or Keri Attanasio.

You can also contact us through our Facebook Page

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new york national guard

like us on facebook

The Youth Program is now on Facebook!

Keep up with all the Activities, Events and Upcoming Events around the State by liking us!!

www.facebook.com/NewYorkNationalGuardYouthProgram

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