

"GUARD"EN OF YOUTH

Quarterly NYARNG CYS Newsletter
Issue 27



[New York National Guard Family Programs](#)



[@nyngyouthprogram](#)



nysyouthcoordinators@gmail.com



linktr.ee/NYARNGCYS



dmna.ny.gov/family/youth/

In this Issue:

CONNECT WITH US!

Read below about where you can find our emails, check out our website, and find more resources from Child & Youth!

CURRENT PROGRAMMING

See what current programming we have

UPCOMING PROGRAMMING

Wondering what is to come from the Child & Youth Office? Check out this section!

CONNECT WITH CHILD & YOUTH

Scan our Child & Youth Program QR Code to access our resources in the palm of your hand! By scanning, you will gain access to: NYS Child & Youth Resource Guide, ARNG CYS - Resources for Families, Education & Activity Information for Families, Connect with Family Programs, ARNG CYS Satisfaction Survey & more!



CURRENT PROGRAMMING

Monthly Activity Packets

Each month we create an activity packet for families ages 6 to 18 years. In our activity packets we go over the history of any holidays that month, Stem projects, an MRT skill, activity pages and more.

Youth Deployment Carepackages:

Our youth deployment carepackages are geared towards both pre and post deployment resources. Each box has information geared towards either pre or post deployment, a book, a recordable stuffed animal, waterbottle, mug, assorted toys, coloring books and other deployment specific resources. Families have the option to choose one deployment specific box or both the pre and post deployment boxes.

Virtual Programing:

Each month we host a virtual educational program. Programs we have hosted in the past are Let's Talk about Sharks, Lets talk about coping skills with the red cross, let's talk about spooky scary skeletons and anthropology and much more.

In person Events:

We have hosted our second annual trunk or treat in October and our first holiday family movie night back in December where we played basketball and watched a family movie.

UPCOMING EVENTS:

April:

Month of the Military Child Spirit Weeks for 6-12 year olds and 13-18 year olds.
Month of the Military Child Recognition Kits
In Person Buffalo Zoo connect with Animals class: April 27th
Virtual Purple Up event featuring Motivational Speaker Joe Finger Hut: April 25th

May:

Come plant a flower with CYPC Rebecca Norton: Date TBD

June:

Camp in a box Stem Project with the Kiwi CO. for ages 9 and up. Limited Boxes available. First sign up first serve.

**ALTHOUGH OUR OFFICE IS LOCATED IN LATHAM,
WE ARE WORKING COLLABORATIVELY WITH
FAMILIES & MILITARY FAMILY READINESS
SPECIALISTS LOCATED THROUGHOUT THE STATE**

TEENS

we need you

Join Teen Council!

THE CHILD & YOUTH PROGRAM IS LOOKING FOR STUDENTS AGE 13-18 TO SERVE ON THE NEW YORK NATIONAL GUARD STATE TEEN PANEL

Join a volunteer group of Guard Teens who participate in leadership symposiums, service learning projects, and plan events such as Yellow Ribbons and assist at events like MRT & Camps

LOOKS GREAT ON RESUMES AND APPLICATIONS!

GUIDELINES

- Minimum 13 years old
- Term ends with graduation of High School
- Must attend 50% of Teen Council Meetings
- Zero Tolerance of drugs & alcohol
- Minimum GPA of 2.5 or 80%

PARTICIPATION

- Trainings & State Events
- Public Relations and Promoting
- Community Service and Volunteering
- Meetings - calls and face to face

EXPECTATIONS

- Teens must check and respond to email
- Must have 15 volunteer hours within New York State Family Programs or related functions
- Seek out partnerships to create with Teen Council
- Express opinions on issues being discussed
- Assist Child & Youth Program Coordinators with Planning of State workshops, symposiums, and trainings



APPLY NOW



What's Happening With CYS

What information can I currently find in the Child & Youth Office?

- Learn about Child & Youth!
 - Wonder what Child & Youth does or the opportunities we can provide? Check out our one page hand out!
- Child & Youth Resource Guide
 - Find information on the following resources:
 - Childcare
 - Child Growth & Development
 - Educational Resources
 - Opportunities to Build Connection
 - Additional Support Resources
-

What can I look forward to seeing from the Child & Youth Office?

- Teen Council is up and running!!!
 - Teen Council has been thriving and we are excited to share with you what they will be accomplishing
 - Teen Council Member Pearl Attended our first Teen Council Regional Symposium in Puerto Rico!!
- Virtual Family Recipe Books
 - Find easy to make, family friendly recipes!
 - Check out our Virtual Recipe Book, and for Social Media Postings of recipes!
- Pre and Post Deployment Care Packages:
 - Filled with activity books, coping skills and more to help you and your family cope before, during and after deployment cycle.

How can I provide feedback?

- Complete the Parent-Soldier Satisfaction Survey
<https://www.surveymonkey.com/r/Soldier-Parent24>
- Complete the Needs Assessment
<https://www.surveymonkey.com/r/N-Assess-24>
- - ARNG CYS
- Visit the ARNGCYS Website
 - <https://arngcys.com/>

Have a recipe you love to cook with your family?

Submit it to our

Virtual Recipe Book

and have a chance to be featured in our next newsletter!

<https://linktr.ee/NYARNGCYS>

