TRUE OR FALSE

T ___  F ___  1. Hot food should be cooled quickly to get it through the temperature danger zone.

T ___  F ___  2. Refrigerators are designed to cool hot food quickly.

T ___  F ___  3. Before cooling food, reducing the size will allow it to cool faster.

MULTIPLE CHOICE

___ 1. Which of the following is an improper method for cooling a large pot of chili?
   a. Stir the chili with plastic ice paddles.
   b. Place the pot of chili into an ice water bath.
   c. Place the chili into a blast chiller.
   d. Place the pot of hot chili into a refrigerator.

___ 2. Food that will be hot-held must be reheated to an internal temperature of
   a. 135°F (57°C) for 15 seconds within two hours.
   b. 145°F (63°C) for 15 seconds within two hours.
   c. 155°F (68°C) for 15 seconds within two hours.
   d. 165°F (74°C) for 15 seconds within two hours.

___ 3. Which of the following is not a proper way to cool hot food?
   a. Using an ice-water bath
   b. Stirring it with plastic ice paddles
   c. Placing it in a blast chiller
   d. Placing it directly into a refrigerator
TRUE OR FALSE

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