



STATE OF NEW YORK
DIVISION OF MILITARY AND NAVAL AFFAIRS
New York Naval Militia
330 OLD NISKAYUNA ROAD, LATHAM, NEW YORK 12110

MNNM

29 JUN 2026

MEMORANDUM FOR ALL NEW YORK NAVAL MILITIA MEMBERS AND PROSPECTIVE MEMBERS

SUBJECT: MEDICAL READINESS VERIFICATION FOR DRILLING-RESERVISTS

REF: (a) IMR AND MY READINESS INSTRUCTIONS FOR EACH COMPONENT

1. Effective immediately all New York Naval Militia (NYNM) and prospective NYNM members associated with a drilling reserve component are required to provide Individual Medical Readiness (IMR) status to NYNM Headquarters (HQ). Navy and Marines will provide IMR status, and Coast Guard will provide my readiness status.
2. NYNM members and applicants must provide a PDF printout of their IMR status to NYNM Headquarters (HQ) when applying to join the Naval Militia, as part of NYNM HQ medical readiness audits, and as part of screening for any State Active Duty (SAD) assignments including emergency missions, standing missions, and all Naval Militia events. Failure to provide IMR status to NYNM HQ within 30 days from request may result in administrative action, including removal from any SAD assignment and delay in processing SAD orders or denial of a membership application.
3. Applicants with a status other than fully medically ready must have a written explanation from their Attending Physician and will be reviewed by our Force Medical Officer for eligibility for membership in the NYNM.
4. NYNM members with a status other than fully medically ready for duty are not eligible for any SAD assignments paid or unpaid. Identified service members on a SAD assignment will be processed for removal and their continued membership eligibility will be reviewed.
4. The point of contact for this action is Headquarters Naval Militia, (518) 786-4583, ng.ny.nyarnng.mbx.nynavalmilitia@army.mil.

M. P. Golden
By Direction

(a) IMR AND MY READINESS INSTRUCTIONS FOR EACH COMPONENT

NAVY

BUPERS ONLINE (BOL):

Check your Individual Medical Readiness (MR) directly at the BUPERS Online Medical Readiness Link

Right click anywhere on the web page.

Click "print".

On the left "printer" drop down select "Save as PDF".

Click "SAVE" at the bottom.

Email the PDF to ng.ny.nyarnng.mbx.nynavalmilitia@army.mil

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MARINE CORPS

MARINE ONLINE (MOL)

Click on Personal Information

Click on Individual Medical Readiness

Right click anywhere on the web page.

Click "print".

On the left "printer" drop down select "Save as PDF".

Click "SAVE" at the bottom.

Email the PDF to ng.ny.nyarnng.mbx.nynavalmilitia@army.mil

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COAST GUARD

NAVIGATOR

Click LINKS on CG Pixel Dashboard

Go to NAVIGATOR Application

Go to My Readiness

Right click on the readiness status chart

Click download (as PDF)

Email the PDF to ng.ny.nyarnng.mbx.nynavalmilitia@army.mil