

Happy 240th Birthday US ARMY



JUNE 12, 2015

JUNE 21

"The older I get, the

SMARTER



my father seems
to get."

Tim Russert

HAPPY FATHER'S DAY

CONGRATULATIONS GRADS!

EDUCATION IS THE MOST
POWERFUL WEAPON
WHICH YOU CAN USE TO
CHANGE THE WORLD.

NELSON MANDELA

NYNG Family Programs
2015 Annual Readiness Regional Trainings
A training event for Unit FRG's,
Commanders, MPOC's, and volunteers

27 JUNE	STATEN ISLAND
11 JULY	JFHQ-LATHAM
15 AUG	ROCHESTER

Registration: <https://goo.gl/GXTsfw>
For more information, Contact Stephanie Duell
stephanie.m.duell.ctr@mail.mil

**SPACE –AVAILABLE TRAVEL FOR
DEPENDENTS OF DEPLOYED MILITARY**
In recognition of the sustained efforts of
the spouses and dependent children of
our deployed military members, the
Department of Defense (DoD) policy on
space-available travel is being updated :
Effective immediately , dependents of
military members deployed for 30 or more
consecutive days are authorized to travel
space-available on DoD aircraft in
Category IV. For more information on this
program please contact our Regional
Family Assistance Center by calling
1877-715-7817 or email
jeanna.c.clark.mil@mail.mil



2015 season passes are here!
MWR now has season passes for Six Flags Great Escape
Pass package includes admission and FREE season parking for only
\$65. per person.
To purchase passes contact Melissa Ryder @ 518-266-4829
Melissa.a.ryder4.naf@mail.mil

June's Resilience topic is:
Identify Character Strengths.
You can take a brief survey @
<https://goo.gl/EP1DAu> to learn
about your character strengths
and how to improve on
character challenges.



In a New York Minute

“ All the News You Need to Know in a NY Minute”



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OTHER NOMINEES FROM NY INCLUDE:

Guard Family of the Year:
Paul and Linda Nosbisch



National Gold Volunteer :
SFC(ret) Daniel Ratka



Regional Volunteer Award:
Bettymarie Sullivan



National Youth Development Volunteer:
Jessica LaFalce

Mary McParlane



Community Purple Award

*Camp Pioneer & Retreat Center
Chaplain (MAJ) Alexander Knowles*

The 2015 National Extra Mile Award Recipient is:
New York National Guard

SFC (RET) BARBARA JEAN TOMPKINS

Congratulations on your selection as the winning recipient of The 2015 National Extra Mile Award. You have served your Unit, Service Members and Community for over 24 years and have achieved retirement. Yet, you continue to serve our Service Members and their Families through unselfishness and a strong commitment to improve the quality of life for this select group. Your recognition on a National level is truly a testament to your professionalism and selfless service.

**CONGRATULATIONS! THANK YOU
FOR YOUR DEDICATION TO
NYNG MILITARY FAMILIES**



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In conjunction with the USDA National Guard Bureau, would like to make you aware of the **USDA Summer meal programs**. The USDA Summer meal programs, including both the Summer Food Service Program (SFSP) and the National School Lunch Seamless Summer Option (NSLP SSO), are among the 15 USDA nutrition assistance programs that help America combat hunger. Some key points are :

- USDA's 15 nutrition assistance programs-including the Summer Food Service Program and school meals-- touch the lives of 1 in 4 Americans each year.
- The summer meal programs serve children and teens age 18 and younger. There is no individual/ child enrollment, and no cost to the children/ families. Children may just show up at an open meal site and receive a healthy meal. The open meal sites are pre-approved by the State agency, and must meet the area eligibility criteria.
- The summer meal programs give communities an opportunity to play a lead role in combating hunger and helping to promote good nutrition and physical activity. Communities and organizations can host sites where children and teens can play and have a healthy meal or snack. Summer meal sites are located in many communities across the country at locations such as: schools, community centers, libraries, parks, playgrounds, faith based centers, housing projects, migrant centers, etc. To find your closest site visit

<http://www.fns.usda.gov/summerfoodrocks>



Hometown Heroes Run

20 September 2015

The Crossings of Colonie

Come Show Your Support !

http://nyfrc-inc.org/run_main.html



July 18-19, 2015

Air Show 2015

NIAGARA FALLS AIR RESERVE STATION NIAGARA FALLS, NY
FREE AIR SHOW TO THE PUBLIC

<http://thunderofniagara.com/>



FREE

VALLEY CATS Joe Bruno Stadium Albany
Welcome Home
VETERANS NIGHT
Thursday July 2, 2015 7pm First Pitch
FOR TICKETS CONTACT FAMILY ASSISTANCE
SPECIALIST JAKE WICKS 518-786-0390
jacob.w.wicks.ctr@mail.mil
OR
Show Military ID at ticket office day of game



FREE



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JUNE 27 ~ Uncle Sam's Lanes Troy NY

Heroes at Home Bowling Event!



Join
Us!

VETERANS: Register your family by sending Veterans name, Family members names/ages To **Katie McVeigh** katiemacveigh@gmail.com or call 518-621-6091

Wives and Moms Social Meet-Up Group

Sunday June 14th 3-5pm Wives and Moms of Active Duty Service Members and Veteran
 RSVP and information
heroesathomerensco@gmail.com

NEW YORK
NATIONAL GUARD
 JOB ZONE 
[DMNA.NY.GOV/JOBS](http://dmna.ny.gov/jobs)

<http://dmna.ny.gov/jobs/>

CALENDAR OF EVENTS:

JUNE 18

HIRING OUR HEROES JOB FAIR CONNECTICUT ST BUFFALO~
 JOB SEEKERS Register for FREE at <http://goo.gl/bCeLI3>
 For registration questions, please email hiringourheroes@uschamber.com or call 202-463-5807

JUNE 20

HAPPY FATHERS DAY!

JUNE 27-28

102ND MP Bn 30/60 DAY Yellow Ribbon event POC SFC Maurice Cousineau
maurice.j.cousineau.mil@mail.mil

JUNE 27

REGIONAL READINESS TRAINING ~ STATEN ISLAND NY to register :
<https://goo.gl/tQ20jC> information stephanie.m.duell.ctr@mail.mil

JULY 4



HAPPY INDEPENDENCE DAY!



JULY 11

REGIONAL READINESS TRAINING ~ LATHAM NY to register :
<https://goo.gl/o3jNKU> information stephanie.m.duell.ctr@mail.mil