



# In a New York Minute

“All the News you Need to Know – In a NY Minute”

17 AUG 2012



[http://www.nyfrc-inc.org/run\\_main.html](http://www.nyfrc-inc.org/run_main.html)



**Veteran’s Day – Thursday, 30 August**  
Active duty military personnel **and** veterans are admitted free on this day with proper credentials – military ID or discharge papers

**New York National Guard Unit Ministry Team (UMT)** Under the leadership of Chaplain (COL) Eric Olsen, the UMT assigns a Chaplain and Chaplain’s Assistant to every unit in the Army National Guard.

The UMTs support is available not only to our Soldiers, but to our Families as well. He or she provides moral leadership, emotional wellness, marriage and relationship enhancement and personal development.

Contact your Family Assistance Specialist to be referred to a Chaplain closest to you.



**24-26 Aug 2012 Couples-Alexandra Bay**  
Space available  
[www.strongbonds.org](http://www.strongbonds.org)  
Upcoming Events  
**Family**  
**14-16 SEPT 2012**  
**Lake George**



**American Hero’s Weekend**  
September 8 or 9, 2012. Tickets  
\$19.99 plus tax  
Save over  
50%

Must use attached order form to purchase this events tickets by 24 AUG 2012



New York National Guard The JOB ZONE  
<https://dmna.ny.gov/jobs/jobs.php?id=nyng>  
Weekly Update

## IMPORTANT NEWS VOLUNTEERS

As of July 2012 volunteer hours are being reported to National Guard Bureau Family Programs. If you are not tracking volunteer hours on

[www.jointservicessupport.org/default.aspx](http://www.jointservicessupport.org/default.aspx)

Contact your Family Readiness Support Assistant

Kelly Oram 315-774-0477

Bonnie Deiter 585-783-5338

Jenna Herdrick 518-786-5646

Theresa Barone-Lopez 518-285-5848

Laraine Figliuolo 631-471-0909

Stephanie Duell 518-786-4774

In five minutes we can show you how to register and track your volunteer hours.

## Back Pack Brigade School Supplies Now Available

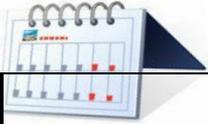
If you are an E-6 or below

You are welcome to come to an Army and pick up some school supplies for your children.

Please call or e-mail your Family Assistance Specialist (FAS) for dates and times.



For more information on items featured in or to POST your news/events in the "In a NY Minute"  
[stephanie.duell@us.army.mil](mailto:stephanie.duell@us.army.mil)



CALENDAR OF EVENTS	
24-26 AUG	Strong Bonds :Couples weekend - Alex Bay -register at: <a href="http://www.strongbonds.org">www.strongbonds.org</a>
25 AUG	KU LSE Pre Deployment Yellow Ribbon, Camp Smith POC: <a href="mailto:yellowribbonny@ng.army.mil">yellowribbonny@ng.army.mil</a>
30 AUG	Veterans Appreciation Day NYS Fair
3 SEPT	Labor Day
8 SEPT	152 ESC Family Day POC Michelle Snyder <a href="mailto:msnyder12@rochester.rr.com">msnyder12@rochester.rr.com</a>
8 or 9 SEPT	American Hero's Day Darien Lake
20 SEPT	HSC 642 ABS FRG Meeting- POC Emily Cameron <a href="mailto:emilycameron08@yahoo.com">emilycameron08@yahoo.com</a>

**FAMILY READINESS GROUP (FRG):** Everybody makes a difference every day. The main question is What KIND of difference is each of us making? Maybe you won't wake up and change the world tomorrow, but you can have a direct effect on the world of your spouse, your kids, and your family. A little extra time and attention or a small moment of kindness can change their world that day. You can change the world of a coworker, customer, vendor, or a stranger by either your smile or your frown. There are many different ways each of us can impact the world around us.... What kind of difference are you making? Find out how YOU can make a difference in our military family readiness group.

**Discounts:**

- Great Escape/Splash Water Kingdom: \$7 discount on general admission up to 6 people
- Home Depot: 10% everyday military discount
- Lowe's: 10% everyday military discount
- Flowershop.com In honor of your service to our country, save 15% on all purchases enter promo code "USA"
- JC Penney Portrait Studio: 1 FREE 8x10, FREE sitting fees, 50% off your entire purchase
- American Lube Express Oil Change: \$3 off oil changes for members of the military with ID
- Darien Late \$21.99 per person with Military ID
- Free tickets to sporting events, concerts and family activities. For free ticket availability and venue <http://www.vettix.org>



**Volunteer Training Team**  
 "By Volunteers - For Volunteers"

What is OPSEC & PERSEC, what about Social Media? Operational Security and Personal Security are more important now than ever before with the social media outlets that we have available to us. Join us in discussion and get ideas from each other on ways to safeguard ourselves, Families and Service Members in our FRG's and personal lives.

**Session 2**

**August 21<sup>st</sup>** 10:00 AM – 11:00 AM, Eastern  
<https://www2.gotomeeting.com/register/369980146>

**August 23<sup>rd</sup>** 9:00 PM – 10:00 PM, Eastern  
<https://www2.gotomeeting.com/register/140903986>



# American Hero's Weekend

## September 8 or 9, 2012

Park hours September 8 - noon-10pm

Park hours September 9 - noon -8pm

Darien Lake gives thanks to all our American Hero's and First Responders. In honor of your hard work and dedication, the park is offering our hero's and their families a well deserved break. Just return the enclosed order form with payment to the park to receive discounted admission tickets for **\$19.99** per person. A savings of \$25, just pick which day you would like to visit.

On Saturday, September 8, meet Marvel's top Hero Captain America. Stop and see a miniature version of the US Airforce F-22 Mini-Jet and NY State Troopers department vehicles showcased throughout the park. Rochester's Dinosaur BBQ, with Labatt drink specials and live country music will available in Darien Square. All you can eat BBQ is available for just \$15.99 per person.

On Sunday, September 9, we will have a UNYTS Blood Drive. Donors will receive a free Rapid Ride Pass. Come hear the US Navy Band perform and meet our US Navy divers, you can also see a US Navy Simulator and Suburban.

Simply copy the enclosed forms for distribution to your co-workers and staff. We can also provide a PDF for your website or e-mail use. If you have any questions or would like more information about this celebration, please call (585) 599-5275.



**"Thank You"**