In a New York Minute

"All the News you Need to Know – in a Minute"

A Weekly Update for New York National Guard Service Members & Families

For more information on items featured in "*In a NY Minute*": stephanie.duell@us.army.mil

White House Urges Americans to Support Troops
1% of Americans may be fighting our wars, but we need 100% of Americans to be supporting our troops and their families. Mrs. Obama and Dr. Biden are asking Americans to get involved in any way they can. http://www.whitehouse.gov/joiningforces/

NYNG Family Programs Volunteer & Youth Workshop Family Readiness is Key to National Guard Success
http://dmna.state.ny.us/news/news.php?id=1303496933

TRICARE North for Beneficiaries
https://www.hnfs.com/content/hnfs/home/tn/bene.html

Guard News http://www.ng.mil/default.aspx

Great Getaway Sweepstakes
http://www.edelweisslodgeandresort.com/great_getaway.html

Military Report
The Military Community's Newsletter
http://www.military.com/NL_MR/1,14852,9195,00.html

http://www.militaryhomefront.dod.mil/portal/page/mhf/MHF/MHF_HOMEPAGE

FRG Scorecard Rating ~ UPDATED 1 APRIL
http://dmna.state.ny.us/family/FRGSCORECARD.pdf

2011 Volunteer training workshop slides
http://dmna.state.ny.us/family/frg.php

NYNG families recognized by local veterans
http://dmna.state.ny.us/index.php

The **4th Annual Hometown Heroes Run**
Sunday, June 12, 2011 at 9:15. Register
www.nyfrc-inc.org

2011 Military Youth Camp opportunities
Contact NYNG Youth Coordinators
colleen.e.casey@us.army.mil or keri.j.oneil@us.army.mil

Couples & Families Strong Bonds Events
Strengthening Relationships through education, communication, and fun with other military families.
http://dmna.state.ny.us/family/strong_bonds_guidance.pdf
http://dmna.state.ny.us/family/strong_bonds.pdf

Webinars

The Spouse Career Center: Your Success is Our Mission! (5/20 - 11AM ET and 5/24 - 2PM ET)

Business Opportunity, Employment and Work-at-Home Scams (5/26 – 11AM ET)

On the Hunt: Exploring Employment Opportunities through USA Jobs (5/31 - 12PM ET)

Moderated Chat: Going Back to School as a Military Spouse (5/25 – 3PM ET)
http://www.militaryonesource.com/MOS/OnlineCommunity/Webinars.aspx

HOMETOWN HEROES RUN
NYNGFRC
FAMILY SUPPORT

4th ANNUAL HOMETOWN HEROES RUN

Certified by USA Track & Field

5K RUN & WALK

Sunday, June 12, 2011 9:15 AM

The Crossings of Colonie 580 Albany Shaker Road

http://www.nyfrc-inc.org/run.html

	EVENTS CALENDAR
April 30	**A Trp 2-101 Cav FRG Meeting 1:00**, Initial Family Weigh In for A Troop's Biggest Loser Challenge Guest speaker to discuss nutrition and fitness Contact Karen Fuller - karenfuller0109@gmail.com
April 30	**106 RW During Deployment Yellow Ribbon Event** POC Darrell Pinckney darrell.pinckney@us.army.mil
May 6	**Military Spouse Appreciation Day**
May 8	**MOTHERS DAY**
May 14	**Memorial Poker Run Event Saratoga** POC Big Dan dan1nolin@yahoo.com Red redmooseracing@yahoo.com
May 14-15	**442nd MP Co 30 Day YR Event** POC Sandra Schlotter sandra.j.schlotter@us.army.mil
May 21	**Disaster Preparedness/Human Services Assistance Information**, Free Build-First Aid Kit, Refreshments, Exhibits. 12pm-4pm at the Ross Park Zoo Binghamton POC Jason (607)785-7207
May 21-22	**827th 60 Day YR Event** POC Sandra Schlotter sandra.j.schlotter@us.army.mil
May 25	**Annual VA Stand to** – Buffalo POC Peter Pilc peter.pilc@us.army.mil
June 8	**Lawn Festival** Parsons Child and Family 60 Academy Road Albany5:30-8:30pm http://www.parsonscenter.org/site/PageServer?pagename=events_lawn_festival
June 12	NYNG Family Readiness Council 5K Colonie http://www.nyfrc-inc.org/run.html
June 19	**FATHERS DAY**
June 25	**Salt water fishing trip** Warriors, Veterans and Supporters . Twin Lights Marina Highland NJ tntellas@woundedwarriorproject.org
On-Going Events	•Busch Garden Entertainment www.herosalute.com/states/index.html (FREE admission, 1 day passes available) •Disney World Armed Forces Salute Ticket www.shadesofgreen.org/salute.htm or www.disney.com •FREE admission Bronx Zoo and New York Aquarium http://www.bronxzoo.com / www.nyaquarium.com