



In a New York Minute



"All the News you Need to Know – in a Minute"

A Weekly Update for New York Army National Guard Soldiers & Families

For more information on items featured in "In a NY Minute": stephanie.duell@us.army.mil

Free Income Tax Assistance



<http://www.militaryonesource.com/MOS/FindInformation/Category/TaxFilingServices.aspx>

There is a Free File option for everyone

Explore which Free File service—offered exclusively at www.irs.gov/freefile

NY State return done for free

at NYS TAX link www.tax.ny.gov click on Free File



START SMART @ Albany Public Library

Spotlight on Financial Education
<http://www.albanypubliclibrary.org/news/?p=316>

Presidential Initiative Supports Military Families

<http://www.whitehouse.gov/the-press-office/2011/01/24/presidential-initiative-supports-military-families>

Make the Most of Your Money

Military Family Life Consultants (MFLC) program includes Personal Financial Counseling.
robert.boram@healthnet.com MFLC Personal Financial Counseling services are free, anonymous, and confidential

35,000 Still Need to Claim Stop-Loss Pay

<http://www.military.com/news/article/35000-still-need-to-claim-stop-loss-pay.html?ESRC=army-a.nl>

Military Scholarship Finder

<http://aid.military.com/scholarship/search-for-scholarships.do?ESRC=dod.nl>



Scholarships for Military Children Program

Scholarship applications available online at <http://www.commissaries.com> – choose the "News & Info" tab and then the "Scholarship Info" tab. Applications are also available at <http://www.militaryscholar.org>

Save the Date!

2011 NYNG Family Programs Volunteer & Youth Workshop "Empowering FRGs & Key Volunteers to Succeed" April 15-17 2011

http://dmna.state.ny.us/family/fp_workshop_flyer.pdf

Polar Fest 2011 at West Point Ski February 26, 2011 12-7 PM www.westpointmwr.com



Year of the Vet career fair @ Rutgers March 15, 2011

http://www.ci.newark.nj.us/press/press_releases/2010_03_30_02.php

Albany Area Training ZERO TO THREE's Coming Together Around Military Families[®] Duty to Care II: Honoring the Healer

<http://main.zerotothree.org/site/Calendar/54869820?view=Detail&id=101943>



STRONG BONDS 2011

Strengthening Relationships through education, communication, and fun with other military families.

http://dmna.state.ny.us/family/strong_bonds_guidance.pdf
http://dmna.state.ny.us/family/strong_bonds.pdf

POC : Chaplain Andrew Ayres andrew.ayres@us.army.mil

Commissary Connection

Keeping you connected to your Commissary benefits
<http://www.commissaries.com/subscribe.cfm>

NATIONAL MILITARY FAMILY ASSOCIATION Family Friendly Sites

<http://www.militaryfamily.org/resources/links/family-friendly-sites.html>



Military.com Social media Network

<http://www.military.com/socialmedia/>



EVENTS CALENDAR

February 5	105 th AW During Deployment YR Event Westchester Marriot, Tarrytown POC Darrell Pinckney darrell.pinckney@us.army.mil
February 12	1108 th 60 day YR Event Saratoga POC Mr. DePalo andrew.depalo@us.army.mil
February 19-20	Niagara Falls Singles Strong Bonds POC Chaplain Andrew Ayres andrew.ayres@us.army.mil
February 21	Presidents Day
February 25-27	Adirondack Adaptive Ski Camp www.adaptiveadventure.org
February 27	Camouflage Kids- LOYOLA (MD) @ CANISIUS Canisius College – Buffalo, N.Y. . jnixer@aol.com
March 15	Year of the Vet Career Fair at Rutgers http://www.ci.newark.nj.us/press/press_releases/2010_03_30_02.php
	Post your FRG events on our “In a NY Minute” events calendar, Email information to: stephanie.duell@us.army.mil
On-Going Events	<ul style="list-style-type: none"> • <u>Busch Garden Entertainment</u> www.herosalute.com/states/index.html (FREE admission, 1 day passes available) • <u>Disney World Armed Forces Salute Ticket</u> www.shadesofgreen.org/salute.htm or www.disney.com • <u>FREE admission Bronx Zoo and New York Aquarium</u> http://www.bronxzoo.com/ / www.nyaquarium.com

COUNT DOWN TO VOLUNTEER & YOUTH WORKSHOP 2011

15 APRIL 2011~ **ONLY** ~ **70** DAYS AWAY!!