



# In a New York Minute "All the News you Need to Know – In a NY Minute"

AUG 2, 2013

The VOLUNTEER TRAINING TEAM webinars will be starting up again in August. The webinar will be: Volunteer Management (Creating a Team with a Positive, Can-Do, & Will-Do Attitude)

### Where do I begin?

Take two hours of your time to join the VTT and find out some tips on how to Create a Team with a Positive, Can-Do, & Will-Do Attitude. We walk you through what you need to begin your volunteer group, what to expect, dealing with changes and challenges.

Session 1

August 13th 10:00 AM -11:00 AM, Eastern

<https://www2.gotomeeting.com/register/439602186>

August 15th 9:00 PM – 10:00 PM, Eastern

<https://www2.gotomeeting.com/register/363347394>

Session 2

August 20th 10:00 AM – 11:00 AM, Eastern

<https://www2.gotomeeting.com/register/519648098>

August 22nd 9:00 PM – 10:00 PM, Eastern

<https://www2.gotomeeting.com/register/760161866>

### SITTERCITY BACK TO SCHOOL PROGRAM:

Back to School season has arrived! It's about that time to begin preparing for the new school year. The Department of Defense has paid for your Sittercity membership to help you meet your family's care needs. Find local sitters and nannies in your neighborhood. Military families can activate their fully paid membership at [www.sittercity.com/DoD](http://www.sittercity.com/DoD). Get started today!

If you have any questions, feel free to contact me at [jennifer.r.armstrong2.civ@mail.mil](mailto:jennifer.r.armstrong2.civ@mail.mil).



[http://www.nyfrc-inc.org/run\\_req.html](http://www.nyfrc-inc.org/run_req.html)

Are you registered on Joint Services Support web portal ? It is the National Guards website for Military Families, Community Support organizations, volunteers, <https://www.jointservicessupport.org/Default.aspx>

**LAST REGIONAL TRAINING FOR 2013**

**REGIONAL VOLUNTEER, COMMANDER & MPOC FAMILY READINESS TRAINING**

**17 Aug Farmingdale Reserve Center**

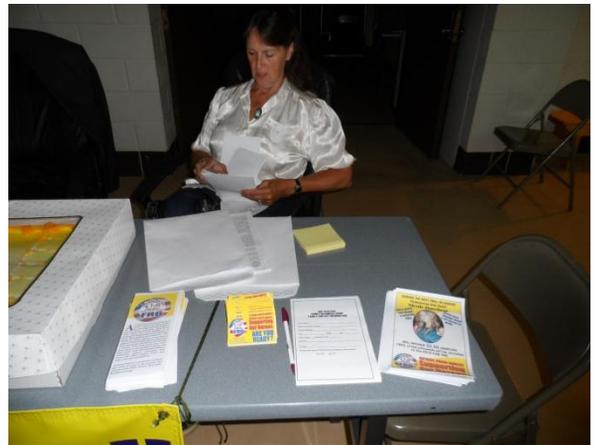
<https://www.jointservicessupport.org/Events/EventDetails.aspx?id=0d925215-8002-4a1d-9ef2-75ec9e490a00>

Are you, a member of your unit, or your family unemployed or under employed?



<https://dmna.ny.gov/jobs/jobs.php?id=nyng>

iPhone app <https://itunes.apple.com/us/app/new-york-national-guard-job/id651702318?mt=8>



**42nd Combat Aviation Brigade Volunteers Support their troops at a recent drill**





### AUGUST FRG SCORECARD

<http://dmna.ny.gov/family/frg.php>

How did your Units FRG Scorecard add up?  
If you are a Commander, Military Point of Contact, family Member, or Volunteer interested in learning How to improve your NYNG Military Families Readiness Call 1-877-715-7817 and ask to be put in touch with your Regional Family Readiness Support Assistant.

### On Resilience and the Triumph of the Human Spirit



*Some words of wisdom about resilience and the triumph of the human spirit...*

*Promise me you'll always remember:  
You're braver than you believe,  
and stronger than you seem,  
and smarter than you think.*

**Christopher Robin to Pooh (by A. A. Milne)**

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*Although the world is full of suffering, it is also full of the overcoming of it.* **Helen Keller**

### Veterans

#### Service Members

#### Military Families

#### Awareness Fair

**Saturday August 3rd, 2013 10:00AM-2:00PM**

SUNY ORANGE – Middletown Campus  
George F. Shepard Student Center Building  
115 South Street Middletown, NY

Hosted by: **U.S. Representative Sean Patrick Maloney**

Some of the participants include:

**Department of Veteran Affairs and  
VA Hudson Valley Health Care**

☑ **American Legion**

☑ **AMVETS (Hudson Valley Chapter)**

☑ **Catholic War Veterans**

☑ **Hudson Valley Honor Flight**

☑ **Iraq and Afghanistan Veterans of America (IAVA)**

☑ **Library of Congress Veterans History Project**

• **Military Order of the Purple Heart (MOPH)**

• **Mount. St. Mary's College**

• **New York Guard**

• **NYS Division of Veterans' Affairs**

• **Orange County Veteran Service Agency**

• **Student Veterans of America at Marist**

• **U.S. Army Reserve**

Please RSVP to: [oscar.dunham@mail.house.gov](mailto:oscar.dunham@mail.house.gov)

**THIS EVENT IS PURELY INFORMATIONAL AND  
ADMISSION IS FREE**

## CALENDAR OF EVENTS

**YOUR FRG FAMILY DAY OR OTHER EVENT SHOULD BE POSTED HERE!**

3 AUG Honor Our Vets Car Show Stratton VA Medical 113 Holland Rd Albany  
[www.HonorOurVetsCarShow.com](http://www.HonorOurVetsCarShow.com)

3 AUG **VOLUNTEER REGIONAL FAMILY READINESS TRAINING** Rochester POC Larry Linville [larry.d.linville.ctr@mail.mil](mailto:larry.d.linville.ctr@mail.mil)

4 AUG Regional MPOC Training Rochester POC Larry Linville [larry.d.linville.ctr@mail.mil](mailto:larry.d.linville.ctr@mail.mil)

11-16 AUG ASIST/RTA Course, Camp Smith POC SFC Butcher [shaun.c.butcher.mil@mail.mil](mailto:shaun.c.butcher.mil@mail.mil)

12-16 AUG Operation: Military Kids Summer Camp at Niagara Falls Air Reserve Station  
(315) 788-8450, ext. 254 [mbm243@cornell.edu](mailto:mbm243@cornell.edu)

17 AUG 222 MP Dur-Dep YR Event, Rochester POC YR Team [ng.ny.nyarmg.list.yellowribbon@mail.mil](mailto:ng.ny.nyarmg.list.yellowribbon@mail.mil)

21-22 AUG ASIST Workshop Binghamton POC SFC Butcher [shaun.c.butcher.mil@mail.mil](mailto:shaun.c.butcher.mil@mail.mil)

POC for the NY Minute is [stephanie.m.duell.ctr@mail.mil](mailto:stephanie.m.duell.ctr@mail.mil)

<http://www.military.com/discounts/?ESRC=discounts.nl>