



In a New York Minute “All the News you Need to Know – In a NY Minute”

July 26, 2013

From the Desk of Colleen Casey :

Lead Child and Youth Program Coordinator New York National Guard

Check out “**Military Kids Connect (MKC)** it is an online community of military children (ages 6-17) that provides access to age-appropriate resources to support children from pre-deployment, through a parent's or caregiver's return. MKC offers informative activities, fun games, helpful videos, and interesting user surveys that can guide and reinforce understanding, resilience, and coping skills in military children and their peers.”

<https://www.militarykidsconnect.org/>

Are you registered on Joint Services Support web portal ? It is the National Guards website for Military Families, Community Support organizations, volunteers, and more.

<https://www.jointservicesupport.org/Default.aspx>



http://www.nyfrc-inc.org/run_req.html

NYNG Family Programs is here for all of our NY Military Families. We provide you with Family Assistance and Family Readiness, One of our goals is always Helping You Prepare, be ready.....

Ready for what, you ask? Anything. The National Guard Family Programs Office strives to make sure that you, the Family, are prepared for whatever may be ahead of you, no matter what phase you are currently traveling through.

Through training and education with the National Guard Family Programs Office, Guard Members and Guard Families are fully prepared for that challenge.

Family Readiness is the level of awareness Families and their Guard Members have in preparation for that call to state or federal active duty. Whether your Guardsman is attending a military school, providing state or local disaster relief, or defending freedom, our Family Programs are invaluable in providing the concentrated military support that is critical throughout the deployment cycle. You can contact any member of your Family Programs Team at 1-877-715-7817 <http://dmna.ny.gov/family/>

Western NY Joining Community Forces(WNY-JCF)

As our Service Members continue to return home and Yellow Ribbon Support may untie, it is important that community services continue to bond and become available for Military Families.

The primary goal of a JCF is to develop and strengthen Family assistance delivery support programs and networks at the grass roots level in communities State and Nation wide. By forming committees of local resources, interested individuals and the Military support community we can leverage the resources of all committee members and organizations in support of military families as they mobilize, deploy, or respond to natural disasters. This JCF goal is to increase community capacity and sustainment for years to come. It also promotes a sense of community spirit to support the families of military, Veterans, and Wounded Warriors. The well-being of Military Families is an important indicator of the well-being of the overall force. At a time when America is placing considerable demands on its troops and their families, it is especially important to address the family, home, and community challenges facing our all-volunteer force. JCFs promote a holistic approach to supporting Military Families Veterans and Wounded Warriors to enable proactive, efficient and effective assistance from the closest support source.

Suggested goals for a JCF:

- Establish a community contact registry to maintain information of available services.
- Improve coordination and reduce duplication of support services provided by all government and non-government organizations and community support agencies.
- Ensure communication of all services to family members.
- Identify and communicate with community leaders and installation commanders for active-duty, National Guard and Reserve components and anticipate impact before, during and after deployments.
- Build awareness about Service-connected family needs to include quality of life issues, urgent life needs, and contingency plans for natural disasters.

If you are interested in learning more about JCF or would like to attend a committee meeting the POC is Peter Pilc Western NY Military Family Assistance Specialist contractor for the National Guard peter.m.pilc.ctr@mail.mil

WNY-JCF host for July was Naval Operations Support Center



America's Leadership United in Support of Military Children

<http://us1.campaign-archive1.com/?u=61f9f7f30f3ae525ca9b494f0&id=a071314b37&e=24d1001311>

Are you, a member of your unit, or your family unemployed or under employed?



Weekly Job Update

<https://dmna.ny.gov/jobs/jobs.php?id=nyng>

iPhone app <https://itunes.apple.com/us/app/new-york-national-guard-job/id651702318?mt=8>



<http://www.military.com/discounts/?ESRC=discounts.nl>

Mental Strength, NOT Mental Toughness

Mental strength and resilience aren't about toughing it out or living by old clichés, such as "grin and bear it." It doesn't mean you ignore your feelings. When bad things happen, you still experience anger, grief and pain, but you're able to go on with daily tasks, remain generally optimistic and go on with your life.

August 17 – Farmingdale

Register your 12-18 yr old while there are still available spaces to attend. Join our Youth Program and Operation Military Kids for our 1 day training, including a combination of: [Life Skills](#) ~ [Workforce Development](#) ~ [Child Care](#) ~ [Healthy Habits](#) ~ [Leadership](#).....

CONTACT:

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THIS IS YOUR REQUIRED ANNUAL TRAINING

REGIONAL VOLUNTEER, COMMANDER & MPOC FAMILY READINESS TRAINING

Volunteer Training Dates

3 August Rochester

<https://www.jointservicessupport.org/Events/EventRegistrationRequest.aspx?Mode=AddNew&Id=A3EE5CE9-D48F-4943-8646-D42D92B4DB47>

17 Aug Farmingdale Reserve Center

<https://www.jointservicessupport.org/Events/EventDetails.aspx?Id=0d925215-8002-4a1d-9ef2-75ec9e490a00>

Command & MPOC Training Dates

4 August Rochester

<https://www.jointservicessupport.org/Events/EventRegistrationRequest.aspx?Mode=AddNew&Id=dc481120-5898-4b4d-8ba3-ee63517340a5>

CALENDAR OF EVENTS

27 JUL	642 ASB (HSC & A Co) Pre-Mob Yellow Ribbon Event Rochester POC YR Team ng.ny.nyarng.list.yellowribbon@mail.mil
	YOUR FRG FAMILY DAY OR OTHER EVENT SHOULD BE POSTED HERE!
3 AUG	Honor Our Vets Car Show Stratton VA Medical 113 Holland Rd Albany www.HonorOurVetsCarShow.com
3 AUG	VOLUNTEER REGIONAL FAMILY READINESS TRAINING Rochester POC Larry Linville larry.d.linville.ctr@mail.mil
4 AUG	Regional MPOC Training Rochester POC Larry Linville larry.d.linville.ctr@mail.mil
11-16 AUG	ASIST/RTA Course, Camp Smith POC SFC Butcher shaun.c.butcher.mil@mail.mil
12-16 AUG	Operation: Military Kids Summer Camp at Niagara Falls Air Reserve Station (315) 788-8450, ext. 254 mbm243@cornell.edu
17 AUG	222 MP Dur-Dep YR Event, Rochester POC YR Team ng.ny.nyarng.list.yellowribbon@mail.mil
21-22 AUG	ASIST Workshop Binghamton POC SFC Butcher shaun.c.butcher.mil@mail.mil
	POC for the NY Minute is stephanie.m.duell.ctr@mail.mil