



NEW YORK ARMY NATIONAL GUARD SAFETY OFFICE

# RISK MANAGEMENT MONTHLY

DEC  
2022

## December is Holiday & Winter Safety

**NYARNG 2022-2023**

**Holiday & Winter Safety Message**

Available Online



***"You are our most  
valuable thing!  
We need you to stay  
safe and healthy."***

Major General Raymond F. Shields, Jr.  
Commanding General, NYARNG

## SAFETY ALERT!



**BE PREPARED!**

**THIS WINTER WILL NOT JUST BRING  
A COUPLE OF FLAKES!**

## 2022-2023 Holiday & Winter Command Safety Message Highlights

### STAY HEALTHY!

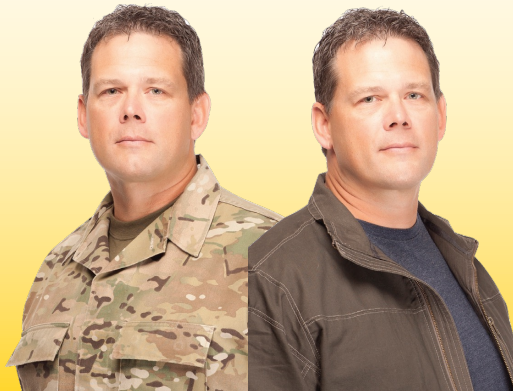


**KEEP  
VACCINATED**

**STAY HOME  
WHEN SICK**

**MAINTAIN  
GOOD  
HYGIENE**

### RISK MANAGEMENT APPLIES BOTH ON & OFF DUTY



### YOU ARE NOT ALONE!

Contact your  
Chain of  
Command  
if you, your  
battle buddy,  
or a family  
member is  
struggling.



## Safety Tools & Resources

(Click a title to visit the website)



[The New York Army  
National Guard Safety  
Webpage](#)



[The Army National Guard  
Safety Website](#)



[Is your command compliant?  
Initiate a Command Safety  
Assessment](#)



[The United States Army  
Combat Readiness Center  
Website](#)



[The future of Safety  
Reporting and Statistics  
for the Army](#)



[Create & Manage your  
deliberate risk management  
worksheets online](#)

## Safety Joke of the Month

Although they say, "safety is no laughing matter," with effective control measures implemented – it can be!

**In a safety meeting at work they asked me what steps I'd take in a fire.... Apparently "Really big and fast ones," was the wrong answer.**

This month's Safety joke was submitted by:  
MAJ Carl Jeremie, 42nd Infantry Division

If you are interested having your Safety joke published, please submit your joke and contact information to LTC Alexander Prezioso at:  
[alexander.prezioso.mil@army.mil](mailto:alexander.prezioso.mil@army.mil)

Proponent for this Monthly Newsletter is the NYARNG Safety Team  
New York Army National Guard, ATTN: MNAV-OS, 330 Old Niskayuna Road, Latham, New York 12110-3514

## STOP THE SPREAD OF GERMS

**DO YOUR JOB TO KEEP YOU, YOUR FAMILY,  
GO-WORKERS, AND FELLOW SOLDIERS  
HEALTHY & SAFE BY:**



**Wash Your Hands**



**Get Vaccinated**



**Manage Stress**



**Cover Your  
Cough & Sneeze**



**Avoid Touching  
Eyes, Nose or Mouth**



**Avoid Close  
Contact**

## SHOULDER TO SHOULDER

# NO SOLDIER STANDS ALONE

**24-Hr Crisis Hotlines**  
1-800-273-TALK  
1-800-342-9647  
1-800-442-HOPE

**NYARNG Chaplains**  
**24/7 Contact Info**  
518-649-3744  
[ng.ny.nyarnng.list.state-chaplain@army.mil](mailto:ng.ny.nyarnng.list.state-chaplain@army.mil)

**Suicide Prevention  
Program Manager**  
Patricia Lopez  
518-786-4774

**R3SP Program Manager**  
**Emergency Contact**  
CW4 Lawrence Langley  
518-786-4455

## JRAT – JOINT RISK ASSESSMENT TOOL



**Create & Manage Your Deliberate  
Risk Management Worksheets Online**

**Benefits of Using JRAT:**

- Automated DD Form 2977 with workflow to Commander for Review & Approval
- Provide users the option to create their own mission types, subtasks, hazards and controls along with the ability to select from potential subtasks, hazards and controls identified for various pre-populated mission types and off-duty activities
- Available online at: <https://jrat.safety.army.mil/>

## State Safety Points of Contact

**Safety & Occupational Health Manager**  
Alicia Howard  
[alicia.l.howard.civ@army.mil](mailto:alicia.l.howard.civ@army.mil)  
COM: 518-786-6097  
DSN: 489-6097

**M-Day Safety Officer**  
COL Shawn Hatch  
[shawn.c.hatch2.mil@army.mil](mailto:shawn.c.hatch2.mil@army.mil)

**M-Day Safety Officer**  
LTC Alexander Prezioso  
[alexander.prezioso.mil@army.mil](mailto:alexander.prezioso.mil@army.mil)

**Safety Specialist**  
Chuck Austin  
[charles.b.austin2.civ@army.mil](mailto:charles.b.austin2.civ@army.mil)  
COM: 518-786-6121  
DSN: 489-6121

**Occupational Health Nurse**  
Valerie Schwalbach  
[valerie.a.schwalbach.civ@army.mil](mailto:valerie.a.schwalbach.civ@army.mil)  
COM: 518-786-6040  
DSN: 489-6040

**M-Day Safety Specialist**  
CW3 David Morton  
[david.t.morton.mil@army.mil](mailto:david.t.morton.mil@army.mil)

**Safety Specialist**  
Matthew Williams  
[matthew.s.williams117.mil@army.mil](mailto:matthew.s.williams117.mil@army.mil)  
COM: 518-786-4329  
DSN: 489-4329

**Industrial Hygienist**  
Thomas Phipps  
[thomas.c.phipps.mil@army.mil](mailto:thomas.c.phipps.mil@army.mil)  
COM: 518-786-4660  
DSN: 489-4660

**M-Day Safety Specialist**  
SFC Adama Ilboudo  
[adama.ilboudo.mil@army.mil](mailto:adama.ilboudo.mil@army.mil)