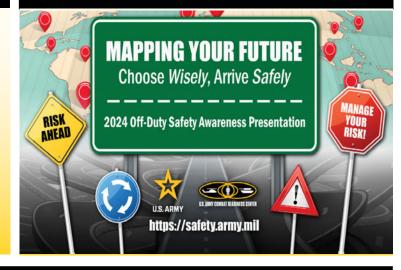
NEW YORK ARMY NATIONAL GUARD SAFETY OFFICE RISK MANAGEMENT MONTHLY



OFF-DUTY FATALITIES

Each year from FY19 to FY23, the Army lost and average of 83 Service Members in off-duty mishaps. If we continue to take unacceptable risks, projections indicate by the end of FY24, we will lose another 99 Service Members from our formations due to off-duty mishaps. You can help change this outcome. Limit your risky behavior and practice risk management on and off duty. As you "Map your future" you, your fellow service members, and your families will arrive safely at your futuredestinations.

WATCH THIS! Prevent off-duty mishaps



Summer hazards can be managed to reduce injury and fatalities

Alcohol Related Mishaps

Alcohol consumption slows your reaction time and impairs both your judgment and your vision. These factors can lead to a mishap.

Pedestrian Mishaps

Over the past five years, 27 Soldiers lost their lives due to off-duty pedestrian mishaps. 70% of the pedestrian fatalities occurred at night, and alcohol impairment was involved in at least 37% of the incidents. Over the past five years, off-duty pedestrian mishaps spiked during the months of June to September, accounting for 59% of the mishaps. Make the smarter choice and spring for cab fare rather than taking a chance on roadways if you are impaired. We all know cab fare is cheaper than a DUI; it also beats becoming roadkill.

Most Common Home

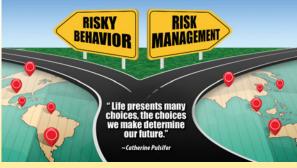
Fires & Burns

Drowning

 Choking & Suffocation

Poisoning

Falls



Privately Owned Weapons

Trends and Prevention Measures: Treat every weapon as if it is loaded and **NEVER** point the muzzle at anything you don't intend to shoot. Alcohol is a factor, do not handle weapons while or after consuming alcohol. Make sure you know how to operate your personally owned weapon, **Do NOT** be complacent.

Water Related Mishaps

Think through the activity before the action occurs and apply the same principles used to prevent mishaps on duty: training, standards, and discipline. Limit or avoid alcohol consumption while relaxing in or on the water. Know your limits. For example, when swimming in rivers, lakes, and oceans, be aware of swift currents and undertows. In just minutes, even the strongest swimmers can tire rapidly in cold water and become unable to help themselves.

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ips:

 Use grills outside only, away from siding, deck rails and overhanging branches.

Never use gasoline or any
 flammable liquids other than
 starter fluid.

Each year, an average of 11,421 home fires are caused by grilling.

Periodically remove grease buildup.
 Never add charcoal starter fluid
 to fire.

Check the gas cylinder hose for leaks.

Safety Tools & Resources

(Click a title to visit the website)



<u>The New York Army</u> National Guard Safety Webpage



The Army National Guard Safety Website



Is your command compliant? Initiate a Command Safety Assessment



<u>The United States Army</u> <u>Combat Readiness Center</u> <u>Website</u>



The future of Safety Reporting and Statistics for the Army



Create & Manage your deliberate risk management worksheets online

OFF-DUTY SAFETY FOCUS TOPICS



Private Motor Vehicles (PMV) T

Privately Owned Weapons (POWs)



Pedestrian Safety Considerations



ater-Related Activities



Home Safety Considerations

Mapping your future really is the choice between risky behavior and risk management. As you travel the "roads" of life and stop at various "destinations" along the way, applying the principles of risk management to your off-duty activities will allow you, your fellow Soldiers and your families to enjoy a safe and happy future with many great adventures ahead!

Choose WISELY, Arrive SAFELY!!!

State Safety Points of Contact

Safety & Occupational Health Manager 2000 Provide Pro

 M-Day Safety Officer

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 H722/21/22

 222i
 Hr272/21/22

 M-Day Safety Officer 22 I

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 Safety Specialist

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Proponent for this Monthly Newsletter is the NYARNG Safety Team New York Army National Guard, ATTN: MNAV-OS, 330 Old Niskayuna Road, Latham, New York 12110-3514