

NEW YORK ARMY NATIONAL GUARD SAFETY OFFICE RISK MANAGEMENT MONTHLY

OCT 2024

2024 FALL / WINTER SAFETY CAMPAIGN

The U.S. Army Combat Readiness Center will release their Fall / Winter Safety Campaign in October. Leaders should check it out at https://safety.army.mil

ARE YOU PREPARED? Don't let a winter storm take you by suprise!



See page 2 for Major General Shields' Holiday and Winter Safety Message

Safety Tools & Resources



The New York Army National Guard Safety Webpage



The Army National Guard Safety Website



Is your command compliant?
Initiate a Command Safety
Assessment



The United States Army
Combat Readiness Center
Website



The future of Safety
Reporting and Statistics
for the Army



<u>Create & Manage your</u> <u>deliberate risk management</u> <u>worksheets online</u>

Holiday and Winter Safety Message 2025-2025 (https://dmna.ny.gov/ safety/memos/Winter_Safety.pdf)



DEPARTMENT OF THE ARMY QUARTERS NEW YORK ARMY NATIONAL GUARD 330 OLD NISKAYUNA ROAD LATHAM, NY 12110-3514

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MEMORANDUM FOR SEE DISTRIBUTION

SUBJECT: Holiday and Winter Safety Message 2024-2025

1. As the holiday season approaches and we begin to gather with family and friends to celebrate, it is important that we remain vigilant in our medical readiness responsibilities. Please continue to follow guidance on the prevention and mitigation of COVID-19 and other respiratory illnesses. Ensure you get the COVID-19 vaccine, and the annual flu shot. If you find yourself in large gatherings or unable to maintain ask feet of distance from other individuals, were an appropriate mask. Practice good hand weaking techniques and use hand santizer. Avoid covering your coughs and sneezes. If you need a vaccine or boseter, visit white processes the proposition of the propos

2. Many of us will drive long distances over the holiday season. But, before you begin your journey, have your vehicle checked out by a mechanic to make sure it is safe to operate. Pack an emergency kit containing all the necessary equipment and essentials that you might need. Let your family members, friends and leadership know your travel plans and always have a backup plan just in case. Remember, vesteric oroditions can change after you get on the road. Please don't be in a hurry. Give yourself sufficient time to complete your travel and add extra time to your planning to accommodate unexpected developments. While traveling, resure you get plenty of rest and take periodic breaks along the way. Drive defensively, avoid driving, always wear your seatiset, and remind your passengers to wear them as well of well. Remember to use a hands free device if you must use your cell phone while driving, and never text and drive.

3. Safety has a direct correlation to unit and individual readiness. All Soldiers and civilians have an obligation to themselves, their battle buddles or co-workers, and to their families to managers risk and take action to correct problems. Make risk management a part of your daily lives. Make it a habit. Use it when planning every activity, on and off duty. Leaders should engage their Soldiers and talk about the decisions they make and how those decisions can have negative

4. For some, the holiday season can be stressful and even lonely. It is important to support each other and lend a helping hand when needed. Sometimes just listening can provide comfort to individuals who are experiencing grief or pain. Please contact your chain of command for assistance if you, your battle buddy or a family member is struggling.

5. The U.S. Army Combat Readiness Center will release their 2024 Fall/Winter Safety Campaign in early October. Leaders should check https://safety.army.mil/ for resources designed to educate Solders on the hazards associated with winter and cold-weather safety. All resources are easily downloadable and ready to use in whatever format is preferred.

MNAR-CG SUBJECT: Holiday and Winter Safety Message 2024-2025

On behalf of Command Sergeant Major Garris, myself, and the entire New York Army National Guard command group, have a Happy and Safe Holiday Season, and please are our best wishes for a prosperous 2025.

RAYMOND F. SHIELDS: JR.

Major General, NYARNG Commanding General

DISTRIBUTION:

AS WE GET INTO THE WINTER BEASON AND THE HOLLARYT-I WISH EVORYONE A SAFE ALL

WONDERFUL TIME WITH YOUR RIENAL AND FAMILY! THANK

YOU FOR AM YOU DO FOR

US, OUR GRATE AND NATION.

2



Slow Down & Stay Alert



Watch for **Pedestrians**



Enter/Exit driveways slowly



Reduce distractions



Watch for children in the morning & after school hours

State Safety Points of Contact

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