



NEW YORK ARMY NATIONAL GUARD SAFETY OFFICE **RISK MANAGEMENT MONTHLY**

**NOV
2024**

2024 FALL / WINTER SAFETY CAMPAIGN

- Don't forget - standards and discipline apply 24/7, both on and off duty!
- 24% of weather-related vehicle crashes occur on snowy, slushy or icy pavement and 15% happen during snowfall or sleet.
- Over 1,300 people are killed and more than 116,800 people are injured in vehicle crashes on snowy, slushy or icy pavement annually.
- Don't wait - schedule your flu shot today and stay protected this season!

<https://safety.army.mil/MEDIA/Seasonal-Safety-Campaigns/Fall-Winter-Safety-2024>

Download the free National Safety Council First Aid, CPR and AED digital reference guide from the App Store!



BE READY FOR FALL RIDES!

Fall rides often feature beautiful, scenic views, but they also pose some unique hazards.

Adaptable Riding Gear

The weather in fall is transitional and may change abruptly. Adaptable riding gear is a great idea.

Beware of Poor Visibility

The sun is typically at a lower angle in the sky. Shadows may become longer, darker and occur earlier in the day than during mid-summer. Wearing lightly tinted shades or a helmet with a retractable sunshade can help improve vision into those dark shadows.

Watch for More Active Wildlife

Wild animals tend to become more active in autumn due to mating, migration or foraging. Throttle down, cover your brake and be prepared to take evasive action or hard stopping.

Beware of Traction Surprises

On lightly traveled roads, overnight frost can linger on road surfaces into the latter part of the morning. Frost can be as slick as ice, so be alert.

**PERHAPS THE BEST TIP OF ALL:
RIDE SAFE, SLOW DOWN AND ENJOY
THE VIEWS!**

WINTER SAFETY:
BE AWARE, PREPARE, TAKE CARE!



U.S. ARMY

<https://safety.army.mil>

CHECK OUT THE USA3RC ON SOCIAL MEDIA



MOST TRAFFIC FATALITIES OVER WINTER MONTHS HAPPEN IN DECEMBER



NEARLY 70% OF THE U.S. POPULATION LIVES IN AN AREA WITH



24% OF WEATHER-RELATED CRASHES

Safety Tools & Resources



[The New York Army National Guard Safety Webpage](#)



[The Army National Guard Safety Website](#)



[Is your command compliant? Initiate a Command Safety Assessment](#)



[The United States Army Combat Readiness Center Website](#)



[The future of Safety Reporting and Statistics for the Army](#)



[Create & Manage your deliberate risk management worksheets online](#)

Proponent for this Monthly Newsletter is the NYARNG Safety Team

New York Army National Guard, ATTN: MNAV-OS, 330 Old Niskayuna Road, Latham, New York 12110-3514

Preliminary 2023-2024 U.S. Flu In-Season Disease Burden Estimates

Since October 1, 2023, CDC estimates there have been between:

34 - 75
Million



Flu
Illnesses

15 - 33
Million



Flu
Medical Visits

380,000 -
900,000



Flu
Hospitalizations

17,000 -
100,000



Flu
Deaths

Based on data from October 1, 2023, through April 30, 2024

Because influenza surveillance does not capture all cases of flu, CDC provides these estimated ranges to better reflect the full burden of flu in the United States. These estimates are calculated using a mathematical model based on CDC's weekly influenza surveillance data and are preliminary and are updated weekly throughout the season.

FluVIEW



TAKE 3 ACTIONS TO FIGHT THE FLU



#FIGHT FLU

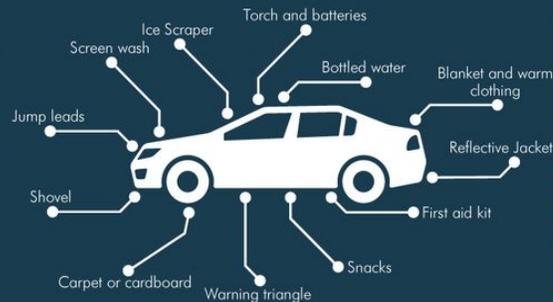


www.cdc.gov/flu



Winter Survival Kit

Hope for the best but prepare for the worst with a few essential items to keep in your boot this winter



Prepare your vehicle



✓ Check your anti-freeze levels



✓ Check tyre pressure



✓ Add de-icer to screenwash



✓ Refill gas tank when 1/2 empty



✓ Keep jump leads in boot



✓ Carry an emergency kit

DRESSING FOR COLD WEATHER

Adding layers will help keep you warm as the temperature drops

CHILLY



weather.gov/cold

COLD



EXTREME COLD



ICE & SNOW, TAKE IT SLOW

Each year in the U.S., there are over **1,000 deaths** and **100,000 injuries** due to vehicle crashes during winter weather.

DID YOU KNOW?



Clean off your vehicle before driving.
Flying snow from cars causes accidents.



Keep it slow, and don't use cruise control.
Roads can be slick even if they just look wet.



Leave extra distance between vehicles.
Stay especially far from snow plows.



weather.gov



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