



2024 FALL / WINTER SAFETY CAMPAIGN

The 12 DAYS of SAFETY

- Never use lighted candles near trees or boughs
- Keep poisonous plants out of reach of children and pets
- Keep trees away from fireplaces, radiators and other heat sources
- Make sure your tree has a stable platform
- Choose an artificial tree that is labeled fire resistant
- If using a natural tree, make sure it is well watered
- Check holiday lights for fraying, bare spots, gaps in the insulation or excessive kinking in the wire
- Turn off all tree lights and decorations when not in use
- When putting up decorations, use a step stool or ladder to reach high places
- Designate a sober driver
- When preparing a meal, wash hands, utensils, sink and anything else that touches raw meat
- Reheat leftovers to at least 165°F

Happy Holidays

nsc
National Safety Council
nsc.org

WINTER SAFETY:

BE AWARE, PREPARE, TAKE CARE!

GIVE THE GIFT OF **Safety.**

NEVER DRIVE IMPAIRED.

6 TIPS FOR A HEALTHY HOLIDAY MINDSET

- EAT MINDFULLY
- GET MOVING
- PRIORITIZE SLEEP
- PRACTICE KINDNESS
- DECLUTTER YOUR LIFE
- TAKE TIME FOR YOURSELF

For urgent or immediate behavioral health assistance:

- Call: [1-800-273-8255](tel:1-800-273-8255) (TALK)
- Text: [838255](tel:838255)
- <https://www.veteranscrisisline.net/>

Veterans Crisis Line

DIAL 988 then PRESS 1

Safety Tools & Resources



The New York Army National Guard Safety Webpage



The Army National Guard Safety Website



Is your command compliant? Initiate a Command Safety Assessment



The United States Army Combat Readiness Center Website



The future of Safety Reporting and Statistics for the Army



Create & Manage your deliberate risk management worksheets online

Wrapping up the Holidays

PREVENTING WINTER FIRES

Nearly half of home fires occur during the months of December, January, and February. Keep your home and family safe after the holidays with these post-holiday year-end tips.

25% of holiday fires are caused by decorations

zzz Never leave holiday decorations on while sleeping or away from home

210 home fires a year are caused by Christmas trees

Fires caused by Christmas trees are usually deadlier than other fires



Inspect and dispose of any damaged decorations



Decorations are temporary, remove them after the holidays



Separate and label indoor and outdoor decorations



Arc-Fault Circuit Interrupters can prevent 50% of home electrical fires



Store decorations in a dry location that is safely out of reach of children and pets



1st WEEK

Remove, inspect and store all holiday decorations by the 1st week of January

January



Don't Slip!



Icy surfaces can lead to serious injuries! Help prevent ice by salting walkways and turning off sprinklers in advance of the cold.



Walk on treated or non-icy surfaces with better traction, if possible



Wear proper winter footwear with rubber treads



Take slow, short steps so that you'll be able to react to icy conditions



weather.gov

Santa's Fire Safety Checklist

- Keep lit candles away from combustibles such as Christmas trees and curtains
- Turn off decorative lights and fixtures when not at home.
- Do not leave your cooking (e.g. turkey) unattended.
- Keep lighted materials away from children's reach
- Do not overload your electrical sockets



<https://safety.army.mil/MEDIA/Seasonal-Safety-Campaigns/Fall-Winter-Safety-2024>



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