



NEW YORK ARMY NATIONAL GUARD SAFETY OFFICE

RISK MANAGEMENT MONTHLY

June
2025

June is the start of the Summer Safety Campaign!

SUMMER SAFETY CAMPAIGN

Making safety a priority



STAY HYDRATED

Drink at least eight 8-ounce glasses of water a day depending on activity. Stay vigilant to symptoms of heat stroke and exhaustion.



SUN PROTECTION

Remember to use sunscreen and wear sunglasses to protect yourself from the sun's harmful rays.



MOTOR VEHICLE SAFETY

Make sure to give yourself adequate time for travel. Wear your seatbelt and obey traffic laws.



WATER SAFETY

Use sound judgement when operating watercraft. Always wear a life vest. Never swim alone.



FIREWORK SAFETY

Have a water source nearby. Never light near dry grass. Be aware of loose clothing and windy conditions.



BEWARE OF MOSQUITOS

Wear insect repellent and protective clothing while outdoors. Dump over any yard items containing standing water.



WHEN RIDING REMEMBER:

BE AWARE -

- Obey the speed limit
- Monitor weather conditions

PREPARE -

- ATGATT: "All The Gear, All The Time"
- Bike maintenance

TAKE CARE -

- Drive and ride defensively
- Constantly scan for potential hazards
- Keep headlights on even during the day
- Ride where you are most visible to drivers



CHECK OUT THE USACRG ON SOCIAL MEDIA



Basic Rider Courses Available Free for Soldiers & Title 5 Technicians

28-29 June 2025 CAMS Motorcycle Training
Hudson Valley Community College, Lot F
80 Vandenberg Ave.
Troy, NY 12180

7-8 June 2025 Learn to Ride
MCC Brighton Campus, Lot M-1
1000 E. Henrietta Rd.
Rochester, NY 14623

12-13 July 2025 On the Road Again
Queensborough Community College
56th Avenue
Bayside, NY 11364

Course Requirements

- At a minimum, a NY State Motorcycles Learners Permit
- Motorcycles are provided at these courses
- DOT Approved Helmet
- Eye Protection or Full Face Helmet
- Full Fingert Gloves
- Long-legged trousers
- Long sleeved shirt or jacket
- Over the ankle shoes or boots
- High visibility reflective garment or device (PT Belt acceptable)



How to Sign-Up

Contact Chuck Austin at 518-786-6121, or by email at Charles.b.austin2.civ@army.mil
Submit a SF-182 for training from their unit
IAW AFARS Appendix EE
Courses will close 4 weeks prior to start date

Safety Tools & Resources



The New York Army
National Guard Safety
Webpage



The Army National Guard
Safety Website



Is your command compliant?
Initiate a Command Safety
Assessment



The United States Army
Combat Readiness Center
Website



The future of Safety
Reporting and Statistics
for the Army



Create & Manage your
deliberate risk management
worksheets online

Proponent for this Monthly Newsletter is the NYARNG Safety Team

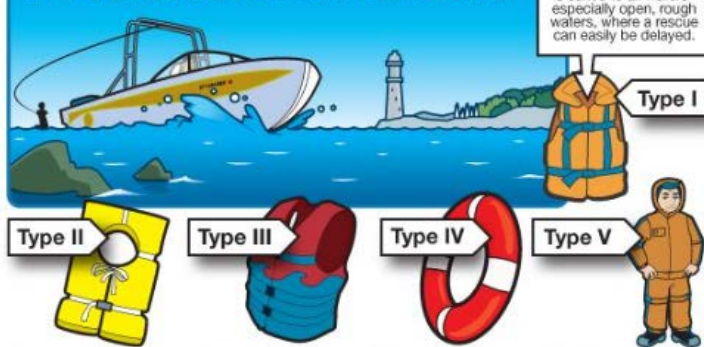
New York Army National Guard, ATTN: MNAV-OS, 330 Old Niskayuna Road, Latham, New York 12110-3514

BOATER SAFETY TIP - PFDs AND YOUR SAFETY

Personal Flotation Devices, also known as PFDs or Lifejackets, have the potential to save lives... that is, if you wear one.

PFDs ARE REQUIRED ONBOARD ALL VESSELS.

An off shore life jacket is suited to all waters – especially open, rough waters, where a rescue can easily be delayed.



The near shore life jacket is best suited to calm, inland waters where there is a good chance of an easy rescue

Flotation Aids come in a wide variety of styles – but basically possess the same buoyancy as a Type II.

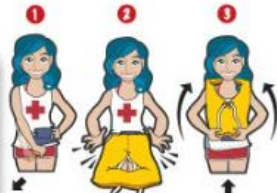
A throwable device is only intended to be used in calm, inland waters with high traffic, where help is available.

Some Deck Suits provide hypothermic protection – while others are only approved when worn. Check the Label!

Your PFD must fit properly to work properly...



- To ensure the proper fit – have the wearer put on the PFD and adjust straps as necessary to ensure a snug fit.
- A properly fitted PFD will not ride higher than the ears or mouth of the wearer.
- Test PFDs in the water to ensure they can hold your weight. You should get used to swimming with a PFD.
- A PFD IS ONLY EFFECTIVE IF YOU ARE WEARING ONE!



Self-inflating PFDs are effective and comfortable. Pulling the "rip cord" activates a CO2 cartridge, which rapidly inflates the vest. Always replace your cartridges once they have been fired.

For all your boater education needs visit BOATERexam.com

BOATERexam.com
Educating Boaters Online

Summer WATER SAFETY

When Summer hits it can be tempting to look for the nearest place to cool off. Here are our top tips if you plan on going for a paddle:



Pool Safety

DO



Have rules for your pool, ensure everyone knows them—and restate them often



Keep children away from the filter inlet, which can draw young children underwater



If you have children in your pool, make sure they know how to swim or have them wear protective flotation devices, but don't rely on these devices to exclusively protect the child

Install fencing to keep people out of the pool area without your knowledge



Most communities require fencing at least four feet high around all sides of the pool. Determine specific regulations for your area.

Evacuate the pool during a thunderstorm or in the rain

DON'T



DON'T: allow glass or sharp, breakable items in the pool area



DON'T: swim alone



DON'T: leave children unattended in or near the pool area for any reason

DON'T: allow adults who have been drinking alcohol into the pool area. Alcohol and swimming don't mix.

DON'T: allow running, diving, pushing or dunking in your pool



Pool safety checklist



Have a cell phone in the pool area and post emergency numbers nearby
9-1-1



Collect all toys from the pool at end of each day so that children don't wander after them



Make sure at least one adult supervisor in the pool area knows CPR



Remove anything near a pool's fence that children could climb on to get into the pool, like tables, chairs, vegetation or toys



When leaving the pool area, make sure all gates, locks, safety covers and alarms are working properly

State Safety Points of Contact

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